

GUERNSEY YOUNG PEOPLE'S SURVEY COMPARISONS 2010, 2013 & 2016

WHAT IS IT?

The Guernsey Young People's Survey is an online questionnaire completed by all Bailiwick of Guernsey pupils in Years 6, 8 & 10. Students respond confidentially and anonymously to 70+ questions which gauge the views, attitudes and behaviour of Bailiwick young people today

THE RESULTS













All the data is collected, analysed and presented in an informative, accessible manner

WHAT IS THIS DOCUMENT FOR?

We have analysed the statistics and compared with past survey results from 2010 and 2013



YOUNG PEOPLE'S SURVEY COMPARISONS 2010, 2013 & 2016: CONTENTS AND INTRODUCTION

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Welcome to the Guernsey Young People's Survey Comparison Booklet.

The Guernsey Young People's Survey has been undertaken since the 1990's. The survey is completed every three years which gives the opportunity to reflect on changes over time. This is very important so that we can consider changes and developments over time. In this booklet we have compared results with previous surveys in 2010 and 2013.

There is a wealth of evidence and reports that have been produced and can be found on our Young People's Survey website: www.gov.gg/youngpeoplesurvey

If you have any enquiries please contact Alun Williams on alun.williams@gov.gg or telephone tel: 07911 728059



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DRINKING MORE THAN INTENDED

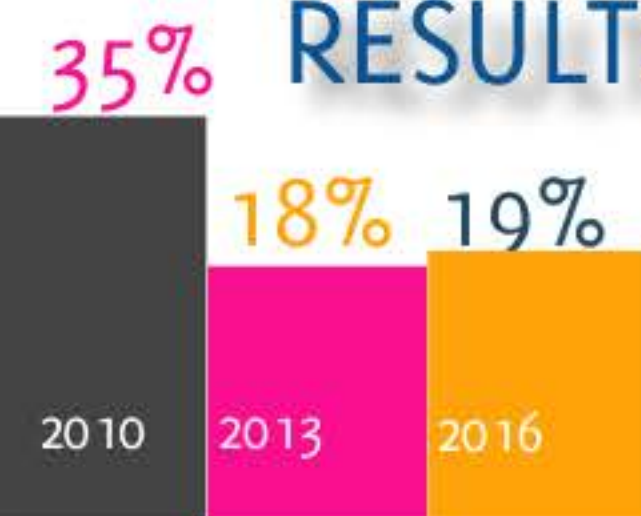
ALCOHOL

exposure and consumption

REGULAR CONSUMPTION

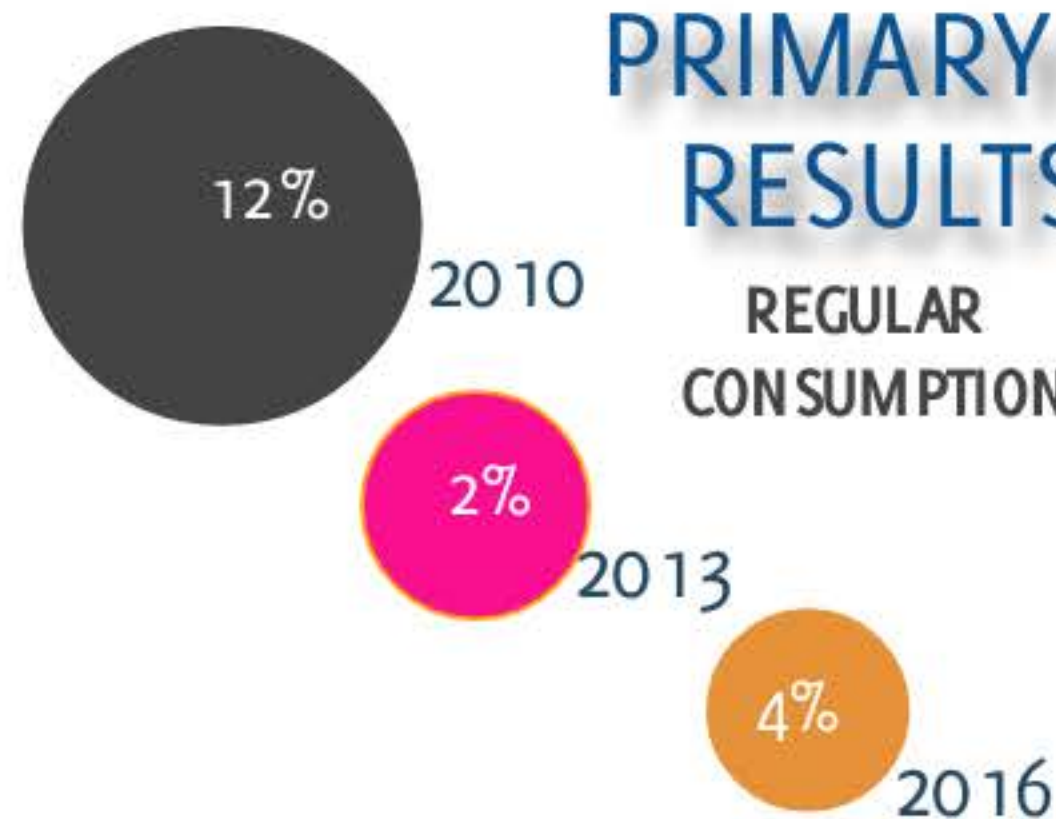
Both Secondary and Primary school students were asked if they had had an alcoholic drink in the past 7 days

SECONDARY RESULTS



PRIMARY RESULTS

REGULAR CONSUMPTION



In 2016 70% of Secondary school students reported that they had 'NEVER' drunk more than intended

YEAR 8

YEAR 10

2010

2013

2016

61%

35%

74%

54%

84%

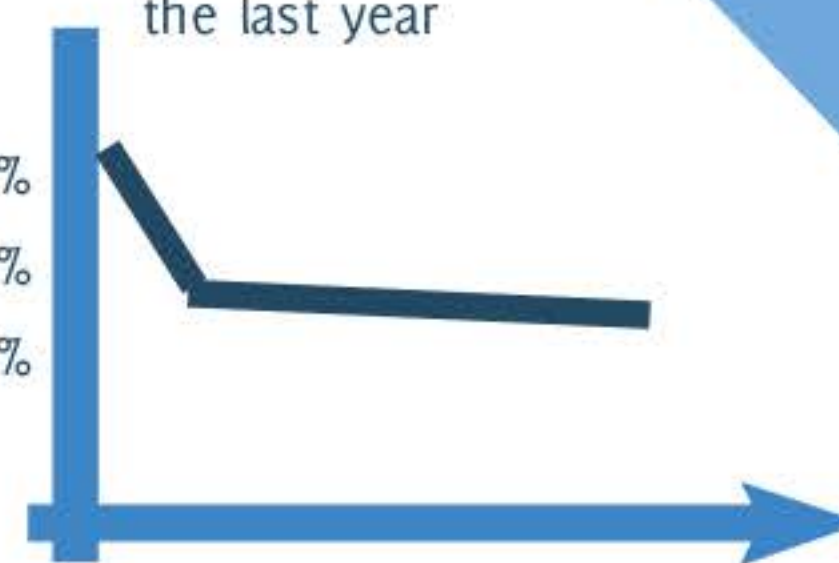
56%

The figures are presenting positive progression for both year 8 & 10

ALCOHOL CAUSED PROBLEMS

Secondary school students reported on how many times alcohol had caused a problem for them or anyone else in the last year

2010 24%
2013 11%
2016 11%



DRUG EXPOSURE

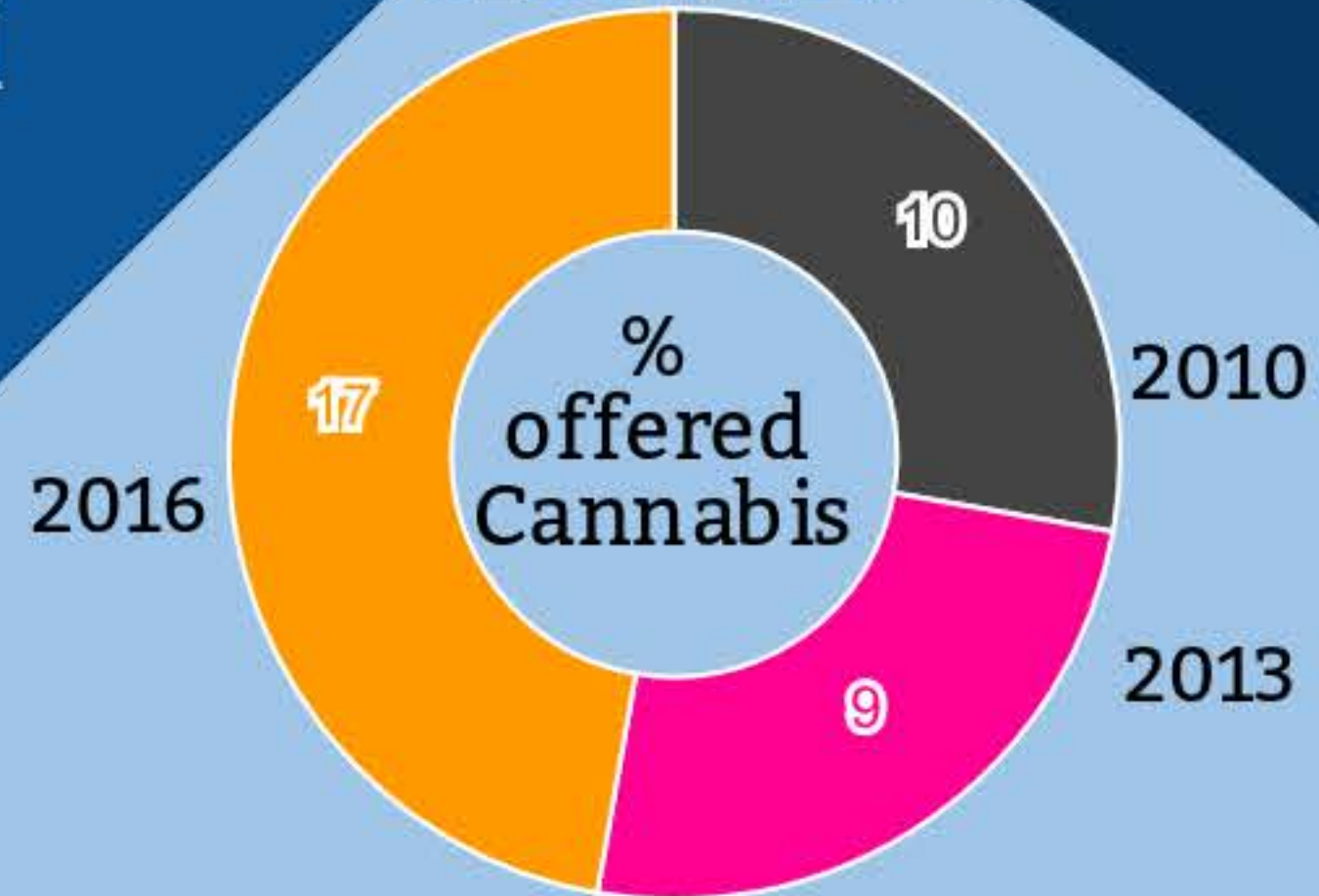
PRIMARY

The percentage offered Cannabis has remained constant since 2010

1%



SECONDARY



Cannabis remains the most frequently offered and experienced drug in year 8 & 10s



2010

89% 91%

Male Female

2013

92% 95%

Male Female

2016

89% 91%

Male Female

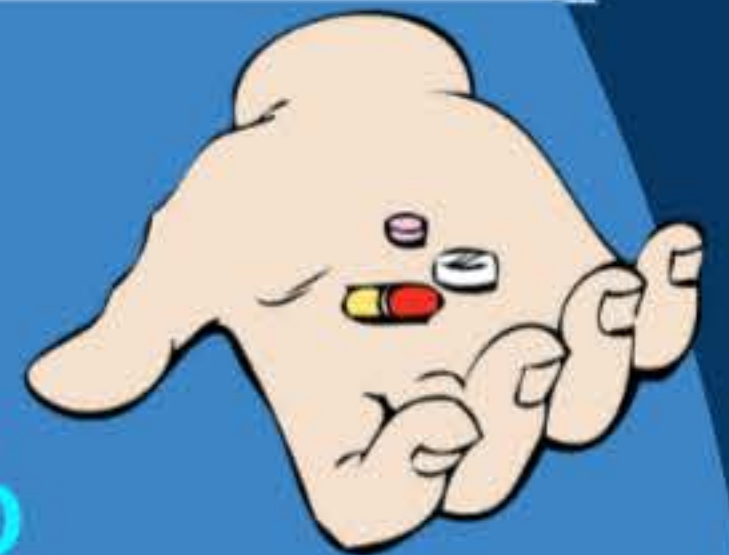
% WHO HAVE NEVER TAKEN DRUGS

A greater percentage of males continue to take drugs in comparison to females

SECONDARY

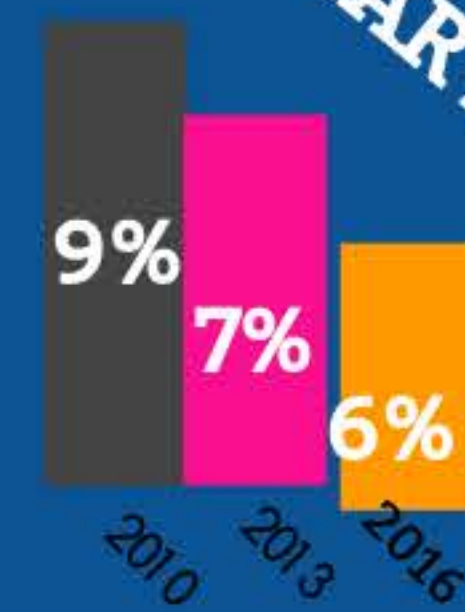
There has been a

4% rise since 2013



in the amount of young people experiencing at least one of the drugs listed in the survey

PRIMARY



10% 6% 10%

2010 2013 2016



Fewer pupils are reporting to know someone who does drugs in Year 6

Secondary school students know more drug users than in 2013

34% 2010

21% 2013

34% 2016

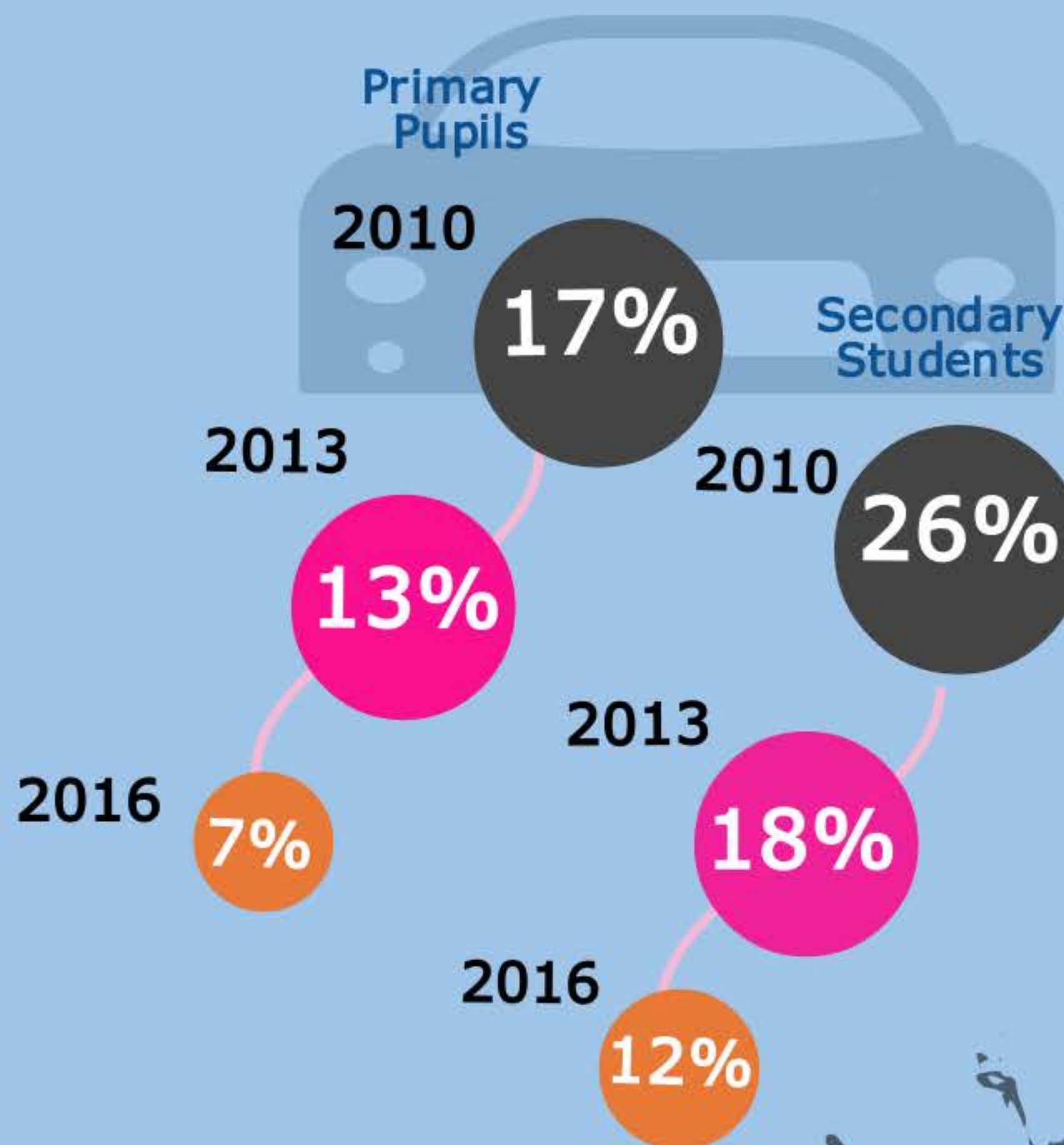
SMOKING

2010

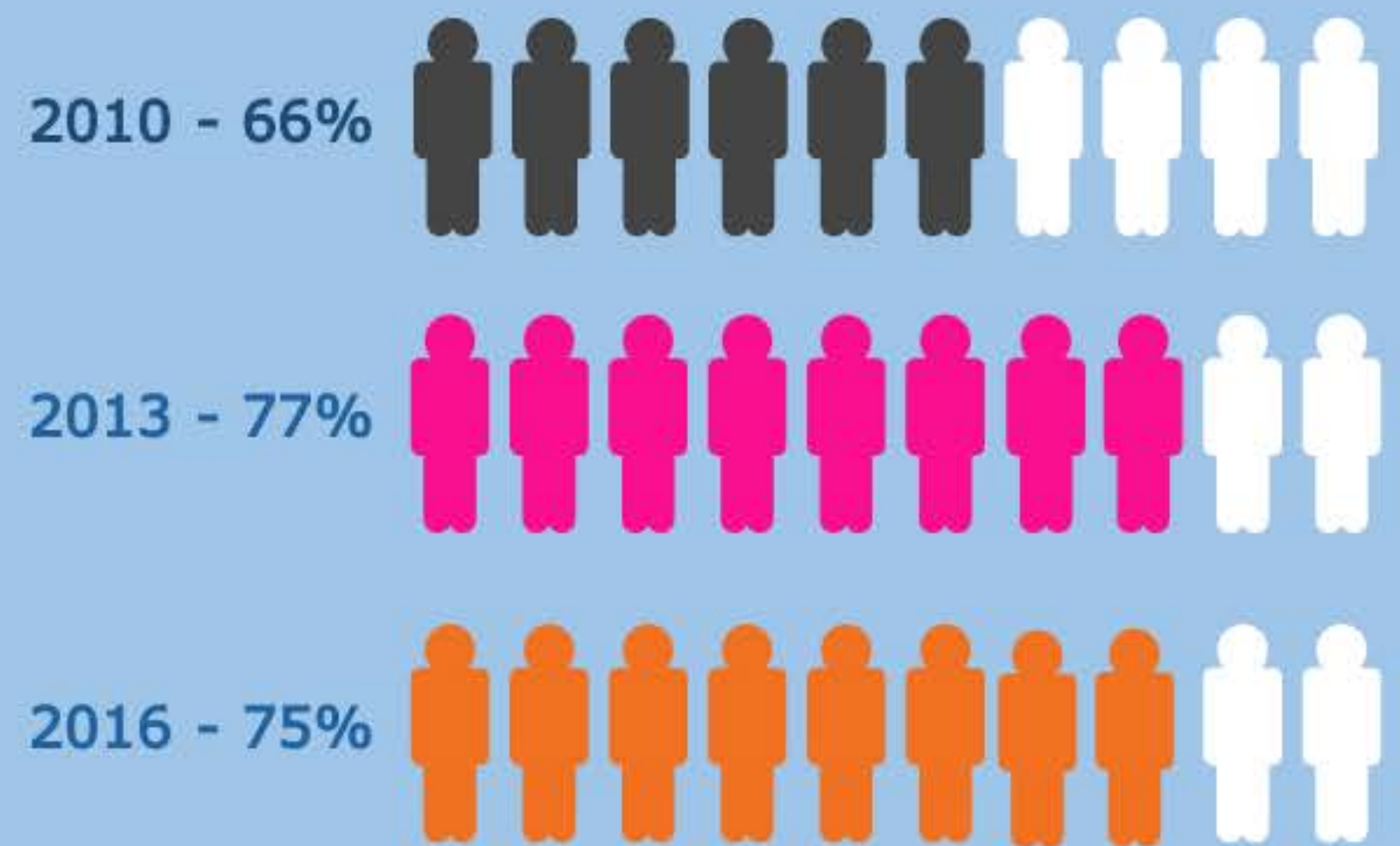
2013

2016

% WHO EXPERIENCED THOSE AROUND THEM SMOKING IN CARS

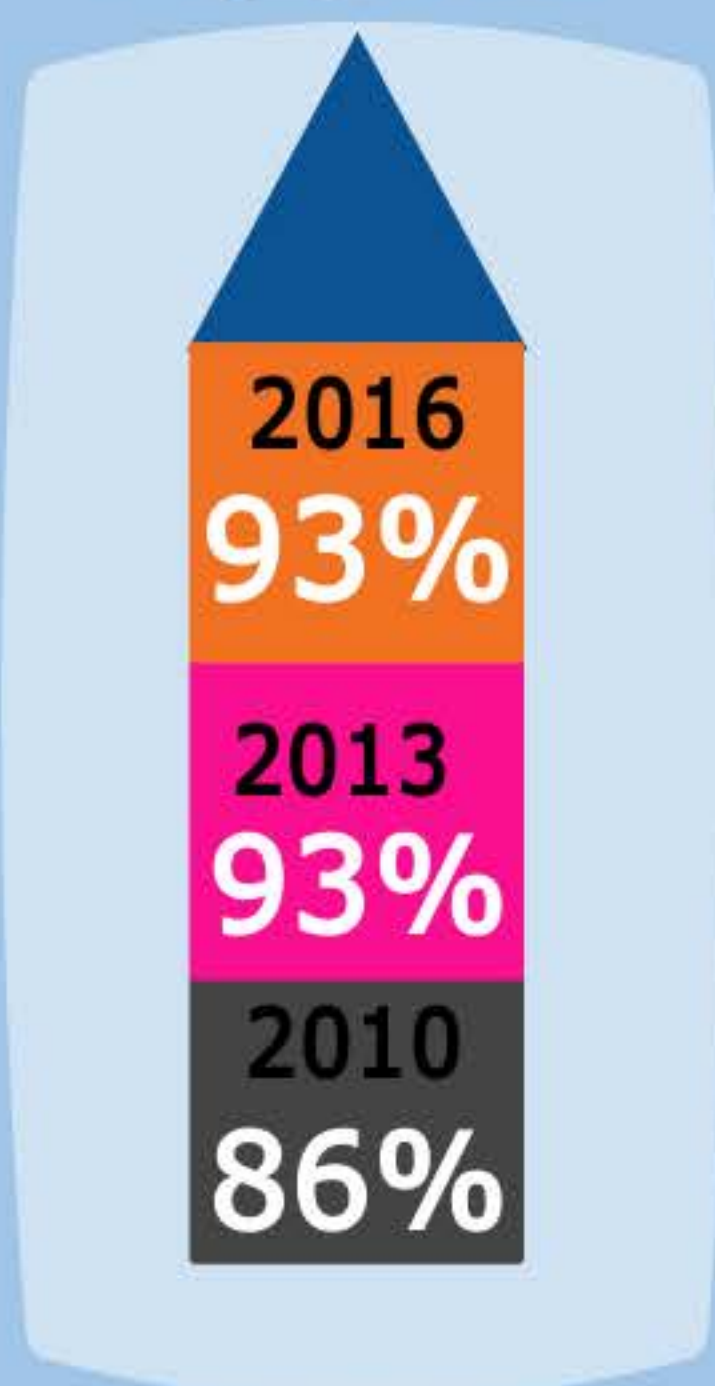


Secondary students who have never smoked

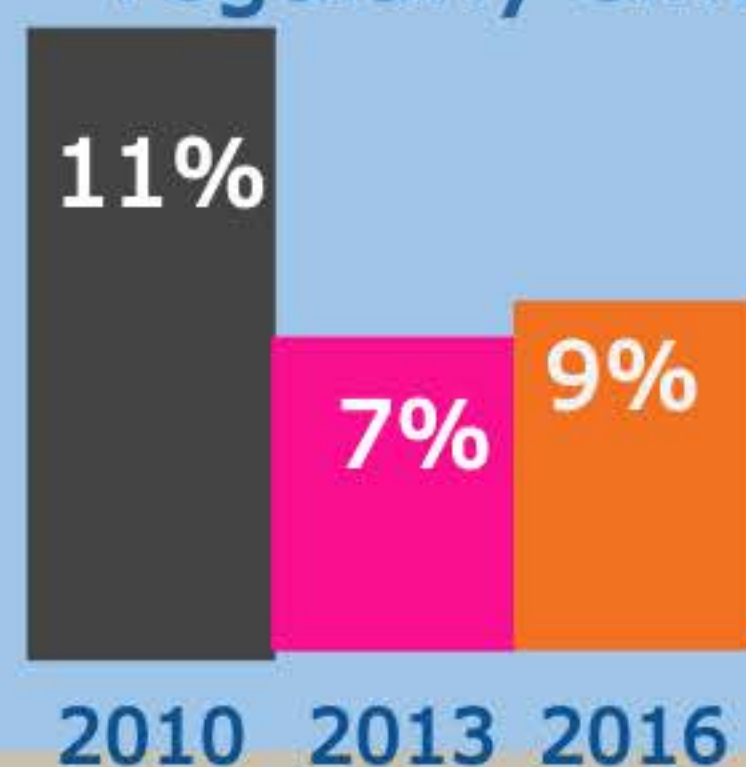


In Primary school 98% of students have never smoked compared with 97% in 2013 and 96% in 2010

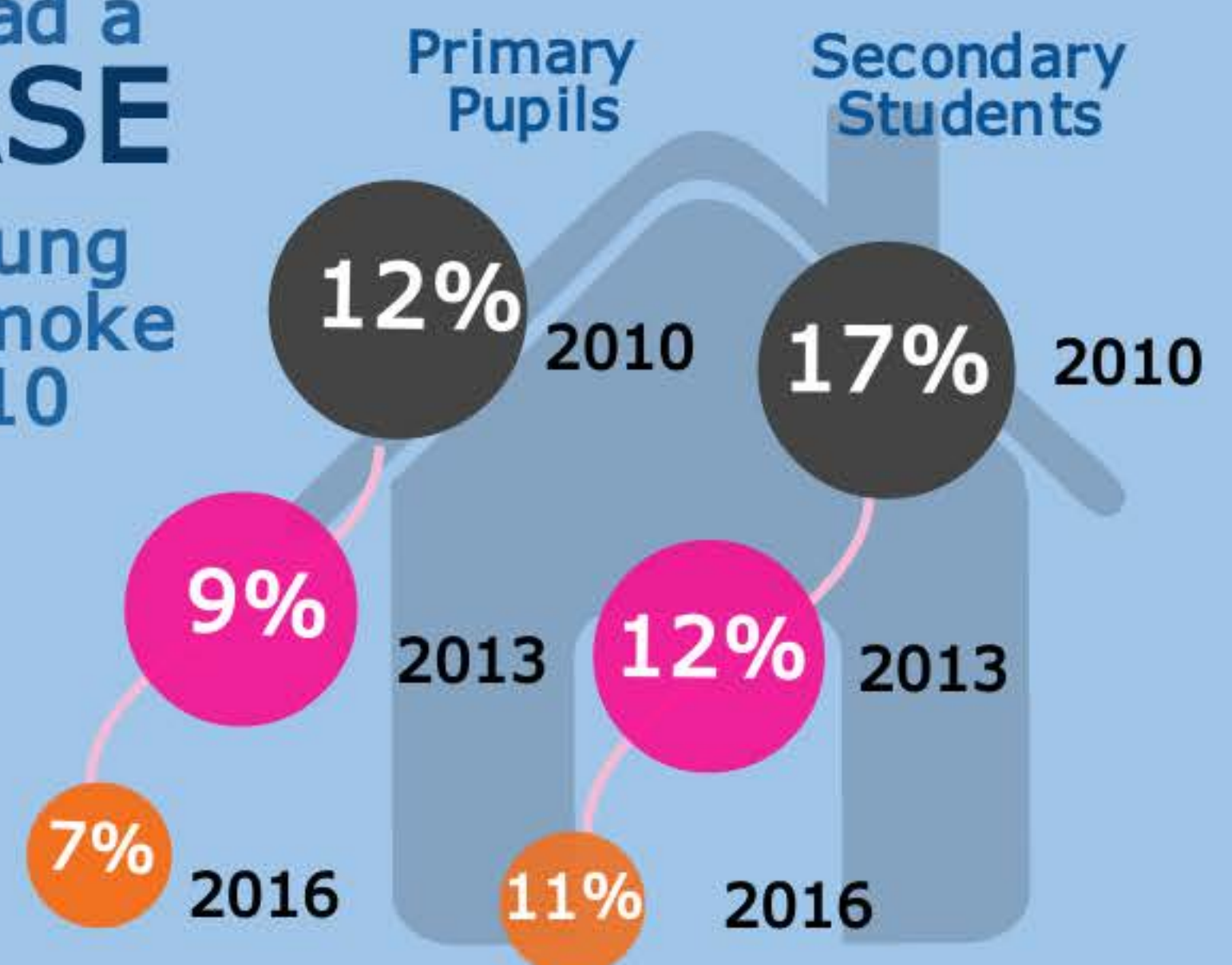
Primary School pupils who do not think they will smoke when they get older



Secondary School students have had a **2% DECREASE** in the number of young people reporting to smoke regularly since 2010



% WHO EXPERIENCED THOSE AROUND THEM SMOKING AT HOME IN ROOMS THEY USE



SEXUAL HEALTH



Year 8 & 10 pupils were asked about their understanding of Sexual Health and the Sexual Health & Contraception Advisory Services in Guernsey. Trends were observed in the responses from 2010, 2013 & 2016.

2010

2013

2016

20% of Year 8
& 78% of Year
10 students
know where
the Sexual
Health Service
is located.

25% of Year 8
& 71% of Year
10 students
know where
the Sexual
Health Service
is located.

47% of Year 8
& 73% of Year
10 students
know where
the Sexual
Health Service
is located.

There has been no change since 2010 regarding the main source of information about sex. Sex and Relationships Education lessons, Parents and Friends remain the 3 main sources of information.

36% of Year 8
& 86% of Year
10 students
know where
they can get
FREE
condoms.

19% of Year 8
& 70% of Year
10 students
know where
they can get
FREE
condoms.

25% of Year 8
& 90% of Year
10 students
know where
they can get
FREE
condoms.

REACHING POTENTIAL

comparison
between 2010,
2013 & 2016

Enjoyment of lessons has
STEADILY INCREASED
each year for Primary
School pupils

however



Enjoyment of lessons has
DECREASED SLIGHTLY
each year for Secondary
School students

56% **59%** **64%**
2010 2013 2016

42% **40%** **39%**
2010 2013 2016

Pupils reporting 'Enjoy all / most lessons'

There has been a
SIGNIFICANT INCREASE
in the proportion of
Secondary School students
who volunteer

19% **25%**
2013 2016



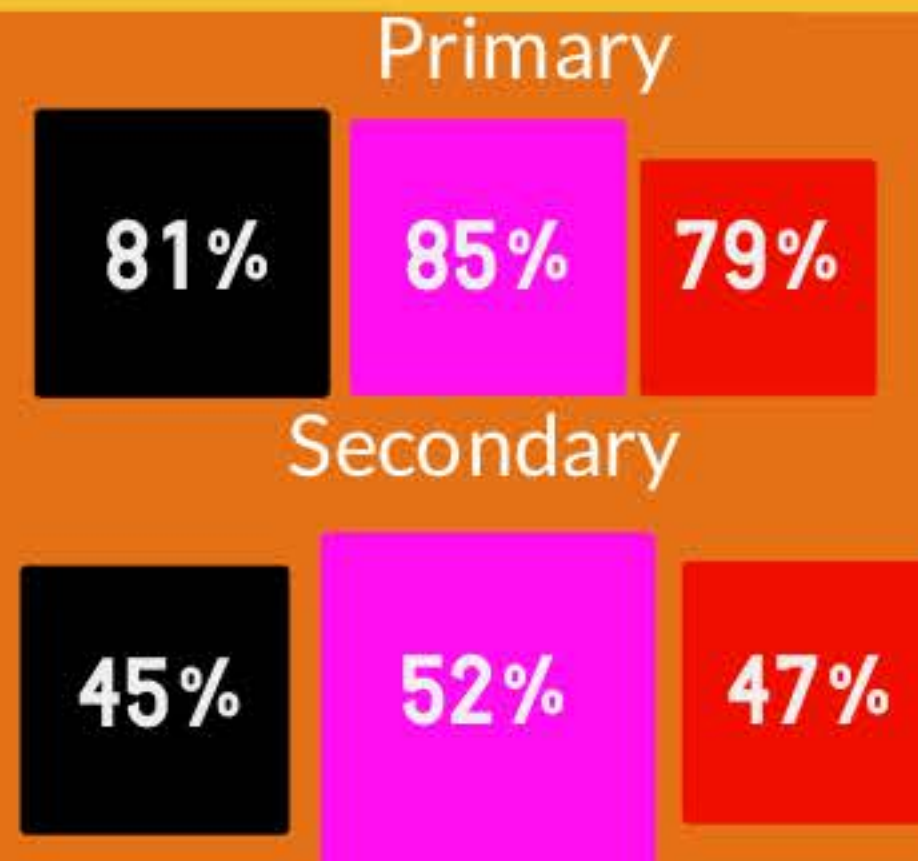
INCLUDED AND RESPECTED: SELF-ESTEEM

2010 → 2013 → 2016

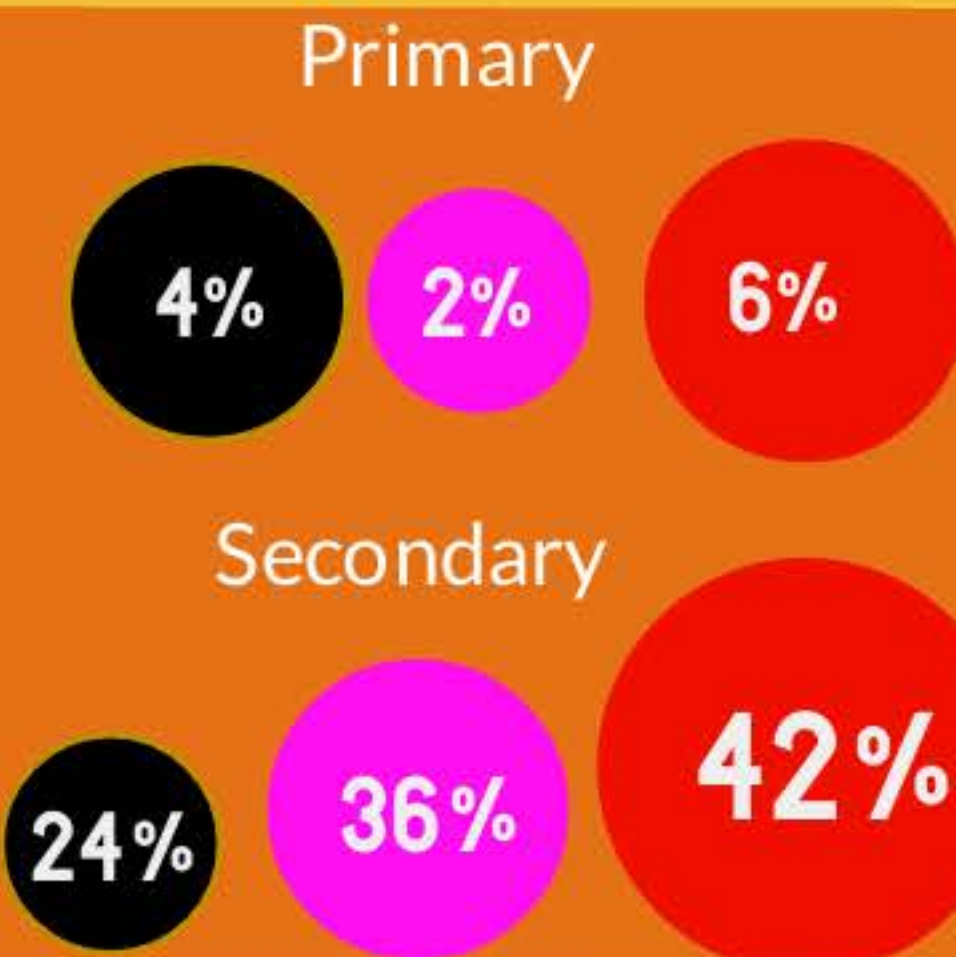
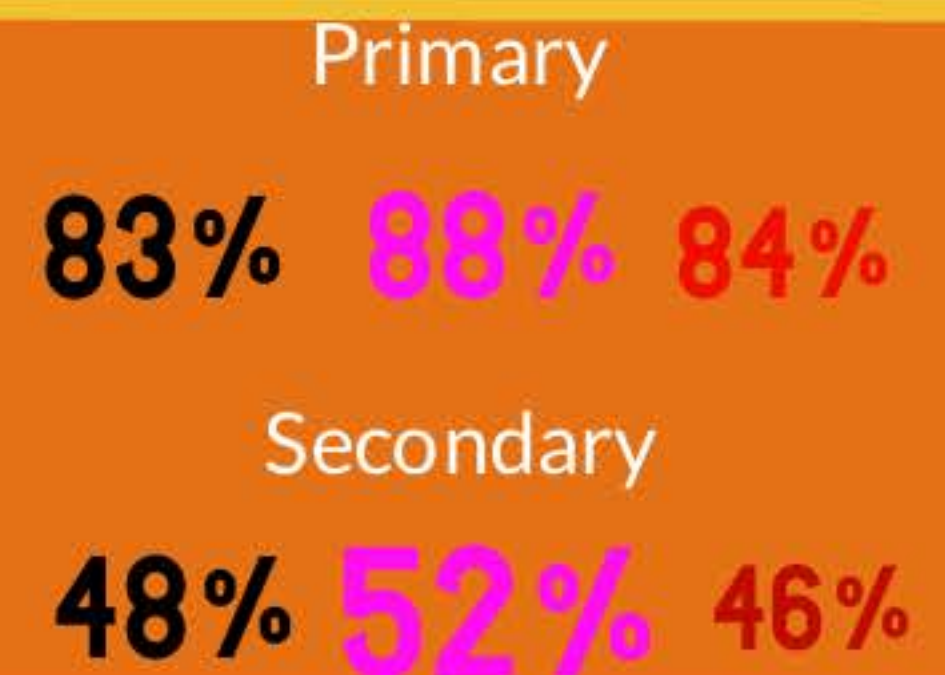
There are lots of things about myself that I would like to change...



I generally feel
HAPPY



I am **GLAD** I am
who I am



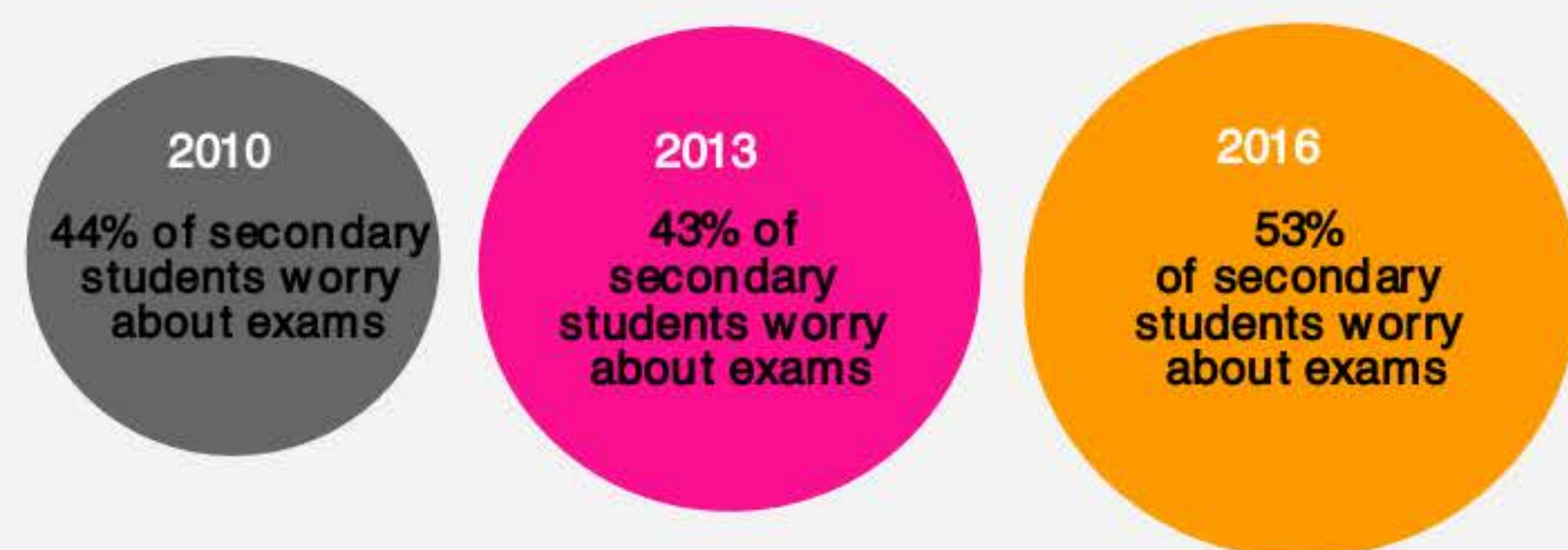
I am **NOT** glad I
am who I am

WORRIES AND CONCERNS

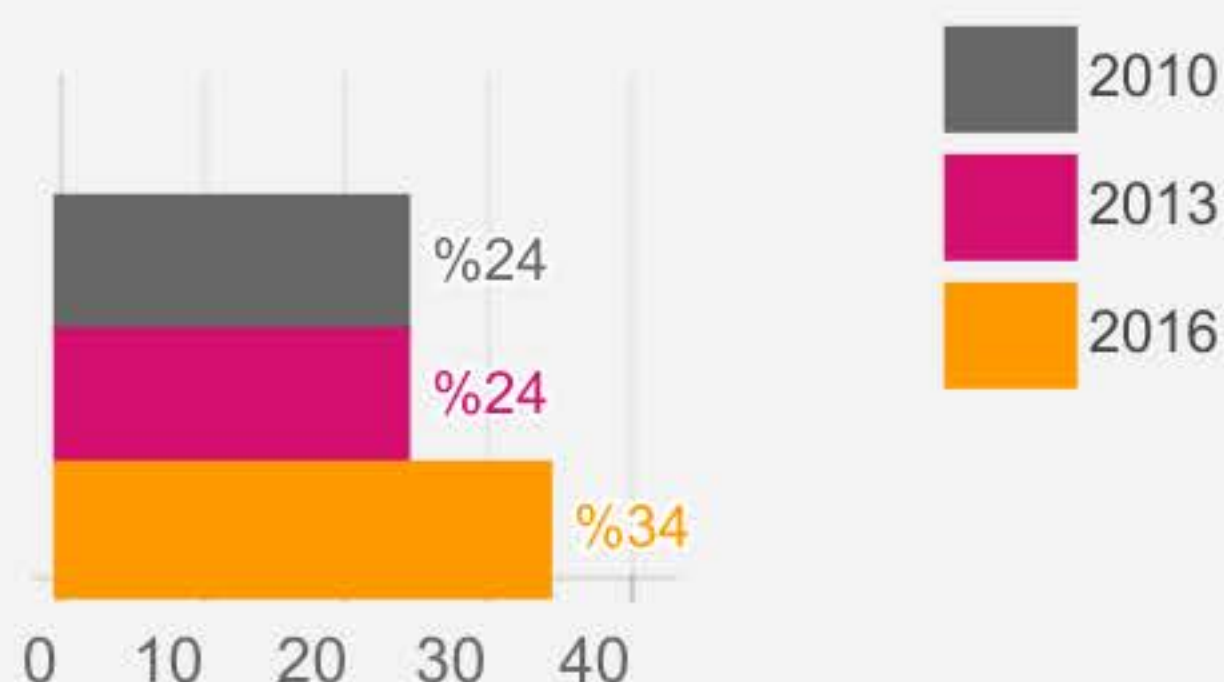
A comparison between 2010, 2013 and 2016

Significant increases in the proportion of students who are worrying about certain issues have been identified in comparison to previous years

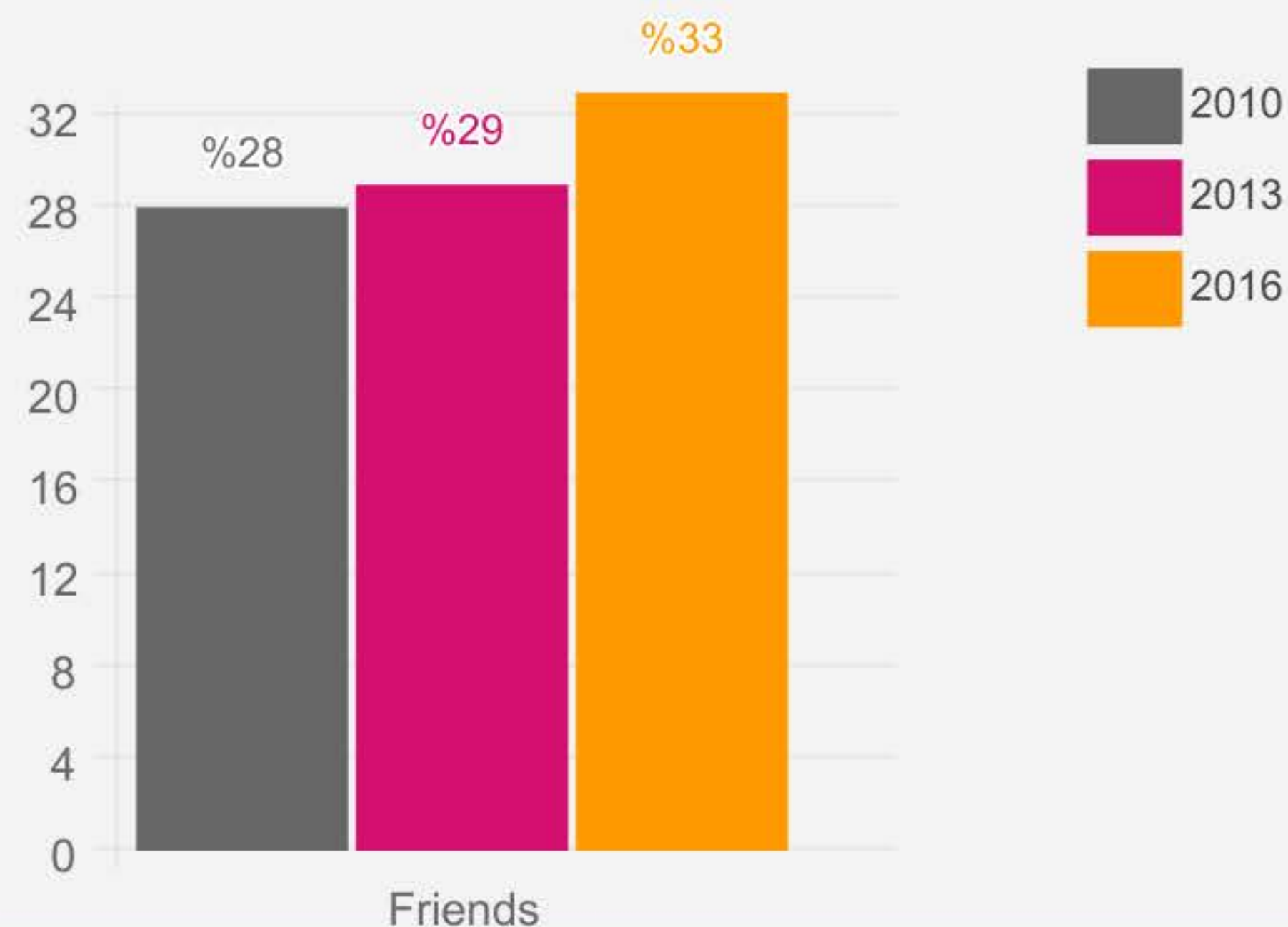
The % of Secondary school students who worry about exams has significantly increased since 2013



The % of Secondary school students who worry about school / homework has significantly increased since 2013



Worry and concerns about friends is also increasing for Secondary school students



Greatest worries and concerns for Primary school pupils



Family remains the highest worry but has significantly increased from 38% in 2013 to 47% in 2016



46%

The second greatest worry is now wars and terrorism

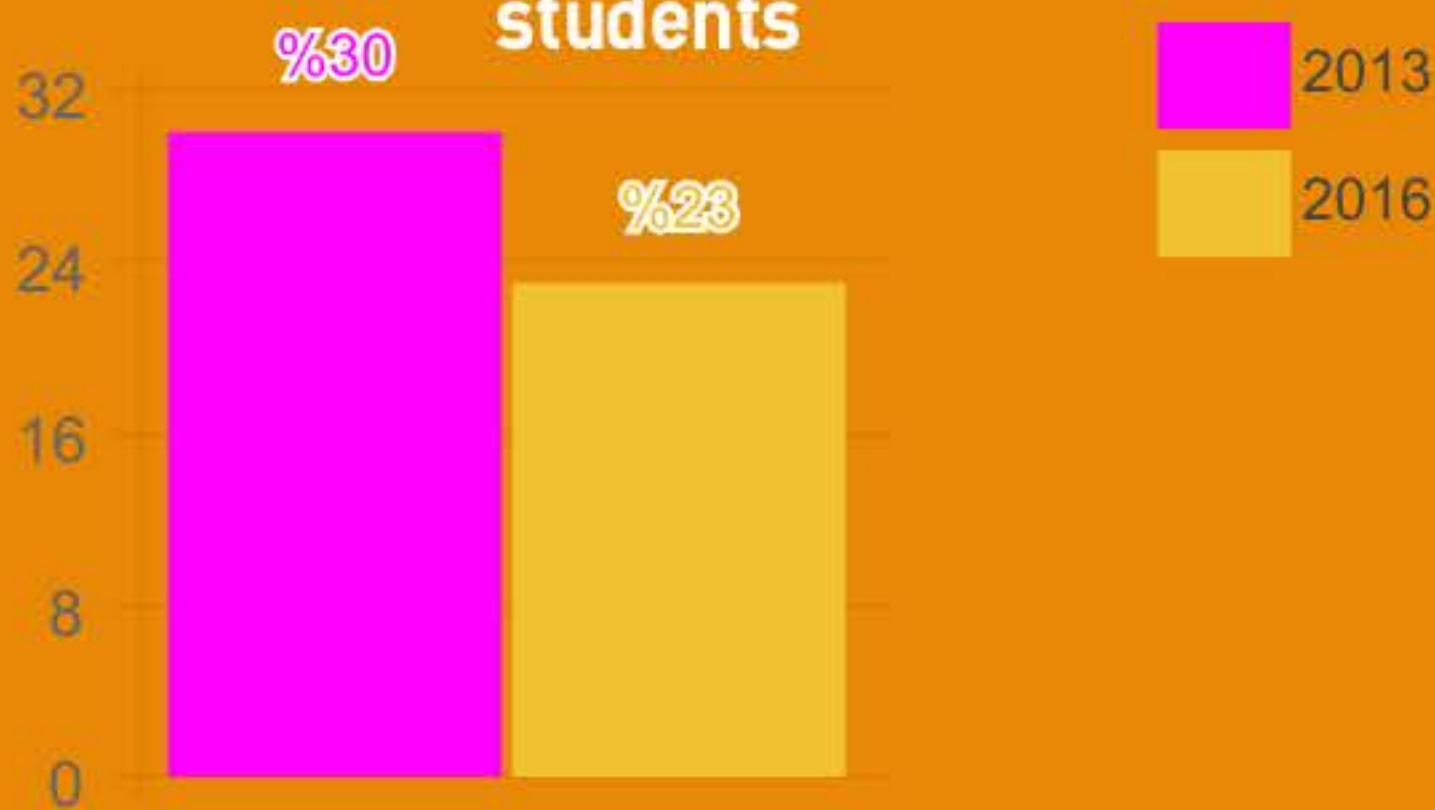
BULLYING

2010 2013 2016

TEASING

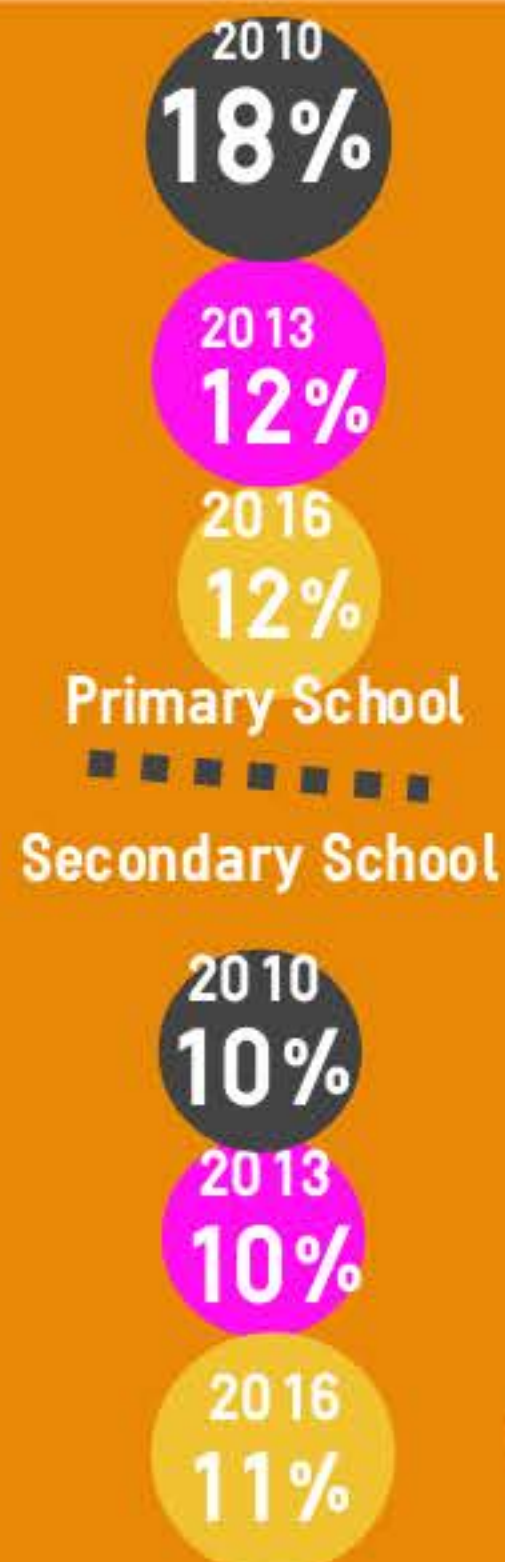
has remained the most common method of bullying since 2010

The prevalence of bullying 'at' or 'near school' has significantly decreased for Secondary school students



There have been no significant changes in the occurrence of bullying 'at' or 'near school' for Primary school pupils. The figure remains between 26% and 30%

Primary school students loneliness while at school has significantly decreased, whilst Secondary schools remains constant



The number of pupils who are 'OFTEN / VERY OFTEN' afraid to attend school due to bullying has remained constant for both Primary and Secondary school students

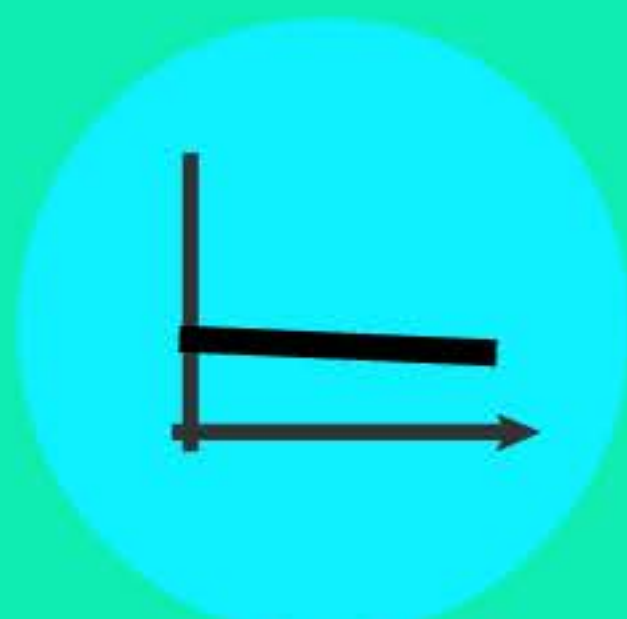


BODY IMAGE & HEALTH

2010, 2013 and 2016 Comparisons

Comparative average trends have been identified between Year 6, 8 & 10 Physical Activity Participation in 2010, 2013 & 2016. Students were asked questions regarding the importance of health and how much activity they participated in over the past week.

39% 2010
34% 2013
33% 2016

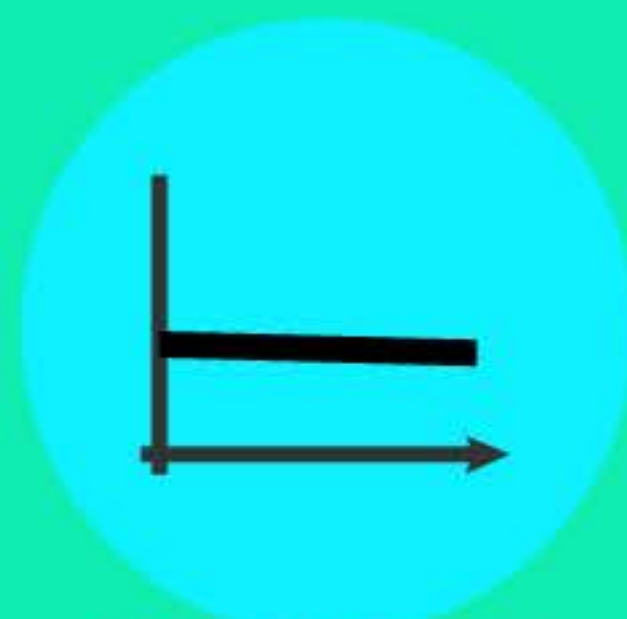


PRIMARY
PUPILS

MY WEIGHT



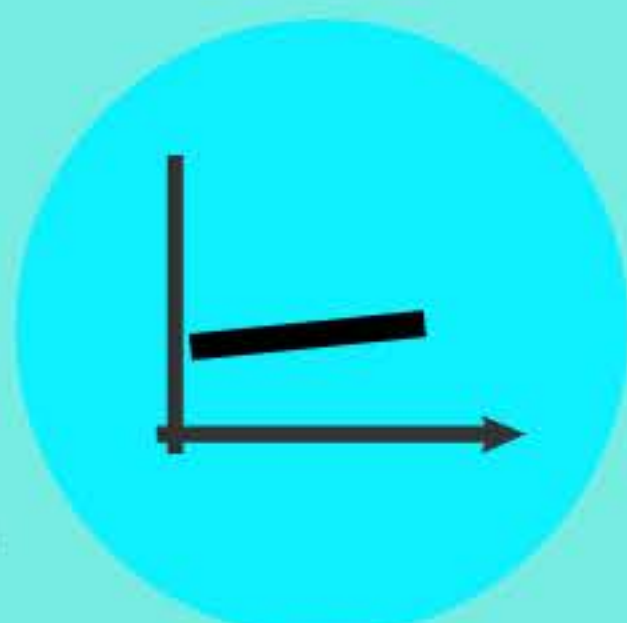
"I would like to
lose weight"



SECONDARY
STUDENTS

46% 2010
48% 2013
46% 2016

7% 2013
11% 2016

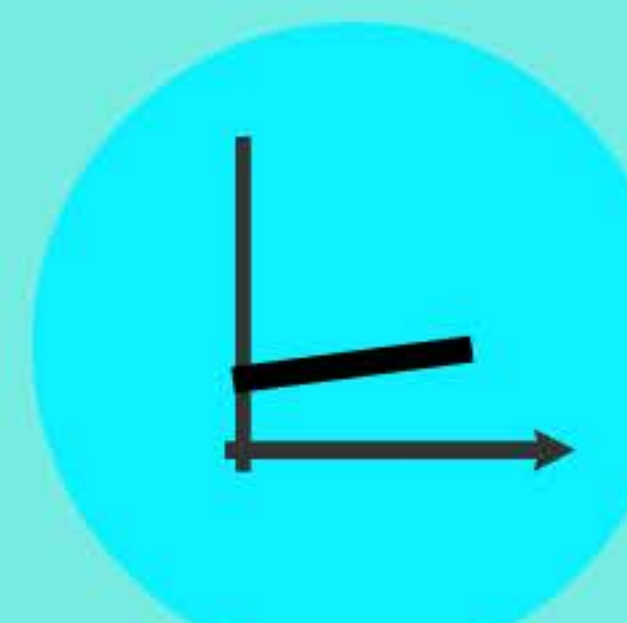


PRIMARY
PUPILS

HOW I LOOK



"I don't like the
way I look"



SECONDARY
STUDENTS

22% 2010
25% 2013
26% 2016

"I don't like the
way I look / I hate
the way I look"

55% 2013
70% 2016



PRIMARY
PUPILS

IN CHARGE OF MY
HEALTH



"I consider my health
when eating and being
active"



SECONDARY
STUDENTS

67% 2010
68% 2013
74% 2016

PHYSICAL ACTIVITY

2010, 2013 and 2016 comparison



TRAVELLING TO
SCHOOL BY CAR
SIGNIFICANTLY
INCREASED
FOR PRIMARY AND
SECONDARY SCHOOL
STUDENTS

2010 - 39%

2016 - 55%



CYCLING TO SCHOOL
DECREASED SLIGHTLY
FOR PRIMARY PUPILS &
REMAINED CONSTANT
FOR SECONDARY
SCHOOL STUDENTS

PRIMARY

2010 - 16%

2016 - 14%

SECONDARY

2010 - 7%

2016 - 7%

In the 2016 survey 'Bicycle' was recategorised as 'Bicycle/Scooter'



NO EXERCISE
in the past seven days
DECREASED SLIGHTLY
FOR SECONDARY
SCHOOL STUDENTS

2010 - 5%

2013 - 5%

2016 - 3%



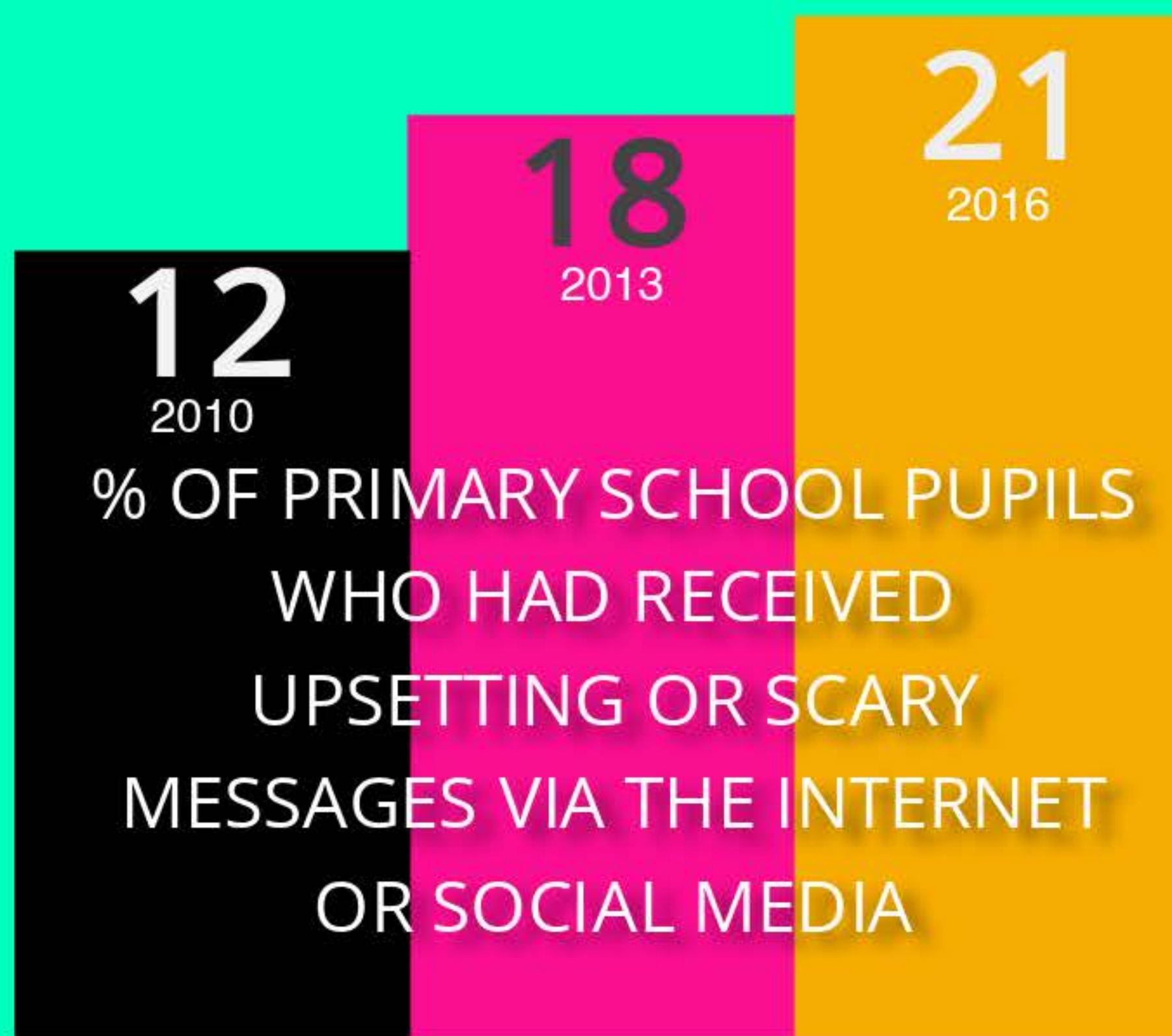
5 X 30 MINUTES /
WEEK
of physical activity in
the past seven days
SIGNIFICANTLY
INCREASED
FOR THE BAILIWICK'S
YOUNG PEOPLE

2010 - 31%

2013 - 32%

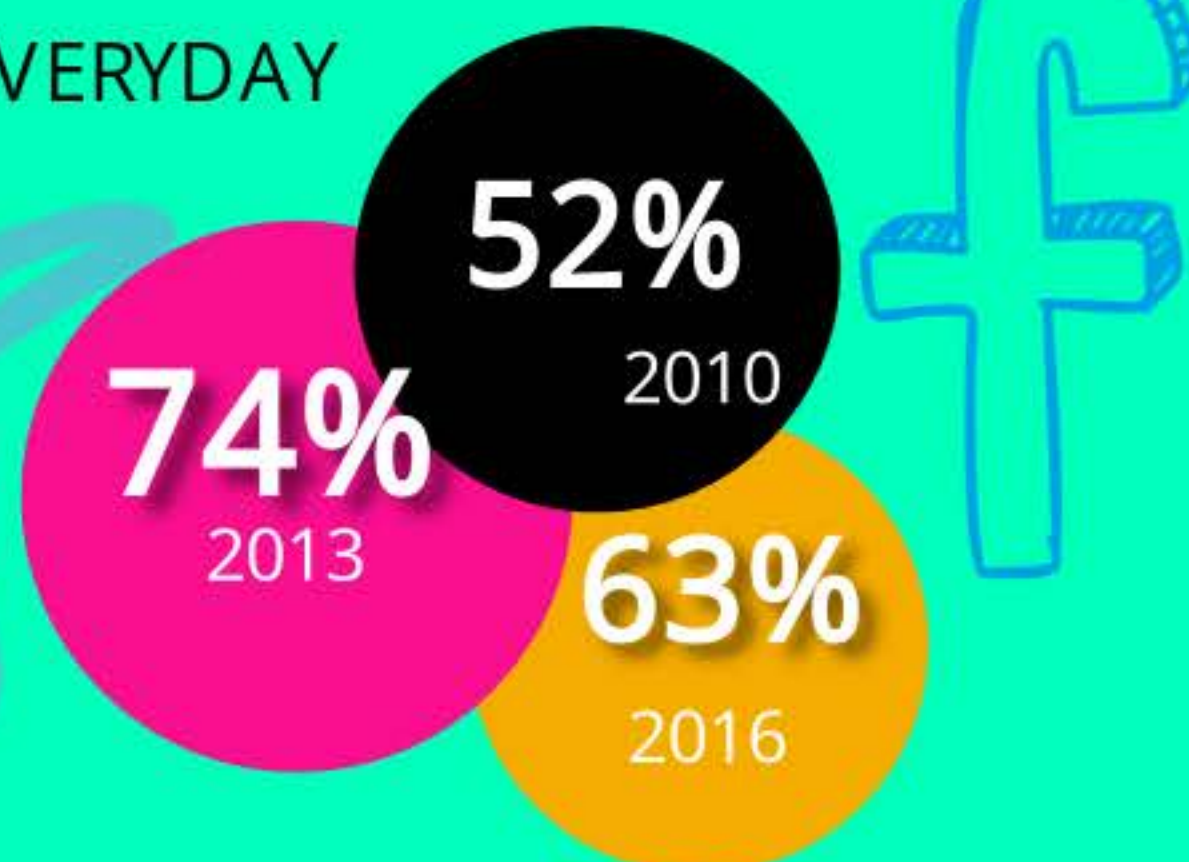
2016 - 48%

In the 2016 survey the term 'exercise' was replaced with 'physically active'



SECONDARY SCHOOL PUPILS
USING FACEBOOK EVERYDAY

THESE CHANGES MIGHT
BE DUE TO THE
FLUCTUATIONS IN SOCIAL
MEDIA SITES' POPULARITY



SOCIAL MEDIA AND INTERNET SAFTEY

5%

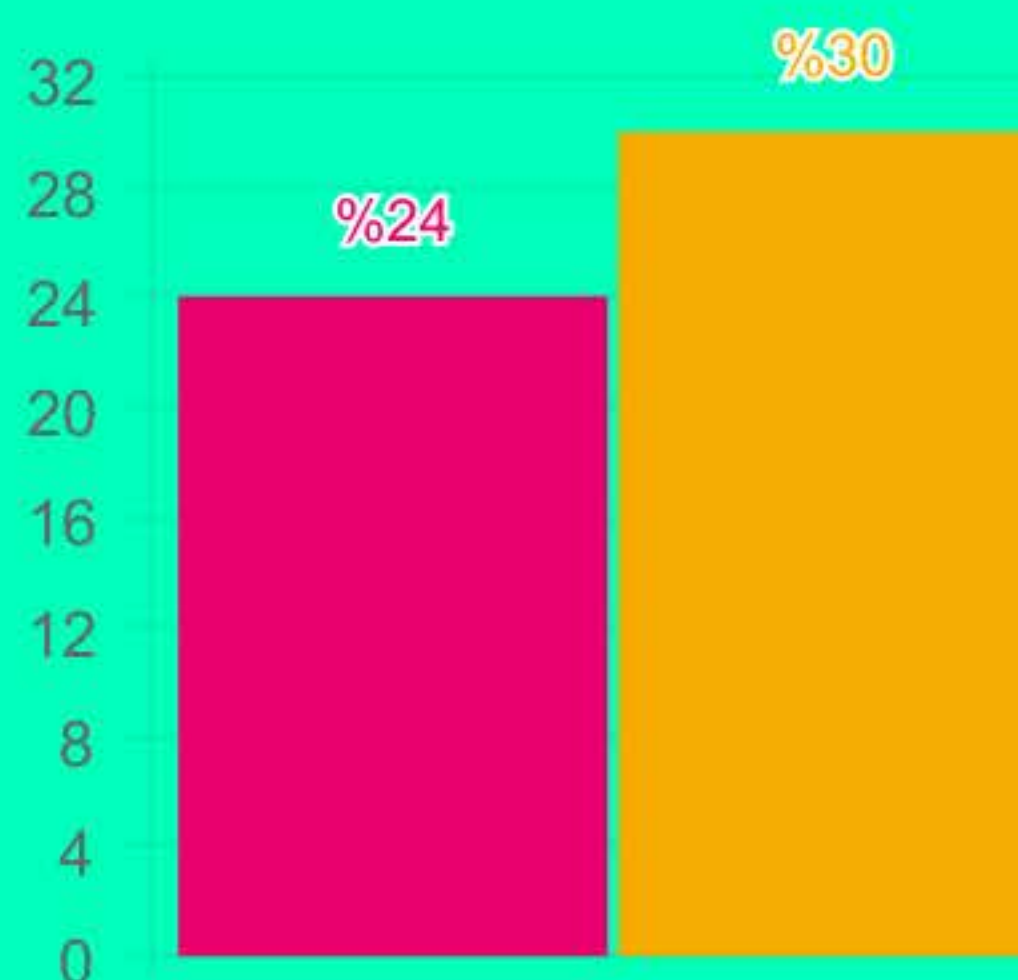


RISE IN YEAR 8 & 10s BEING
ASKED TO MEET SOMEONE
THEY DO NOT KNOW VIA
SOCIAL MEDIA



SECONDARY SCHOOL

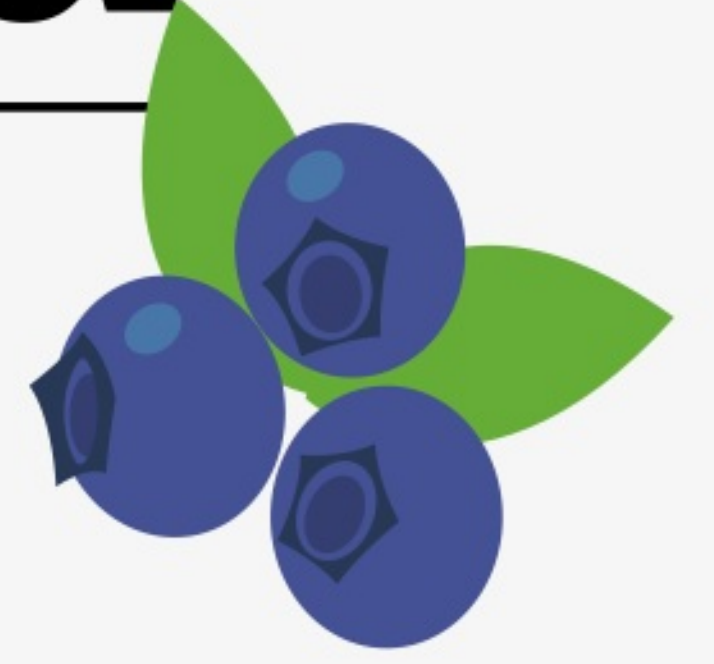
% RECEIVING UPSETTING OR SCARY MESSAGES



HEALTHY EATING



COMPARISON BETWEEN 2010, 2013 AND 2016



EATING 5 FRUIT / VEGETABLES A DAY

2010

2016



25%

24%



DID NOT EAT BREAKFAST THAT MORNING

2010

2013

2016

15%

10%

14%

HIGH ENERGY DRINKS

'I NEVER HAVE HIGH ENERGY DRINKS'

SECONDARY STUDENTS

2013

2016



22%

36%

