



Child Development Service

Physiotherapy Service for Children & Young People

Our Service:

We provide specialist Paediatric Physiotherapy for Babies; Children & Young People age 0-18 years, in the Bailiwick of Guernsey. We work in a variety of locations including nurseries; schools; clinics; gyms; Princess Elizabeth Hospital; and the Child Development Centre at Le Rondin Centre.

Core hours of the service are 8.30 am – 4.30 pm, Monday – Friday.

Health problems or learning/sensory/ physical difficulties can impact on a child's ability to develop (grow, play, learn, socialise and become independent). Physiotherapy can help with physical problems including:

- Developmental delay of motor skills
- Neurological conditions affecting movement (e.g. cerebral palsy or muscular dystrophy)
- Difficulties with balance, coordination or walking.
- Orthopaedic & Musculoskeletal problems (problems with joints, bones, muscle)
- Rehabilitation after illness, injury or surgery
- Respiratory &/or Cardiac conditions (eg Cystic Fibrosis)

We work in partnership with other professionals from Health, Education and Social Care, the child and their family. Using a variety of treatment techniques, interventions and support the aim of the physiotherapy service is to:

- help children achieve their maximum physical potential & independence
enhance children's health & well-being and minimise the effects of physical problems
- improve children's ability to integrate into the school environment and support their transition as a Young Adult
- help children to engage & participate in everyday childhood activities and achieve their full potential.
- make a positive difference in the quality of life for children & their families;

How to Access our Service:

Children can be referred to us via Paediatrician, Health Visitor, School Nurse, other Health Professional or SENCO.

For children under the age of 5, whose parents are concerned about their child's physical development, we provide a drop in assessment service at Lukis House. This is a free service and no referral is needed. Information on dates & times is available from Lukis House or your Health Visitor

Useful Resources

The Association of Paediatric Chartered Physiotherapists (APCP) provides useful information for parents including a range of information leaflets:

<http://apcp.csp.org.uk/publications/parent-leaflets-0>

<http://apcp.csp.org.uk/information-parents>