

Be Active – Accessible Activities

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Who's the GDA

GDA is a member organisation working to achieve equality of opportunity for disabled people and carers in Guernsey

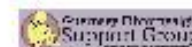
Promoting rights

Collective Voice

Empowering disabled people



The Guernsey Disability Alliance is an umbrella charity for 40 Member Groups.



Guernsey Down Syndrome Group





Who's We All Matter Eh!

We are a group of islanders, and their families, sharing our stories of living with disability in the island of Guernsey. We began doing this in 2013 to help inspire our government (the States of Guernsey) to pass the first 'Disability and Inclusion Strategy' for the island, followed by campaigns such as:

Hidden Disabilities

Accessible Activities

www.matter.gg



Who's Access for All

Working in partnership with the community to improve accessibility, in its widest context, for islanders and visitors alike. We provide Hints & Tips, and signposting on:

Physical access

Information

Activities

Services

www.access.gg



What do we know already?

How many people living with a disability in Guernsey & Alderney? **13,000**

4,000 of the 13,000 islanders experience significant difficulties in day to day life

How many carers? **2,000+**

FREE disability online training is available through States of Guernsey and encourage others to do the same

<http://disabilityalliance.org.gg/blog/2016/10/disability-awareness-training-%e2%80%a2-free-online-training/>

Top 5 priorities for GDA members

- 1 Awareness and acceptance of the **RIGHTS** of disabled islanders
 - 2 More disabled people in **EMPLOYMENT**
 - 3 A person-centered **COMMUNITY CARE** and support system
 - 4 **ACCESS** in all its forms (buildings, processes, customer services, recruitment, education, etc.)
 - 5 **RESPITE CARE** available according to need
- 6 A supportive **EDUCATION** system and Pathways to **HIGHER EDUCATION**, training and lifelong learning
 - 7 **INFORMATION** about existing support services

Disability & Inclusion Strategy

What are the 3 key themes of the strategy driving positive change?

Improving opportunities for disabled people and carers to participate across society

Promoting more positive and inclusive attitudes towards disability in the community

Challenging instances of disadvantage facing disabled Islanders and/or carers

Social Policy & consultations

- CYPP Children and Young People's Plan
- Inclusion in Education
- SLAWS Supported Living & Ageing Well
- Election2016
- Carers
- Customer Service
- Many many more

Inclusion in Education

workshop output, 6 October 2015

Four teams gave their responses, they have been identified as A, B, C and D in the boxes below.

guernseydisability
alliance

in association with



1st priority

- A Social acceptance and inclusion in society
- B Range of options for all needs
- C Less reliance on parents bringing professionals together
- D Individual needs assessed, met and regularly reviewed

2nd priority

- A Best opportunity possible
- B Increase knowledge of staff (more effective referrals)
- C More co-ordination between top & bottom, strategy and implementation
- D Chance to achieve academic potential

3rd priority

- A 'Rubbing Off' Primary schools interactions good, kids understand the wider world and normal does not exist. Secondary poor
- B Reaching educational, social & emotional potential
- C Staff awareness of class, TA & needs
- D Agencies liaise with each other & school

6th priority

- A Right equipment & technology to support children
- B High proportion dyslexic children (12 of 46 kids and limited support)
- C Support to interact socially
- D Better planning – early transition and communication

5th priority

- A Attitude change at Education (open v closed) kept at arm's length
- B Need driven early Intervention v crisis intervention
- C Specialist back up for teachers
- D To achieve social integration and emotional wellbeing

4th priority

- A Right environment for physical, emotional & different needs
- B Lack of Comm's Education & depts – Access to support incl. voluntary
- C Staff training & awareness of different conditions and support
- D Respond to needs not budgets

Remaining priorities

- Parent volunteers (not for own child) to assist with support – who have knowledge of impairments, free up resources, be creative with resourcing
- Learn social interactions such as texting

- Safety of all children
- Parents as partners – communication
- Measurable targets of inclusion
- Normalise differences if children in mainstream education – school ambassadors
- Individual Education Plan – Implemented

- Statement of SEN – quantified, detailed and measured, maybe frequency of review dropped if doing well
- Information for parents on who's who in education, eg. who to go to with questions.
- Class size.

people's impairments are diverse



A word cloud on a light gray background listing various impairments and conditions. The words are in different sizes and orientations, with some in bold and others in regular weight. The colors are primarily green and black. The conditions listed include: Multiple sclerosis, Respiratory disease, Facial disfigurement, Learning disability, Brain injury, Dyslexia, Diabetes, Mobility impairment, Downs Syndrome, Fibromyalgia, Cerebral palsy, Heart disease, Motor Neurone Disease, Autism, Cancer, Visual impairment, Spinal injury, Hearing impairment, Bi-polar disorder, Eczema, Depression, HIV - AIDS, Dementia, Amputation, and Epilepsy.

Multiple sclerosis Respiratory disease Facial disfigurement

Learning disability Brain injury

Dyslexia Diabetes Mobility impairment

Downs Syndrome Fibromyalgia Cerebral palsy

Heart disease Motor Neurone Disease Autism Cancer

Visual impairment Spinal injury Hearing impairment

Bi-polar disorder Eczema Depression

HIV - AIDS Dementia Amputation Epilepsy

the barriers disabled islanders face

Inaccessible buildings

Inaccessible transport

Cost of equipment

Panel interviews

Prejudice

Access to Education

People's attitudes

Complex wording

People's assumption

High kerbs

Lack of Services

Small Print Sizes

Stereotyping & Stigma

Online-only recruitment processes

Lack of colour contrast



Accessible Activities intro

- We want to help **remove the barriers** that currently exist for disabled islanders who wish to take a **full and active part in society**.
- In this campaign we are focusing on the wide variety of sports and physical activities that are available in Guernsey.
- We hope that this campaign will increase access and choice, to raise awareness, acceptance and increase participation in every leisure pursuit on the island.
- This in turn will improve physical and mental wellbeing.
- Change public perceptions around disability



Accessible Activities goals

- To increase **participation** in sports & clubs by **raising awareness** of all the leisure opportunities available to islanders with disabilities ([directory](#))
- **Improve** the physical and mental wellbeing of disabled islanders
- **Empowering clubs** to be more accessible by accessing the [tips on our website](#)
- **Improve** [funding](#) and volunteering opportunities for sports clubs



Accessible



<https://matter.gg/accessible-activities/accessible-sports-directory/>

Accessible Activities & young people

- Gym
- Judo
- Swimming
- Football
- Sailing
- Riding

What others could we add?

- Archery?
- Climbing
-
-
-

Accessible Activities



<https://www.youtube.com/watch?v=8-i-PqrSnGU>

Accessible Activities – Tips for Clubs



<https://www.youtube.com/watch?v=l58VoJ0iVKs&feature=youtu.be>

Accessible Activities – Gym



<https://youtu.be/DT4dAITRQWo>

Accessible Activities more videos

no	activity	You Tube links - Olly
2	Guernsey Disability Football Club	https://youtu.be/_KHormENWzE
3	Guernsey Disability Swimming Club	https://youtu.be/eM45WM4H8NA
10	Guernsey Paragliding Club	https://youtu.be/3uMPDG0CfdM
7	Guernsey Specials Gym Club	https://youtu.be/DT4dAITRQWo
9	Guernsey Sports Association for the Disabled	https://youtu.be/ieQAbxwdHQ0
12	Guernsey Walking Football Club	https://youtu.be/VXM0E1XayLk
8	Lifefit	https://youtu.be/_GGmvlkplsc
5	Sitting volleyball	https://youtu.be/JzHOMVoqxog
11	Wheel chairography	https://youtu.be/h5d-nRIJivM

Accessible Activities – how can you GetInvolved

- Disabled Access Day - Friday 10th March 2017
<https://www.disabledaccessday.com/>
- In 2015 Disabled Access Day began as a day **to celebrate good access and created opportunities for people to try something new.** The day was about highlighting the fantastic access that already exists in places, such as touch tours, relaxed performances, sensory experiences, **level access and of course a warm welcome!**

Accessible Activities – how can you GetInvolved

- Like and share our content on social media
- If you take part in sport, encourage change to the access in all its forms
- Showcase the access provisions you do have in place
- Share good practice

Accessible Activities – partners



Supported by
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We voted to #MakeItReal

