



Post-16 Young People's Survey Results 2017



States of Guernsey
Education Services

POST-16 YOUNG PEOPLE'S SURVEY

RESULTS FROM 2017

BACKGROUND

- In January/February 2017 over 800 post-16 full-time students completed the post-16 version of the Young People's Survey
- The survey was a follow-up to the Young People's Survey that was completed by Guernsey Primary and Secondary students
- 80+ questions were completed online
- The survey was overseen and validated by the Schools Health Education Unit (SHEU) – who administer surveys for 70,000+ students in the UK



QUESTIONS ASKED



- 80+ questions were asked and covered the following aspects of young people's lives:
 - Being Healthy
 - Safety & Nurtured
 - Included & Respected
 - Reaching Potential
- Anonymously completed, self-reporting and online
- We worked with Year 13 students to ask specific questions as a response to some of the issues raised by the Young People's Survey 2016

HOW WE USE THE INFORMATION

- Bailiwick Wide Report
- Report per School
- Full report published on Education website –
www.gov.gg/youngpeoplesurvey
- The survey was used as the basis for the Deputies Forum held at the Grammar School Sixth Form Centre in February



GENERAL COMMENT

The findings of the Guernsey Young people's survey 2017 reflect the challenges that life in the 21st Century presents to Guernsey teenagers. Broadly the findings are positive and demonstrate that young people are coping well with the increasing pressures of 21st Century life. Most young people report that they are happy with their lives, enjoy school, have colleagues with whom they can share problems and are aware that that they are in control of their health. However they are not immune from the pressures that all young people face. In particular, there is a significant number who report that they are unhappy and find life stressful.

There is no increase in exposure to drugs, alcohol and tobacco – in fact there is evidence of increasing resilience to risk-taking behaviour. The requirement to remain vigilant about informing young people about responsible behaviour regarding drugs, alcohol and tobacco is as great as ever.

The Guernsey Young people's post-16 survey has established a wealth of information which provides young people, parents and all those who support young people with an evidence base to ensure that the Guernsey community supports young people in their transition to adulthood.



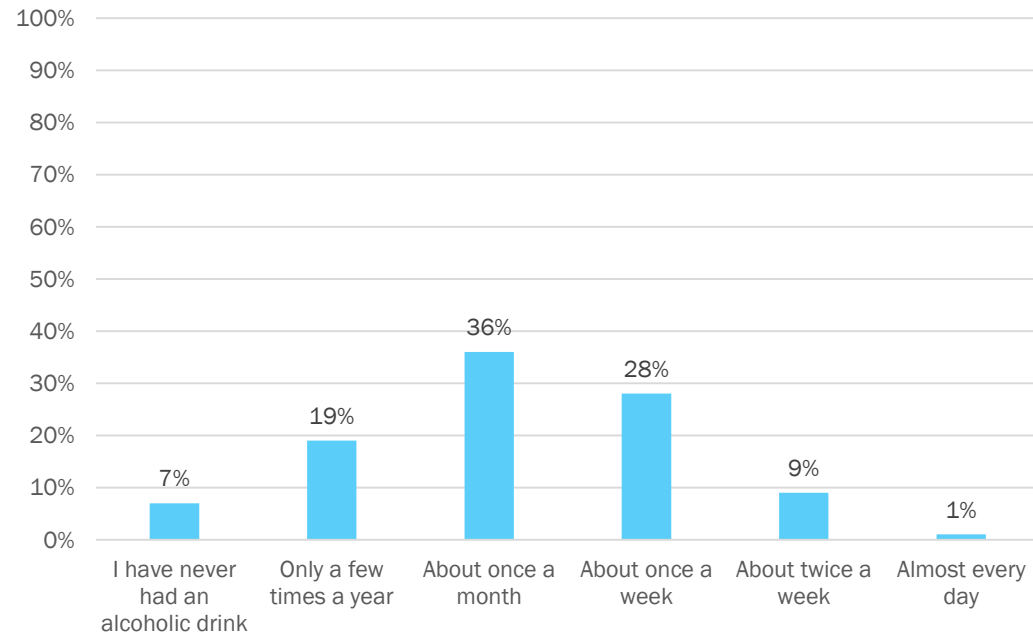
KEY FINDINGS: ALCOHOL

- 43% of respondents said that they had an alcoholic drink in the past 7 days
- 27% of students responded that they got drunk at least once in the past seven days



ALCOHOL

Q32. How often do you usually drink alcohol?



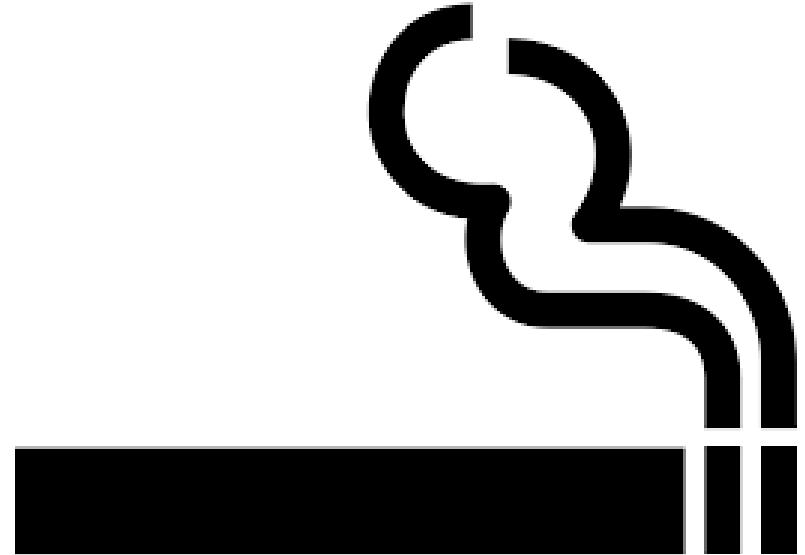
KEY FINDINGS: DRUGS



- Do you know anyone personally who takes drugs?
 - 58% 'Fairly sure' or 'Certain' they know a drug user
- 42% of Post-16 students report that they have been offered Cannabis
- 11% report taking one of the listed drugs in the last month (Cannabis is the most popular)

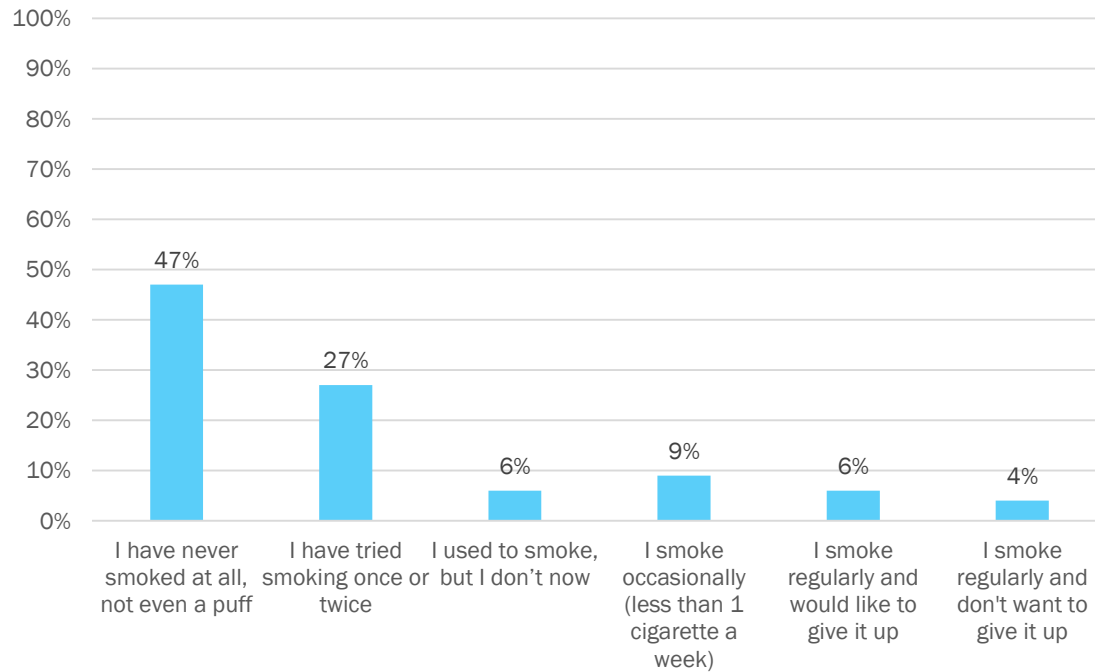
KEY FINDINGS: TOBACCO

- 18% of Post-16 students responded that they had smoked in the last 7 days
- 34% of smokers began smoking since joining their Post-16 establishment
- 48% would like to give up smoking



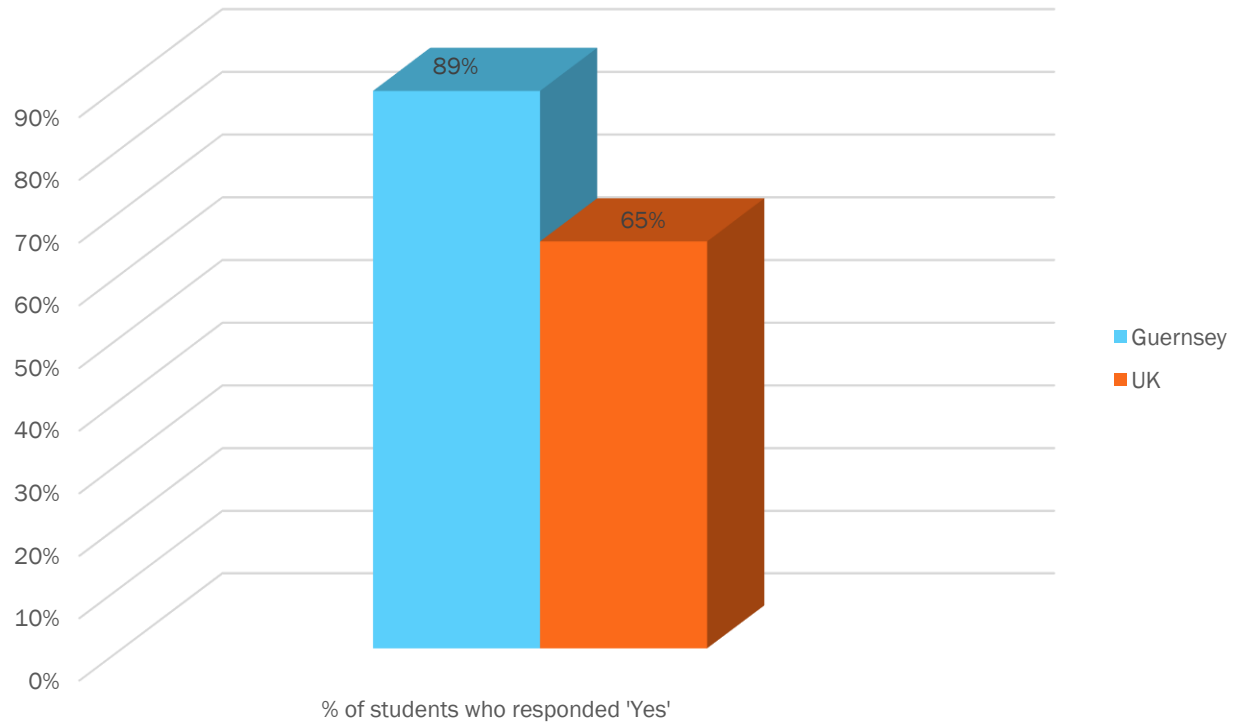
TOBACCO

Q44. SMOKING: Which statement describes you best?



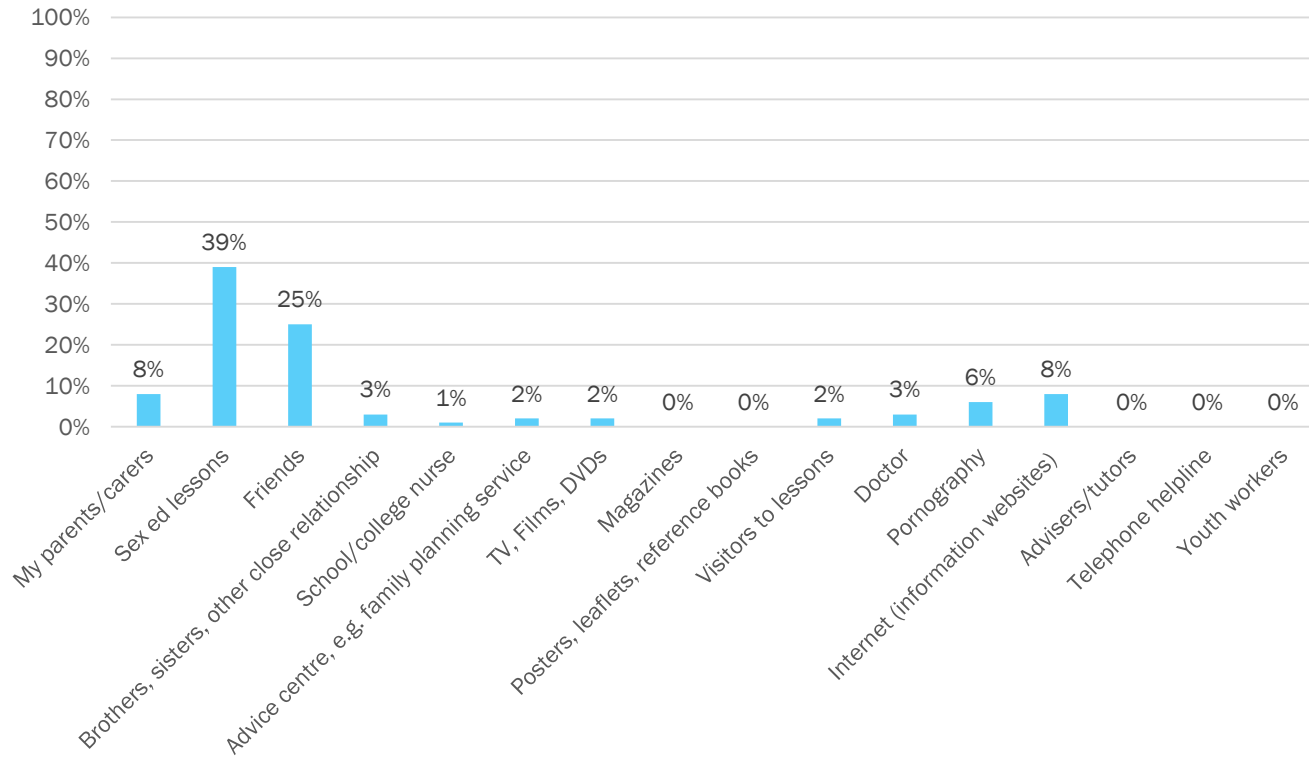
RELATIONSHIPS AND SEXUAL HEALTH

- Q76. Do you know where you can get condoms free of charge?

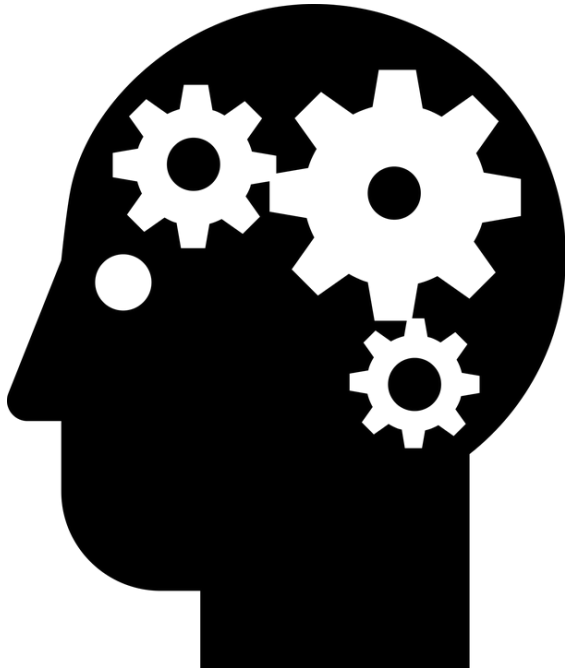


RELATIONSHIPS AND SEXUAL HEALTH

Q78. Which of these is your main source of information about sex?



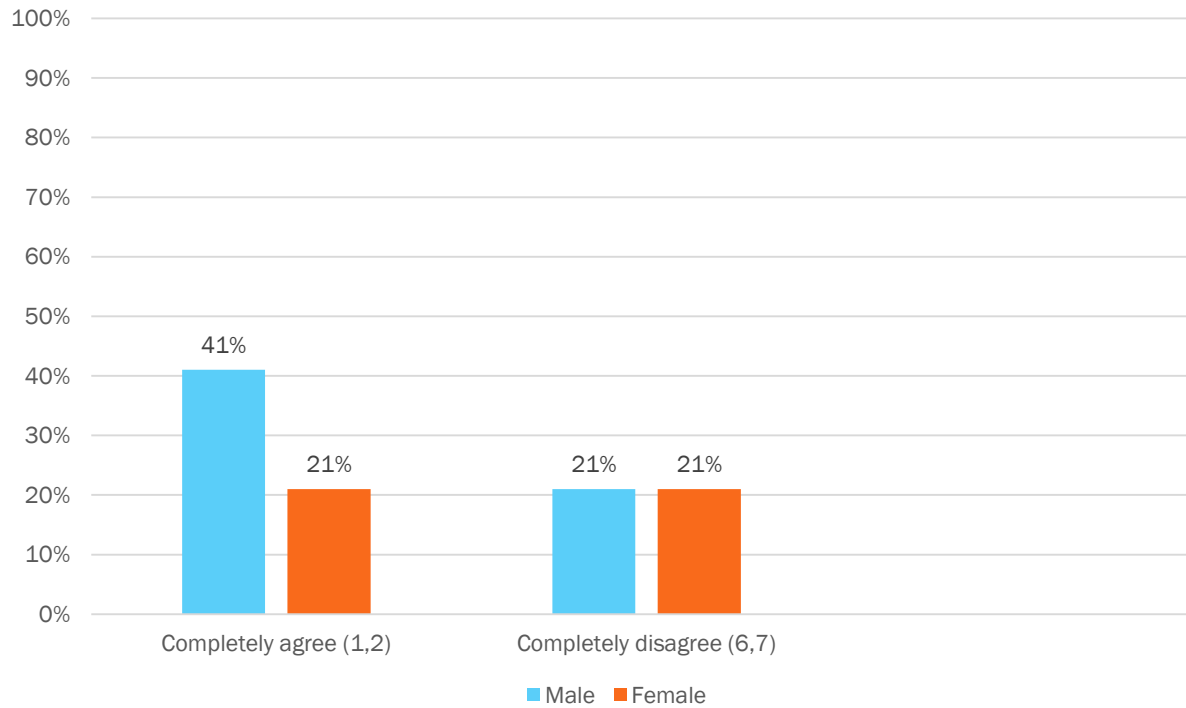
KEY FINDINGS: THE WAY YOU LOOK/ LOSING WEIGHT/ HEALTH CONTROL



- 53% of students said that they would like to lose weight (74% of female respondents)
- 84% agree with the statement - 'I am in charge of my health'
- 25% of respondents don't like the way they look (41% of female respondents)

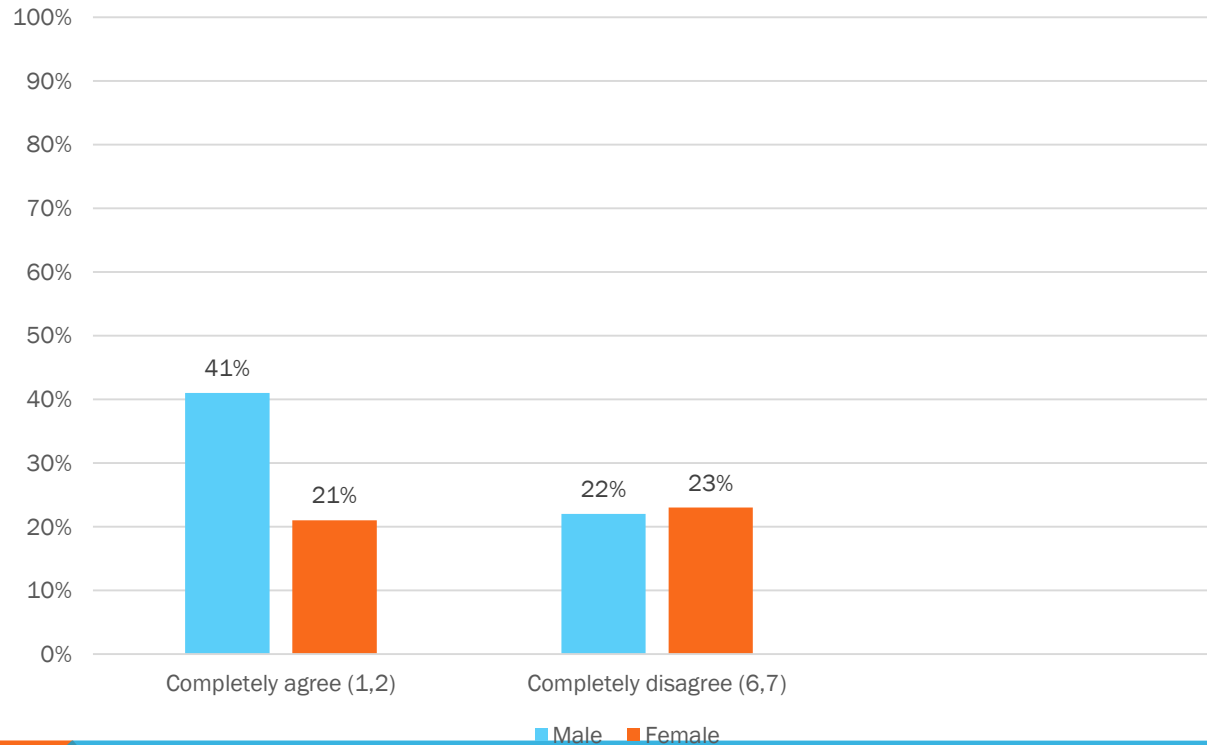
EMOTIONAL HEALTH AND WELLBEING

Responses of students to the statement 'I generally feel happy'



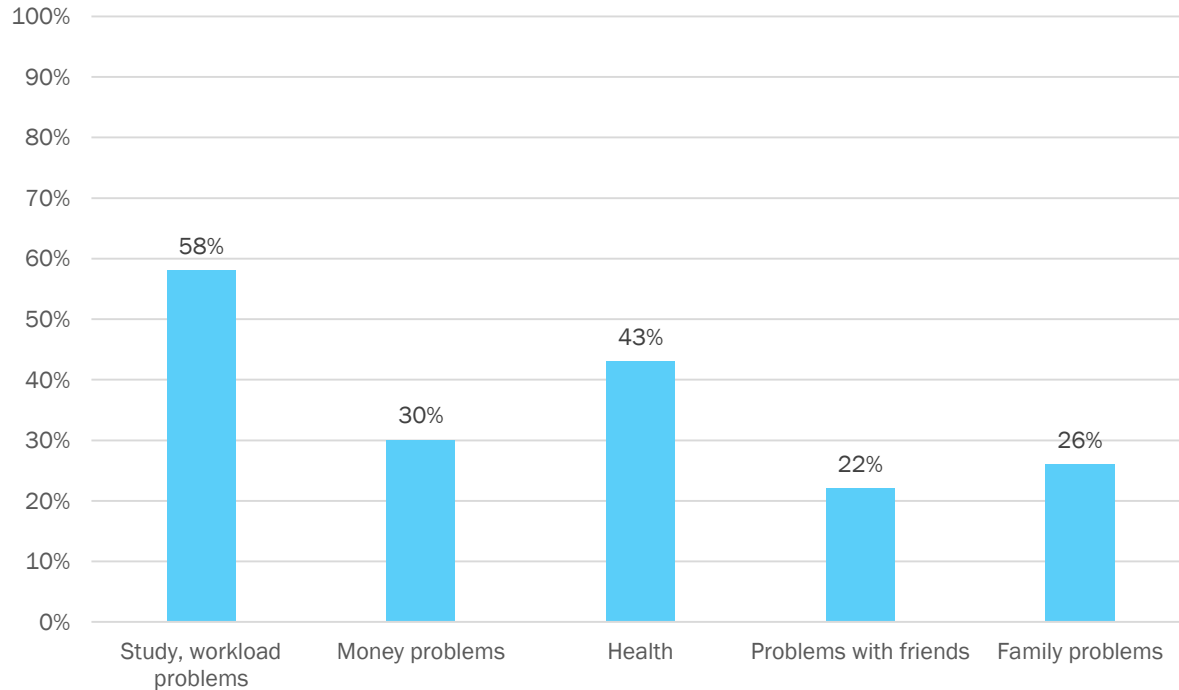
EMOTIONAL HEALTH AND WELLBEING

Responses of students to the statement 'I'm glad I am who I am'



EMOTIONAL HEALTH AND WELLBEING

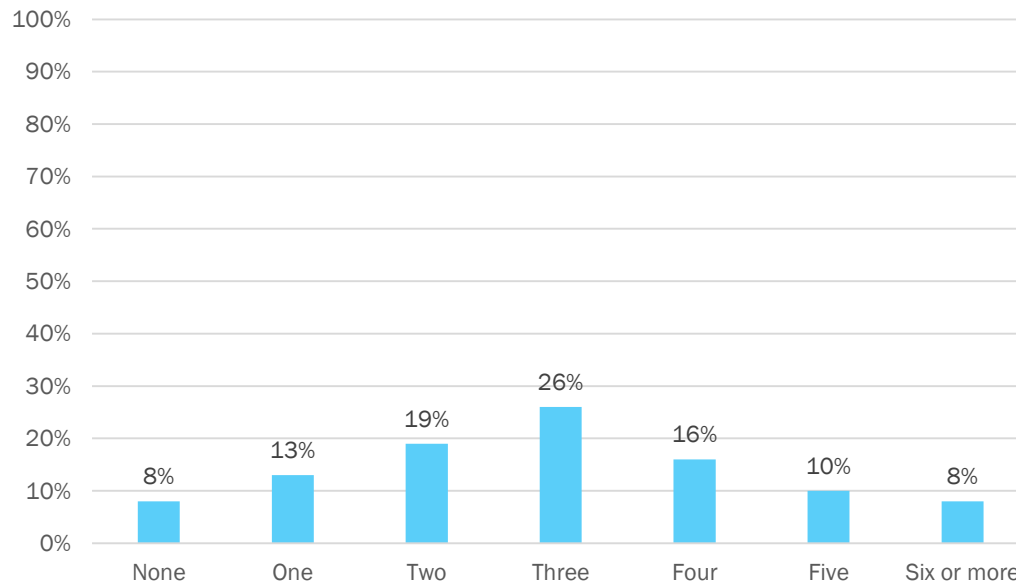
How often have you worried about the things listed below?: Often/Most Days



KEY FINDINGS: HEALTHY EATING

- 18% of respondents said that they ate at least five portions of fruit and vegetable the day before the survey.

Q23. How many portions of fruit and vegetables did you eat yesterday?



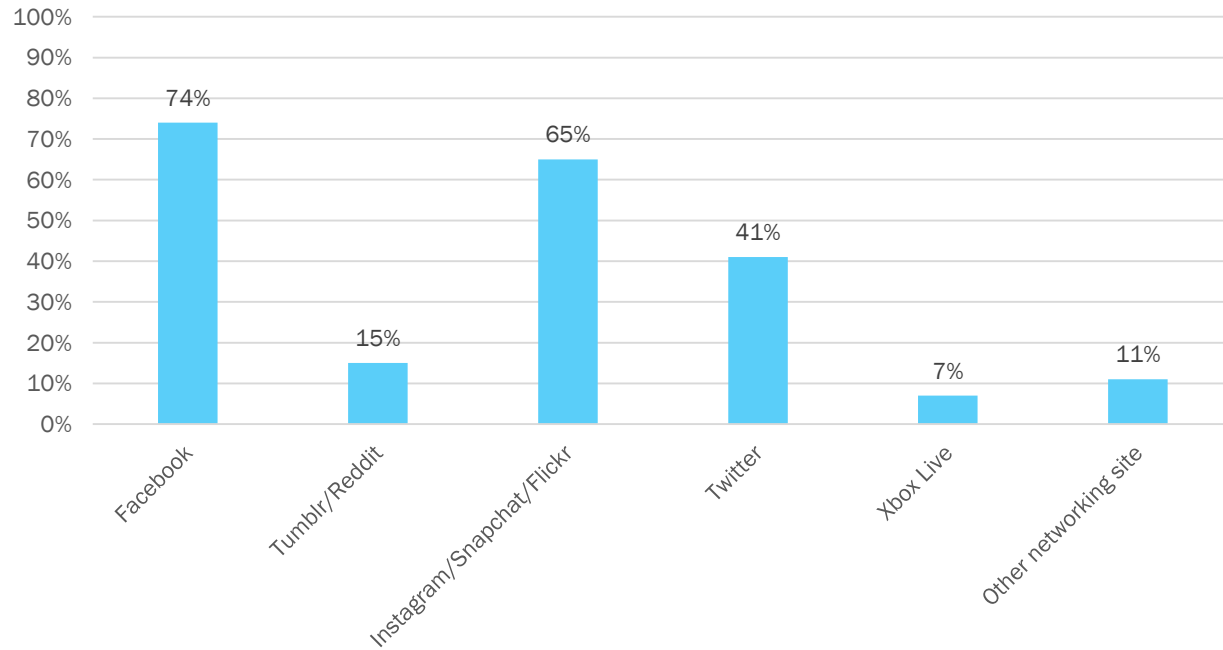
KEY FINDINGS: EXERCISE

- 16% of students responded that they walked to school/college
- 69% travelled to school/college by car
- 12% of students responded that they did not do ANY physical activity in the seven days before the survey
- 60% of respondents were active on at least three days in the seven days before the survey



INTERNET USE

Q72. Percentage of students responding that they use internet chatrooms/social media 'everyday'



INTERNET SAFETY

% of students who answered 'yes' to the questions below

