

Kindred Family Centre

Goals:

To promote the following outcomes for children and young people:

Healthy & Nurtured

We want children and young people to enjoy the highest achievable standards of physical and emotional health, with access to suitable health care and support for safe and healthy lifestyle choices

Safe

We want children and young people to be protected from abuse, neglect and harm and given strategies to protect themselves and stay safe

Achieving & Active

We want children and young people to have access to positive learning, play and leisure environments to develop their skills, confidence and self esteem to the fullest potential

Respected & Responsible

We want children & young people to be involved in the decisions that affect them and encourage them to play an active and responsible role in the community

Included

We want children and young people to have access to high quality services. We want to enable them to overcome the social, physical, geographic, environmental and economic barriers that create inequality

Contact Details

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HSC No: 232
May 2016



States of Guernsey
Children and Family
Community Services



States of Guernsey
Children and Family
Community Services

Kindred Family Centre



Children & Family
Community Services

Services Provided

The Team

The team consists of highly experienced staff with a range of qualifications, including Diploma of ECE and Community Welfare Work, Early Childhood Studies Degree, Open University and NVQ's.

Our purpose

The purpose of the family centre is to enhance the quality of life for children, young people and their families.

This will be achieved through:

- Valuing the individuals strengths and working in partnership with families to overcome any difficulties
- Being approachable and non judgmental.
- Creating a warm and accepting atmosphere
- Avoiding dependency
- Offering a well balanced, friendly, caring and professional relationship
- Family participation in the programme, recognizing the constraints of individual cases.

- Incredible Years parenting groups (Baby, Basic, School Age)
- Partners In Parenting Education (PIPE) group
- Breaking Free (Postnatal Depression Group)
- Rhyme Time group (pre-schoolers)
- Talking Tots (pre-schoolers)
- Baby Massage
- Health Visitor Clinic
- Drop ins
- After School clubs
- Stepping Stones (social skills group)



- Working with children, young people and their families focusing on: building self-esteem, identity, social and emotional skills, challenging behaviours and keeping safe
- Supporting families by focusing on positive parenting, the importance of play, organisational skills, budgeting, family relationships and communication
- Advice and help on accessing other services
- We have positive working relationships with other outside agencies which include The Guernsey Sports Commission, The Youth Commission and Arts Commission.

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