



# How to become Dementia Friendly

**Our guide will help you to explore how Dementia Friendly your business is. Answer the questions below and if you would like to learn more about dementia or become a dementia friend visit the websites.**

Yes / No

1. Being friendly goes a long way to putting people at ease. Do you ask 'Can I help you?'
2. Do you listen carefully and give people time to reply?
3. Do you offer support to help the person retain their independence by doing things with them, not for them?
4. Do you communicate clearly, maintain eye contact and use body language and visual aids in order to help someone?
5. Are you careful not to make assumptions about what someone may want or need?
6. Someone with dementia will often remember how they felt more than what you said. Do you consider their feelings?
7. Have you checked out the Dementia Friendly website for further information? Find it at: [www.dementiafriendly](http://www.dementiafriendly)
8. To find out about Guernsey's Dementia Friends training which will support in making your business more Dementia Friendly please follow this link: [www.dementiafriendly.org.gg/courses/](http://www.dementiafriendly.org.gg/courses/)



States of  
Guernsey

For more information  
go to [gov.gg/disability](http://gov.gg/disability)

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