



@OutWithTideGSY



@GoingOutWithTheTideFestival



going_out_with_the_tide

May 14-20, 2018

GOING OUT WITH THE TIDE FESTIVAL

A LOCAL GENERATED FESTIVAL CREATING CONVERSATIONS AROUND DEATH, DYING, BEREAVEMENT AND LIVING AS PART OF THE NATIONAL 'DYING MATTERS' WEEK

Event	Date and Times	Venue
Art Installation Angel Wings Selfie	Monday 14 - Sunday 20 May FREE	Market Terrace
BBC Radio Guernsey 'Guidelines' With: Revd. Linda Le Vasseur, Jo Boyd, Liz Dorey, Lottie Barnes, Dr Peter Rabey	Monday 14 - Sunday 20 May FREE	Every morning throughout the week on the Breakfast Show
Information and Leaflets Display	Monday 14 - Sunday 20 May FREE	Guille-Alles Library
Dead as a Dodo Activity Trails Pick up an activity trail from the Museum reception and take part in a unique quiz. The questions relate to different objects on display about extinction and mummification. In the Discovery Room, visitors can finish the trail by taking part in a practical art activity. Don't miss the Dinosaur-themed Time-warp and temporary extinction display (with model dodo!)	Monday 14 - Sunday 20 May 10.00am - 5.00pm Museum admission applies	Guernsey Museum at Candie No need to book
BBC Radio Guernsey John Randall Show 'Time To Say Goodbye'	Monday 14 May 1.30pm - 5pm	
Flower Posies Making (with tea and coffee)	Monday 14 May 2pm - 4:30pm FREE	St Saviours Church Hall
Angel Voices Performance by Hope Choir	Tuesday 15 May 6.30pm FREE	By the angel wings on Market Terrace
Guernsey Inheritance Laws By Advocate Peter Atkinson. A lecture led by Advocate Peter Atkinson, organised by the Family History Section of La Société.	Wednesday 16 May 7.45pm FREE (No need to book. Just turn up. Call 725093 for more information)	Frossard Theatre Guernsey Museum at Candie
GraveTalk With Peter Graysmith To provoke thought and dialogue on life, society, death, funerals and grief.	Wednesday 16 May 7.30pm FREE	Les Cotils



May 14-20, 2018

GOING OUT WITH THE TIDE FESTIVAL

A LOCAL GENERATED FESTIVAL CREATING CONVERSATIONS AROUND DEATH, DYING, BEREAVEMENT AND LIVING AS PART OF THE NATIONAL 'DYING MATTERS' WEEK

Event	Date and Times	Venue
La Manche: Discovering the lost Ice Age Landscapes of the English Channel Led by Dr Matt Pope (UCL Institute of Archaeology)	Thursday 17 May 7.30pm FREE	Frossard Theatre
Psychology in the Pub Last Orders: Talking About Grief And Loss - Zoe Le Pelley Talk Information This talk will look at grief and loss, and the following topics will be covered: what is grief, grief through the ages (covering different models and theories), dispelling myths, dos and don'ts of grief, and what to expect.	Thursday 17 May 6.30pm FREE	The Cock and Bull Simply turn up
Dead Centre of St Peter Port States archaeologist, Dr Phil de Jersey Dr Phil de Jersey, States Archaeologist, leads this walk around the last resting places of some famous Guernsey people. Others are not so famous, but with stories just as interesting and intriguing as their neighbours. From military heroes to a giant Scotsman, by way of the oldest ever Guernsey woman. The walk will include visits to the Strangers', Brothers' and Candie Cemeteries.	Saturday 19 May 10.00am - 11.30am (approx) FREE	Meet at the entrance to the Odeon Car Park . (No need to book. Just turn up. There is no charge for the walk but donations are welcome)
Sunflower Planting with The HUB It can be difficult for any of us to think and talk about people who have died. At the Sunflower Project we provide support to children and young people to talk about what has happened, how they are feeling and provide support around dealing with these emotions. Why not come and visit us in Market Square to plant a Sunflower to remember someone who has died. We are encouraging children and families to plant sunflowers, give them love and nurture to see how high they can grow to celebrate the lives of those who have died.	Saturday 19 May 10.00am - 2.00pm FREE	Market Terrace
Deathbed Dinner - Foods to Nourish Life A selection of hearty, wholesome indulgent tastes and flavours. Freshly prepared from local seasonal produce and our Ziggurat cook's imagination. Discussion to Demystify Death Opening up conversation around death - both to better understand what it means to truly be alive, and to feel peace with the inevitability of our own end.	Saturday 19 May 5:30pm £35 per person Tickets through Eventbrite Or contact gen@hotelziggurat.com Ticket includes: Welcome drink - Kombucha Cocktail Deathbed Dinner Workshop Three course meal	Ziggurat
Collect Your FREE Children's Books 'Water Bugs and Dragonflies': Explaining Death to Young Children'. Sponsored by the Sarah Groves Foundation	Saturday 19 May 11.00am FREE	Guille-Alles Library