





## Strategies for Success ADHD Conference Guernsey 2018

Confirmed Keynote Speakers :

Andrea Bilbow OBE President of ADHD Europe and founder of ADDISS, London

Marko Ferek Vice-President of ADHD Europe, Croatia

Kevin Roberts ADHD coach and author, USA

**Plus local speakers** 

Booking through Eventbrite or the Website https://sites.google.com/ ihscs.co.uk/ strategiesforsuccess/ home

Or scan the QR code below



For more information contact: Dr Rachael Major Tel: (01481) 707481 rachael.major@gov.gg



This is an opportunity to learn more about Attention Deficit Hyperactivity

Disorder and co-occurring difficulties, support available and how to adopt ADHD

friendly approaches.

**Friday 19th October**: For those working in Health, Social Care and Education Settings.

Saturday 20th October : Open to all including professionals, parents, carers and teens with ADHD

Venue: Les Cotils

9-4.30 both days

Additional session for Teens and Young People on Friday 19th October 5-6pm at Les Cotils

Unlocking the Power of ADHD –Kevin Roberts

The Journey to Confidence – Marko Ferek

## Friday 19th October (draft)

- 9:00 Registration
- 9:15 Welcome & Shine a Light Film: **Dr Rachael Major**, **Senior Lecturer and Disability Lead**, Institute of Health and Social Care Studies, Guernsey and NAS Guernsey committee member.
- 9:30 Andrea Bilbow, President of ADHD Europe Experience of a voluntary psychoeducation group.
- 10:15 Marko Ferek, Vice President ADHD Europe Hyperactive dreamers in school
- 11:00 Coffee
- 11:30 Nigel Humphrey, Clinical Psychologist, Guernsey ADHD & Trauma-Teasing out the difference
- 12:00 Dr Charlotte Friel, Educational Psychologist, Guernsey: TBC
- 12:30 Lunch and poster viewing
- 13:30 Kevin Roberts, ADHD Coach, USA: Unlocking the Power of ADHD: classroom success
- 14:15 ADHD Service Guernsey (Dr Ben Newell, Clinical Psychologist & Tony Collins, Senior Nurse Practitioner): Development of an emotional regulation group Intervention for ADHD
- 14:45 Dr Billy O'Driscoll, Consultant Psychiatrist, Adult ADHD Service Guernsey ADHD in Late Adolescence and Young Adulthood (Title TBC)
- 1515 Coffee
- 15:30 Dr Rachael Major: It's not just ADHD; ADHD and Co-Occurrences
- 16:00 Plenary & Evaluations
- 16:30 Finish

## Saturday 20th October (draft)

- 9:00 Registration
- 9:15 Welcome & Shine a Light video **Dr Rachael Major**, **Senior Lecturer and Disability Lead**, Institute of Health and Social Care Studies, Guernsey and NAS Guernsey committee member.
- 9:30 Andrea Bilbow, President of ADHD Europe <u>10 Steps to Success</u>
- 10:15 Marko Ferek, Vice President ADHD Europe Education that fits all
- 11:00 Coffee
- 11:30 Nigel Humphrey, Clinical Psychologist, Guernsey Becoming adults
- 12:00 Dr Charlotte Friel, Educational Psychologist, Guernsey: TBC
- 12:30 Lunch and poster viewing
- 13:30 Kevin Roberts, ADHD Coach, USA: Cyber Junkie
- 14:15 **ADHD Service Guernsey (Dr Ben Newell,** Clinical Psychologist **& Tony Collins,** Senior Nurse Practitioner): <u>Development of an emotional regulation group intervention for ADHD</u>
- 14:45 Dr Rachael Major: Parenting neurodivergent children
- 15:15 Coffee
- 15:30 Question Time
- 16:15 Evaluations
- 16:30 Finish