

Frequently asked Questions and Answers - Pregnant women in Alderney

<p>Are there any Midwives working in Alderney?</p>	<p>No, Midwifery care is provided by a Midwife who are based in Guernsey who visit Alderney every fortnight.</p>
<p>What happens to my appointment if the Midwife is not able to fly to Alderney due to weather conditions?</p>	<p>This has happened quite a few times this year already due to fog preventing the flight getting to Alderney.</p> <p>On these occasions you can:</p> <p>Attend the Island Health Medical Centre and have blood pressure and urine tests by a nurse or GP and request a telephone or teleconference appointment with the Midwife</p> <p>The Midwife who has been unable to get to Alderney will try to rebook her flight as soon as possible to Alderney but this is not always possible due to seat availability, weather conditions and pre-booked commitments in Guernsey.</p> <p>We are committed to working very closely with the islands GP's in Alderney to ensure an antenatal service is available when Midwives are unable to get to you.</p>
<p>Will the Midwife see new mothers during the fortnightly visits?</p>	<p>The Midwife will see any pregnant women or new mother when she is in Alderney. Please make your appointment via Jeanene Pleasant [Administrator at Princess Elizabeth Hospital based in our community office on 01481 7076825]</p>
<p>What do I do if I go into labour before I have re-located to Guernsey? Or, have urgent concerns about my pregnancy?</p>	<p>Please contact your GP in Alderney who will advise you of the next action to take. It is really important that you are transferred to the maternity service in Guernsey without delay. There are no Midwives or Obstetricians in Alderney who can look after you in labour or delivery your baby.</p> <p>We must express that the safest way for you to have your baby is to be in Guernsey before you go into labour as we know that the transport links are unreliable and there have been many occasions this year when the flight to Guernsey would not have been available, thus causing delay and distress to you.</p>

Frequently asked Questions and Answers - Pregnant women in Alderney

<p>Can my partner stay with me?</p>	<p>Yes, your partner will be able to stay with you in labour and if a single room is available your partner will be welcome to stay on after you have delivered your baby.</p>
<p>Where can I stay in Guernsey whilst awaiting the birth of my baby?</p>	<p>This is up to you and your personal preference. You can arrange your own accommodation or stay with friends or family here in Guernsey. We have access to on site hospital accommodation which we can request, if you would like to use this please discuss with your Midwife.</p>
<p>What happens after my baby has been born?</p>	<p>Once we are all happy you and your baby are fit for discharge we will ensure that we facilitate your return home.</p> <p>We know how important it is to you to go back home as soon as you can although it is vital that you and your baby are fully fit before you return to Alderney as your main contact with a Midwife will be via the telephone.</p> <p>We will arrange for a Midwife to see you at least once in Alderney between you leaving hospital and being discharged from Midwifery care to the care of your Health Visitor.</p>