

Circular 19/08

Pharmaceutical Service : Melatonin Prescribing Changes

This is to update colleagues on two changes to the prescribing of Melatonin via the Pharmaceutical Service.

1. Learning Disabilities

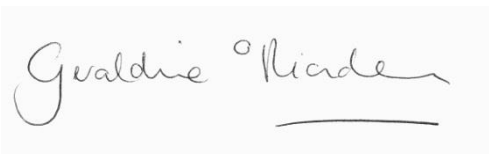
The Prescribing and Formulary Panel has recommended that people with learning disability, of all ages, may have **Melatonin 2mg MR tablets** on States prescriptions when prescribed or initiated by the Learning Disability Consultant, Dr Michael Layton. Patients who had prescribing initiated by Dr Layton may obtain it on repeat prescriptions from their GP or from another Consultant.

2. Liquid melatonin

The Prescribing and Formulary Panel has recommended a change of the liquid product available from Melatonin 5mg per 5ml oral solution to **Melatonin Oral Suspension 10mg per 5ml**. This was necessary due to the very high cost of the new licensed Colonis product, which is only recommended for the short-term treatment of jetlag in adults.

GPs and hospital doctors kindly note the above and please change repeat prescriptions for patients already on Melatonin in liquid form to 10mg per 5ml oral suspension.

Do please get in touch on 732460 if there are any further queries about the prescribing of melatonin.



Geraldine O'Riordan
Prescribing Advisor

September 2nd 2019