

Exit from Lockdown

Bailiwick of Guernsey Framework



This framework is a transitional plan for the gradual easing of restrictions in the Bailiwick of Guernsey, which are in place in response to COVID-19.

This framework is for the Bailiwick of Guernsey. For Alderney and Sark tailored measures specific to those jurisdictions may be added.

Central to this framework is the need to protect the health of the Bailiwick from the virus that causes COVID-19. In addition, detailed consideration has been given to the economic position of the Islands. The framework reflects the need to balance the risks posed by COVID-19 with the broader health and wellbeing of islanders.

The full framework document can be found at <https://covid19.gov.gg/guidance/exit>

It is important to note that the framework doesn't discuss education in any detail, nor the wider delivery of public services. Both of these issues are being mapped out in detail and will be added as soon as possible.

There is no right or wrong way to exit from lockdown. No one has had to do this before, and there is no roadmap to follow and we don't have a definitive timescale. Whatever decisions we make are based on public health evidence and the following core objectives that support our response to this pandemic:

- 1 Protect and preserve life
- 2 Mitigate and minimise the impact of Covid-19 on the community
- 3 Minimise the economic, social and environmental impacts
- 4 Promote the restoration to normality as soon as possible

We will learn from new public health evidence to make decisions along the way and will keep you informed on this journey. Some of the later phases of the suggested transition have less detail about what we can expect, but will be further developed over time. This document will be refreshed as events unfold and populated with more information as it becomes available.

Thank you to all of you for staying at home and going above and beyond to support each other in the community. Please continue to work with us as we transition out of lockdown. #GuernseyTogether



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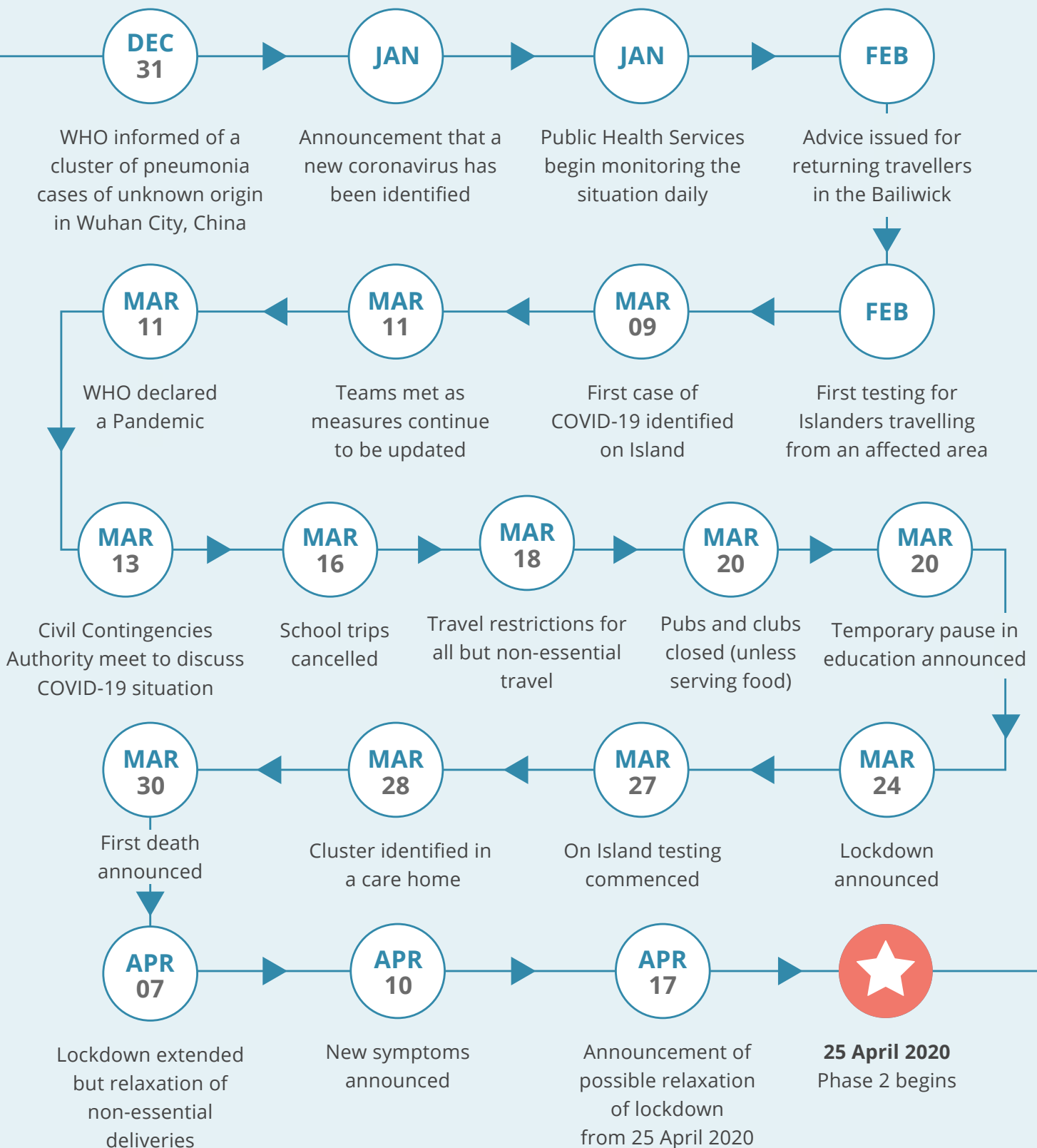
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COVID-19

How we got here

The global situation regarding COVID-19 has evolved rapidly.
Here is a recap on what has happened so far.





COVID-19

What lockdown meant

The Bailiwick went into lockdown on the 25 March 2020. The word 'lockdown' is not a single intervention but has different meanings for different countries. For the Bailiwick lockdown has meant:



Requiring people to **stay at home**, except for very limited purposes



Closing non-essential shops and community spaces



Stopping all gatherings of more than two people in public



It is important to understand that the Public Health strategy remains unchanged with regard to COVID-19. We need to continue to follow the guidance and stay at home as much as possible.

Taking the decision to lockdown was not one that was taken lightly. The decision was made in full knowledge of the impact this decision would have.



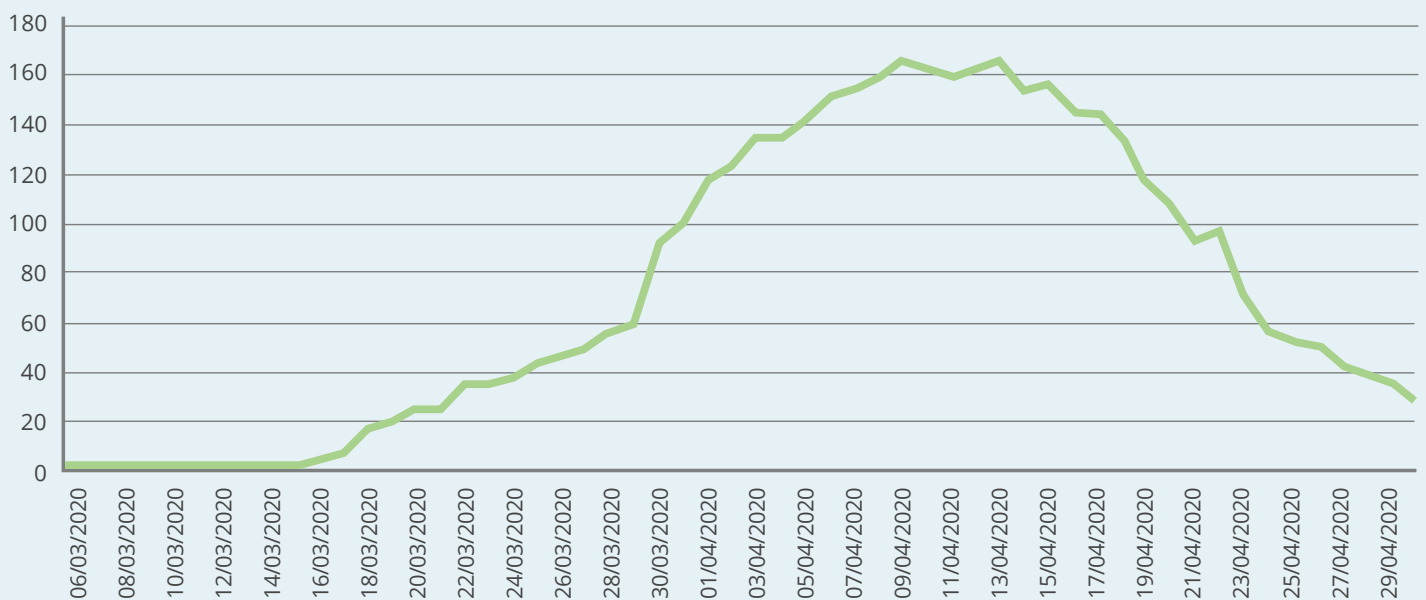
COVID-19

How well has lockdown worked?

Due to the fantastic community effort, the Bailiwick has successfully flattened the curve over the last 4 weeks and the number of active cases in the Bailiwick is now declining.

Whilst this is extremely positive news, it is possible that an easing of lockdown restrictions may result in an increase in positive cases. If so, on the advice of the Director of Public Health, a return to an earlier phase of lockdown may be required.

Active cases over time



Case grouping (%)



Data in graphs correct as of 1st May 2020. For updated information please go to gov.gg/coronavirus

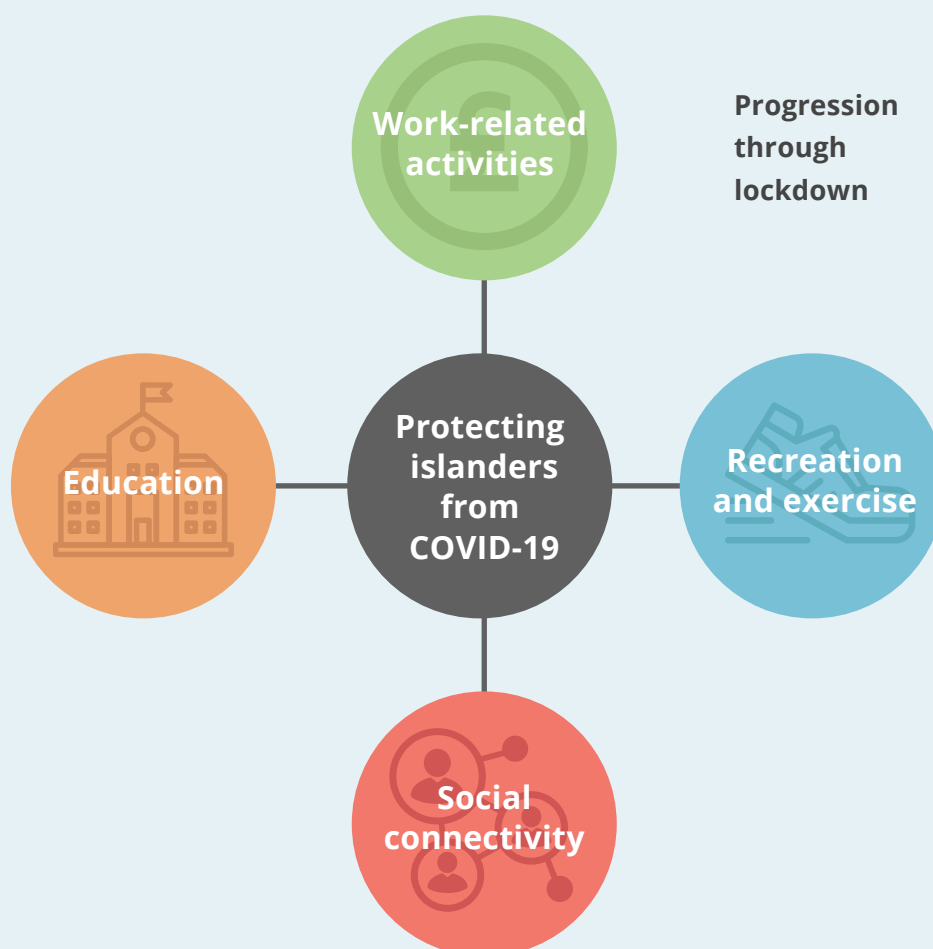


The current policy of testing, contact tracing and quarantine has enabled us to now make decisions to relax some elements of lockdown. Only 13% of cases identified are from an unknown community source.

Any changes that have been made to the current lockdown restrictions are based on an assessment of risk and the two routes of infection – direct (coughs and sneezes) and environmental (picking up the virus remaining on various surfaces). Nothing is risk free but the changes mitigate the risk as much as possible.

Consideration of relaxing some elements of lockdown.

There are four key components for lockdown release which put the need to protect Islanders from the threat of COVID-19 at the centre of our consideration.





COVID-19

Exiting lockdown safely

When considering a change to lockdown arrangements, the Director of Public Health has had to consider the following issues.

There is a need to balance the infectious risk of the virus that causes COVID-19 with the wider effects on the health and wellbeing of the community.

So, as the length of the lockdown increases, there may be unsustainable wider health and wellbeing, economic and social and political issues that need to be considered.

However, of paramount importance is to not lose the gains achieved by the implementation of lockdown.



It is important to understand that the Public Health strategy remains unchanged with regard to COVID-19. We need to continue to work together and stay at home as much as possible.

The changes being introduced support the '**Stay at Home**' strategy

This Phase enables a number of businesses to return to work subject to Public Health directions approved by the Committee *for* Health & Social Care.

In addition, Phase 2 expands the exercise and other recreational activity that is permitted for up to 2 hours per day.

We need you, the community, to work with us – Stay at Home – and work from home wherever possible.

Easing of measures

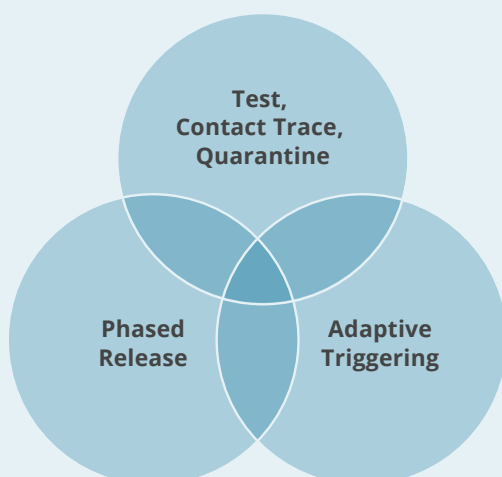
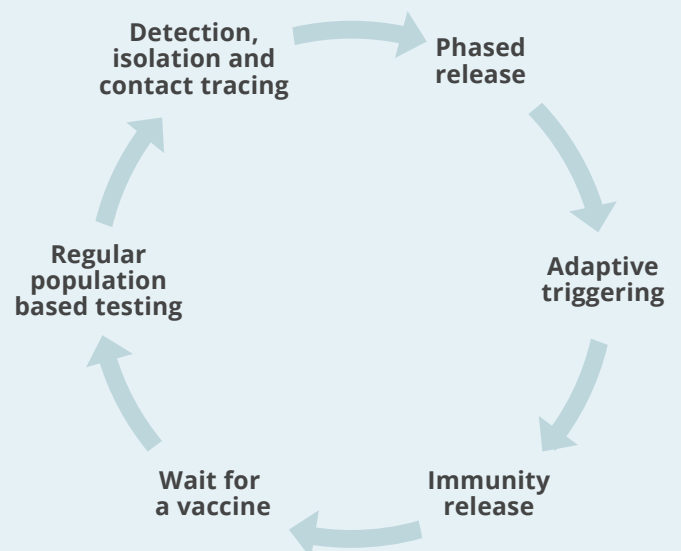
- How lone working can be supported
- How businesses who can maintain strict social distancing can be supported to open under strict and enforceable guidelines
- How this can be enforced for the good of the wider community
- The need to protect high risk groups
- How to engage with the community so this is a community initiative to promote a #GuernseyTogether approach

There are a number of options to transition out of the current lockdown arrangement.

Adaptive triggering is an agreed set of triggers that, in combination, could result in further easing of restrictions or back to full lockdown e.g. stable or reducing cases of COVID-19, compliance with social distancing and hygiene measures, hospital capacity.

Population based testing is weekly testing to identify and capture current and emerging infections.

Antibody tests can identify those who have had COVID-19 and are, therefore, potentially immune.



Bailiwick transition from Lockdown

On the recommendation of the Director of Public Health, the Bailiwick has chosen to use a phased release, along with test, contact trace and quarantine whilst monitoring an agreed set of adaptive triggers.

This may be augmented by broader population-based testing at a later stage.



COVID-19

Phased easing of measures

Full Lockdown

24 March to 7 April

Restriction on all social, cultural and group recreational activities except individual exercise with strict social distancing measures.

Phase 1

8 April to 24 April

As above - with restrictions on all but essential business activities, except retail home delivery.

Phase 2

commenced 25 April

Full Lockdown with some gardening, building and other trades now able to work under strict controls. Some limited recreational activity with social distancing measures.

Phase 3

Easing of lockdown with a progression towards a more normal level of activity within the Bailiwick.

Phase 4

Further progression towards a more normal level of activity within Guernsey. Further parts of the local economy, including retail and hospitality, hairdressers and beauticians, will be able to function although restrictions on work practices, gatherings and social distancing will remain in place.

Phase 5













A return to a normal level of activity within the Bailiwick (with restrictions remaining in place for travel outside of the Bailiwick) with the final elements of the local economy, including bars and nightclubs, able to function. Travel between Islands in the Bailiwick will be discussed and agreed on between Islands.

Phase 6

The Bailiwick's return to the Global community. Detailed consideration of what this might look like will be available in due course.

Phase 2

The timescales suggesting the minimum time that may be spent in each phase are indicative only and may be varied if new evidence becomes available or other factors are present at that time.

 Stay at home – except for limited circumstance	 Continue to work from home if possible	 Some gardening, building & trades now able to work under strict controls	 Over 65s should be aware of risks associated with activities
 Restricted movement of community	 All non-essential businesses closed or operating remotely	 Limited recreational activity with social distancing measures	 Limited outdoor activities allowed for max of 2 people (subject to social distancing)
 Boating and other waterborne activities permitted	 Flying light aircraft for maintenance and servicing allowed (with restrictions)	 Limited expansion of the household bubble	 Higher risk groups who are shielding should stay at home

Travel restrictions remain in place - anyone returning to the Bailiwick will need to self-isolate

← What may push us back?

- ✗ More than 10 cases of unexplained community transmission
- ✗ The identification of new clusters which pose a significant risk of onward transmission
- ✗ Community non-compliance with Public Health messages to reduce the risk of COVID-19
- ✗ On-island testing no longer available
Hospital transmissions increasing









What will move us to Phase 3 →

For a consecutive 4 week rolling period from 25 April 2020:

- ✓ Stable or reducing numbers of COVID-19 acquired through unexplained community transmission
- ✓ No new clusters of infections that pose a risk of onward transmission
- ✓ Hospital admissions for COVID-19 stable or decreasing

Phase 3

The timescales suggesting the minimum time that may be spent in each phase are indicative only and may be varied if new evidence becomes available or other factors are present at that time.

 <p>Some non-essential businesses will be able to resume</p>	 <p>Hotels, restaurants, bars will remain closed</p>	 <p>Takeaway food services may be able to open subject to controls.</p>	 <p>Recreation time will be increased</p>
 <p>Other outdoor sports and recreational activities with limited social contact may be permitted</p>	 <p>Places of worship may open for individuals to pray by themselves</p>	 <p>Other public venues (libraries/museums) may be permitted to re-open</p>	
 <p>Possible options for extending our social connectivity through a measured expansion of the household bubble initiative may be considered</p>			

← What may push us back?

- ✗ A sustained increase in cases of unexplained community transmission.
- ✗ The reappearance of new clusters of infection which pose a risk of onward transmission in the Bailiwick.
- ✗ Evidence of significant community non-compliance with Public Health requirements, including maintaining social distancing and hygiene measures.
- ✗ A sustained increase in new hospital admissions for COVID-19.
- ✗ If on-island testing to detect the virus that causes COVID-19 was no longer available.

What will move us to Phase 4 →

- In the previous consecutive 8 weeks. (weeks in Phase 2 with no community transmission may count toward this total. This means the minimum time in phase 3 is four weeks and the maximum is not set as it requires 8 consecutive weeks of no community transmission):
- ✓ No new cases of COVID-19 acquired through unexplained community transmission
 - ✓ No new clusters of infections that pose a risk of onward transmission
 - ✓ Hospital admissions for COVID-19 stable or decreasing

Phase 4

The timescales suggesting the minimum time that may be spent in each phase are indicative only and may be varied if new evidence becomes available or other factors are present at that time.



Other parts of the local economy (including retail and hospitality) will be able to return with controls



Public venues and places of recreation may be able to re-open subject to controls



Recreation time will increase



Non-contact sports/fitness training may be able to resume



Possible options for extending our social connectivity through a measured expansion of the household bubble initiative that will be developed during Phase 2 may be considered.

← What may push us back

- ✗ Reappearance of a case/s of unexplained community transmission.
- ✗ The reappearance of new clusters of infection that pose a risk of onward transmission.
- ✗ Evidence of significant community non-compliance with Public Health requirements.
- ✗ If on-island testing to detect the virus that causes COVID-19 was no longer available.

What will move us to phase 5 →

In the previous 8 weeks, with no weeks carried over from Phase 3:

- ✓ No new cases of COVID-19 acquired through unexplained community transmission
- ✓ No new clusters of infections that pose a risk of onward transmission
- ✓ Hospital admissions for COVID-19 stable or decreasing

Phase 5

The timescales suggesting the minimum time that may be spent in each phase are indicative only and may be varied if new evidence becomes available or other factors are present at that time.



This phase should see a return to a normal level of business activity



Wider availability of all recreational activities – including contact team sports



Children's playgrounds may open



Further expansion of business with bars and nightclubs able to function



Social connectivity - Islanders will now live in a Bailiwick bubble



Travel restrictions will remain in place – anyone returning to the Bailiwick will need to self-isolate for 14 days

← What may push us back?

- ✗ Reappearance of cases of unexplained community transmission.
- ✗ The reappearance of new clusters of infection.
- ✗ Evidence of significant community non-compliance with Public Health requirements.
- ✗ Hospital admissions for new cases of COVID-19.
- ✗ If on-island testing to detect the virus that causes COVID-19 was no longer available.
- ✗ Other indicators becoming apparent to Public Health Services indicating sub-optimal containment of the virus that causes COVID-19.

What will move us to Phase 6 →

- ✓ No cases of COVID-19 acquired through unexplained community transmission in the previous 4 weeks.
- ✓ No new clusters of infections.
- ✓ No new hospital admissions for COVID-19 in the last month.

Phase 6

Detailed consideration will be given to Phase 6 - the Bailiwick's return to global community - in due course, as part of the post-pandemic era.

This is likely to only occur when there is a vaccine available or the Public Health risk assessment indicates that COVID-19 no longer poses a significant threat to the health and wellbeing of islanders.





COVID-19

What does Phase 2 mean for me?

Some businesses will be allowed to return to work (on a full or partial operation basis). Phase 2 also expands the exercise and other recreational activity that is permitted for up to 2 hours a day.

Businesses

must meet social distancing and hygiene guidelines.

They are subject to oversight from Environmental Health - who have the power to stop businesses operating if they do not meet social and hygiene guidelines.

All businesses resuming or changing their operations on or after 25 April **must notify** Environmental Health using the prescribed form at gov.gg/coronavirus.

This is new guidance and a new list of businesses. This approach marks a phased and proportionate approach to restoring some types of business activity.



Gardening, building and other trades with no household contact

Business activities involving outside work, such as gardening and window cleaning where there is no contact with the public or householders and social distancing can be maintained, can resume.

Limited small-scale construction activity (for example on existing houses or buildings) will be permitted where outdoor trades can be carried out with no contact with the public or householders. Such work should normally be conducted with a maximum of two persons per site (who are observing socially distancing) but further employees may be on site provided that:



All persons working on a site are members of the same household; or



The site can be arranged in such a way as to ensure operators can work safely while maintaining social distancing of co-workers of at least 2m at all times with a maximum of five people on the entire site.

Adequate handwashing facilities and/or hand sanitiser must be available for all employees. Shared facilities such as kitchens, site offices and toilets are used by no more than one person at a time and must be regularly cleaned and disinfected in accordance with public health guidelines.

Those operating sites reliant on temporary toilet facilities should contact Environmental Health for further advice.

Internal work is not permitted on properties where there is a household in residence – the only exceptions are if the work is undertaken by members of that household OR if there is an emergency which requires the work to be undertaken.

Internal work on an unoccupied premises will be permitted where operators can work safely while maintaining social distancing of co-workers of at least 2m at all times with a maximum of five people on the entire site.

NOTE: The green waste facility will be open for the use of gardening and related outdoor businesses.



Building wholesale and supply

Those business that supply the building trade and domestic needs will be able to operate within the following social distancing restrictions:

- All persons working on a site are members of the same household; or
- The site can be divided in such a way as to ensure staff can work safely while maintaining social distancing of co-workers of at least 2m at all times with a maximum of five people on the entire site including staff and trade customers.

Adequate handwashing facilities and/or hand sanitiser must be available for all employees.

Shared facilities such as kitchens, site offices and toilets are used by no more than one person at a time and must be regularly cleaned and disinfected in accordance with public health guidelines.

Goods may be delivered by contactless delivery or contactless collection in accordance with published guidelines.

Access for customers to the site should be strictly limited to ensure contact is minimised by either:

- Allowing access by appointment only;
- Strictly limiting the number of customers on site at any one time to ensure social distancing can be maintained; or
- Ensuring payment is made by contactless means wherever possible.



Vehicle servicing (including cars, bikes and marine)

Vehicle servicing, maintenance and repairs may resume where it can be conducted by a single individual or where strict social distancing can be maintained. All vehicles should follow disinfection procedures on arrival at and before departure from servicing sites.

Marine businesses involved in the maintenance /repair of vessels may also work on vessels afloat in that vessel's ordinary place of mooring.

Adequate handwashing facilities and/or hand sanitiser must be available for all employees.

Shared facilities such as kitchens, site offices and toilets are used by no more than one person at a time and must be regularly cleaned and disinfected in accordance with public health requirements.

Where services are being offered on sites where multiple mechanics may operate, they must be able to comply with the same conditions as building trades regarding ensuring social distancing and maintaining distance and hygiene standards in shared facilities such as bathrooms and kitchens.

Such work should normally be conducted with a maximum of two persons per site (who are observing socially distancing) but further employees up to a maximum of five may be on site provided that:

- All persons working on a site are members of the same household; or
- The site can be divided into “work zones” in such a way as to ensure operators can work safely while maintaining social distancing of co-workers of at least 2m at all times with a maximum of five people on the entire site.

People should not share vehicles with people outside their household in order to deliver or collect vehicles.



Property sales and business transactions

Activities to enable listing, viewing, survey, and sale of property may be carried out under certain strict conditions limiting contact with householders, and only with the householder's agreement. They may be carried out on condition that any visits shall be conducted:

- By either no more than one person (or two members of the same household);
- That such visits should be conducted under strict hygiene requirements, including the ventilation of the property;
- The property has been fully vacant for seven days prior to any visits; or

○ If the property is inhabited that:

- No one living in the household is symptomatic or has had symptoms in the last 48 hours, under a compulsory isolation order or awaiting results of testing for COVID-19;
- No member of the household is considered medically vulnerable; and
- No member of the household is present in the house during any necessary visit.

Property and estate agents are encouraged to use video facilities in order to reduce the need for in-person visits where possible



I don't have a reason to self-isolate - what types of exercise and recreational activity are permitted?

There are many different types of activity that you can take part in and you are encouraged to do so. Please see the detailed guidance at <https://covid19.gov.gg/guidance/recreation>

You may take part in the following activities with one other person from outside of your household provided that social distancing can be maintained. This means that you must stay at least 2 metres apart at all times.

Taking part in these activities is at your own risk. Take care not to put yourself or others in danger, or to do anything that would place added pressure on our emergency services.

- You may walk, run, horse ride or cycle on your own or with other members of your household.
- Open sea swimming or other open sea activities, such as surfing or kayaking, are permitted.

- Recreational fishing by boat and from the shore or in freshwater is also permitted.
- Outdoor activities such as golf (excluding the driving range) or singles tennis, with a maximum of 2 individuals only, regardless of whether they are from the same household.
- Outdoor only sports coaching/personal training on a 1:1 basis is also permitted, where social distancing measures can be maintained.
- You may also go boating on a private boat. Separate detailed guidance for boating is available from [https://covid19.gov-
.gg/guidance/recreation](https://covid19.gov.gg/guidance/recreation).
- General aviation – aircraft owners and pilots are permitted to operate their aircraft in local air space for maintenance flights and engine health flights.

Detailed guidance setting out the controls around this activity is separately available from [https://covid19.gov-
gg/guidance/recreation](https://covid19.gov.gg/guidance/recreation).



What types of exercise and activity are not permitted?

To limit social contact, other forms of exercise or recreational activities are not allowed at this time:

- Group activities, such as football, rugby and hockey.
- All other sporting groups, dancing or hobby clubs where people come together.
- Diving.
- Road cycling in groups of 3 or more individuals.



Non-essential working on office premises

Revised guidance for non-essential working on office premises from 25 April 2020.

All non-essential office staff should continue to work remotely where at all possible.

Employers should aim to have as many staff working from home as possible in order to minimise physical contact between staff and to minimise journeys to and from work.

For those working from home, the following information may be of use: gov.gg/homeworking.

However, a limited staff presence (up to a maximum of five people) will be allowed in commercial office premises but only where:

- It is necessary for the functioning of the business for those staff to be present in the office premises;
- It supports the remote working of a significant number of fellow employees; and
- It is possible to achieve social distancing.

The office premises must ensure that staff can work safely while maintaining social distancing of co-workers of at least 2m at all times with a maximum of up to five people in the entire office premises.

Adequate handwashing facilities and/or hand sanitiser must be available for all employees.

Shared facilities such as kitchens, site offices and toilets should be used by no more than one person at a time and must be regularly cleaned and disinfected in accordance with public health requirements.



Essential Retailers

This advice has not changed.

If your retail sector is not on the list it is not considered essential
covid19.gov.gg/guidance/business.



Home delivery of goods

This advice has not changed.

(Please note food takeaway deliveries are still not permitted)
covid19.gov.gg/guidance/business.



Essential Workers

Types of work classed as essential has not changed
covid19.gov.gg/guidance/business.