

Exit from Lockdown

Bailiwick of Guernsey Framework



This framework is a transitional plan for the gradual easing of restrictions in the Bailiwick of Guernsey, which are in place in response to COVID-19.

This framework is for the Bailiwick of Guernsey. For Alderney and Sark tailored measures specific to those jurisdictions may be added.

Central to this framework is the need to protect the health of the Bailiwick from the virus that causes COVID-19. In addition, detailed consideration has been given to the economic position of the Islands. The framework reflects the need to balance the risks posed by COVID-19 with the broader health and wellbeing of islanders.

The full framework document can be found at <https://covid19.gov.gg/guidance/exit>

It is important to note that the framework doesn't discuss education in any detail, nor the wider delivery of public services. Both of these issues are being mapped out in detail and will be added as soon as possible.

There is no right or wrong way to exit from lockdown. No one has had to do this before, and there is no roadmap to follow and we don't have a definitive timescale. Whatever decisions we make are based on public health evidence and the following core objectives that support our response to this pandemic:

- 1 Protect and preserve life
- 2 Mitigate and minimise the impact of Covid-19 on the community
- 3 Minimise the economic, social and environmental impacts
- 4 Promote the restoration to normality as soon as possible

We will learn from new public health evidence to make decisions along the way and will keep you informed on this journey. Some of the later phases of the suggested transition have less detail about what we can expect, but will be further developed over time. This document will be refreshed as events unfold and populated with more information as it becomes available.

Thank you to all of you for staying at home and going above and beyond to support each other in the community. Please continue to work with us as we transition out of lockdown. #GuernseyTogether



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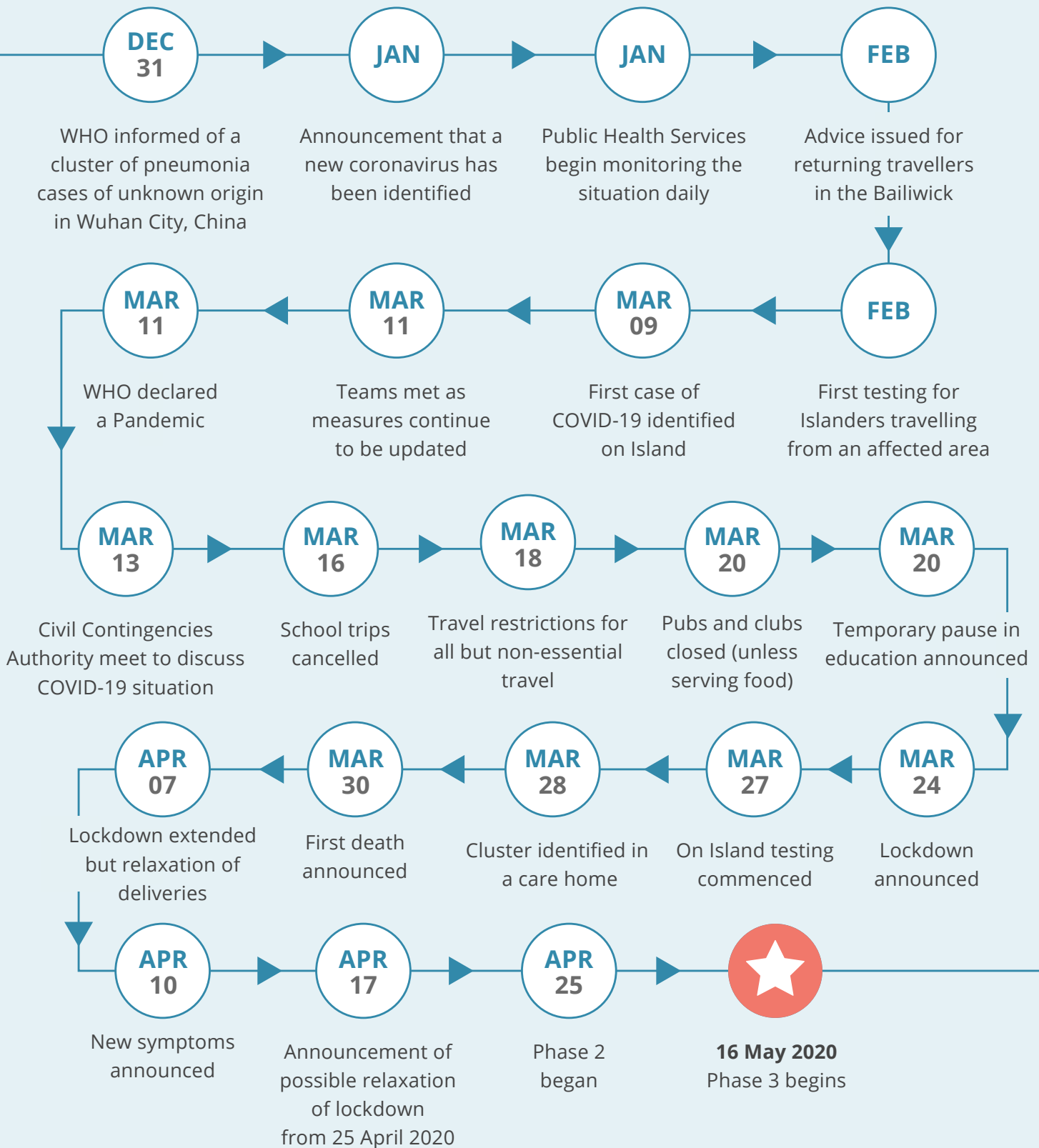
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COVID-19

How we got here

The global situation regarding COVID-19 has evolved rapidly.
Here is a recap on what has happened so far.





COVID-19

What lockdown meant

The Bailiwick went into lockdown on the 25 March 2020. The word 'lockdown' is not a single intervention but has different meanings for different countries. For the Bailiwick lockdown has meant:



Requiring people to **stay at home**, except for very limited purposes



Closing non-essential shops and community spaces



Stopping all gatherings of more than two people in public



It is important to understand that the Public Health strategy remains unchanged with regard to COVID-19. We need to continue to follow the guidance and stay at home as much as possible.

Taking the decision to lockdown was not one that was taken lightly. The decision was made in full knowledge of the impact this decision would have.



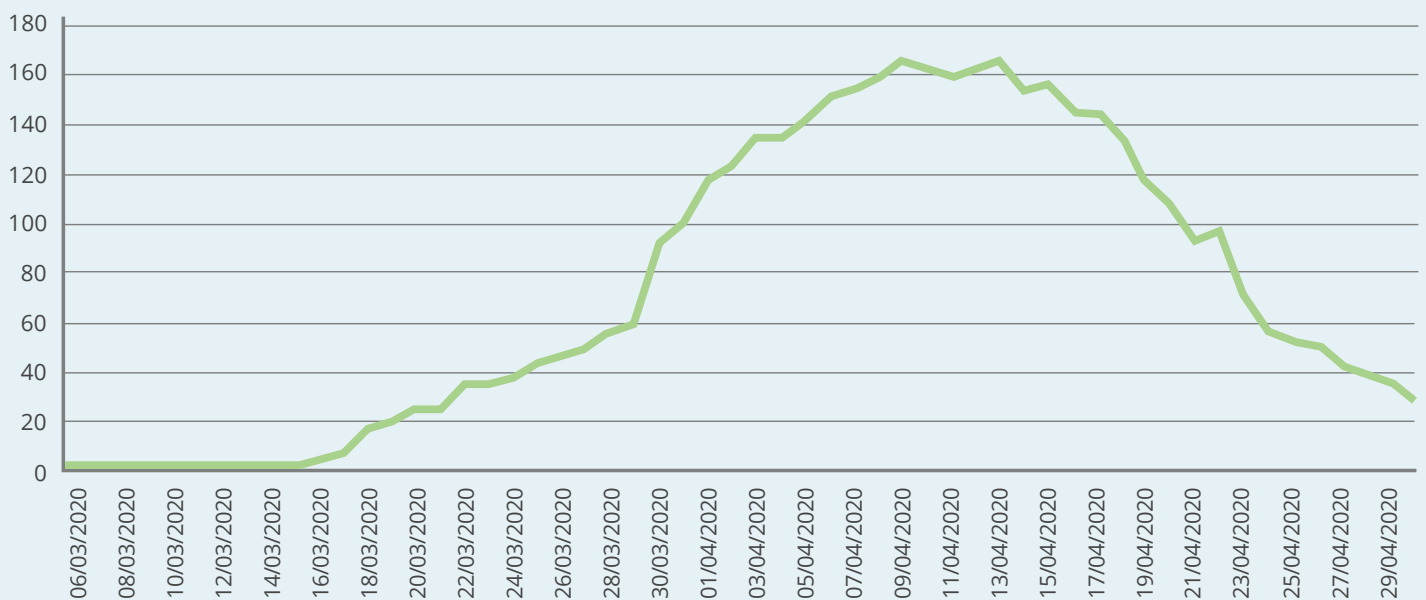
COVID-19

How well has lockdown worked?

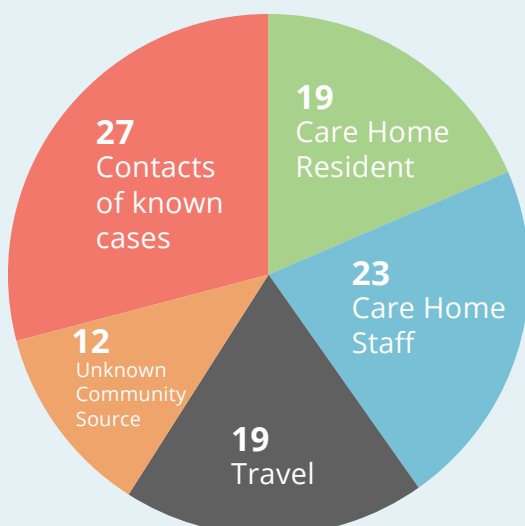
Due to the fantastic community effort, the Bailiwick has successfully flattened the curve over the last 4 weeks and the number of active cases in the Bailiwick is now declining.

Whilst this is extremely positive news, it is possible that an easing of lockdown restrictions may result in an increase in positive cases. If so, on the advice of the Director of Public Health, a return to an earlier phase of lockdown may be required.

Active cases over time



Case grouping (%)



Data in graphs correct as of 1st May 2020. For updated information please go to gov.gg/coronavirus

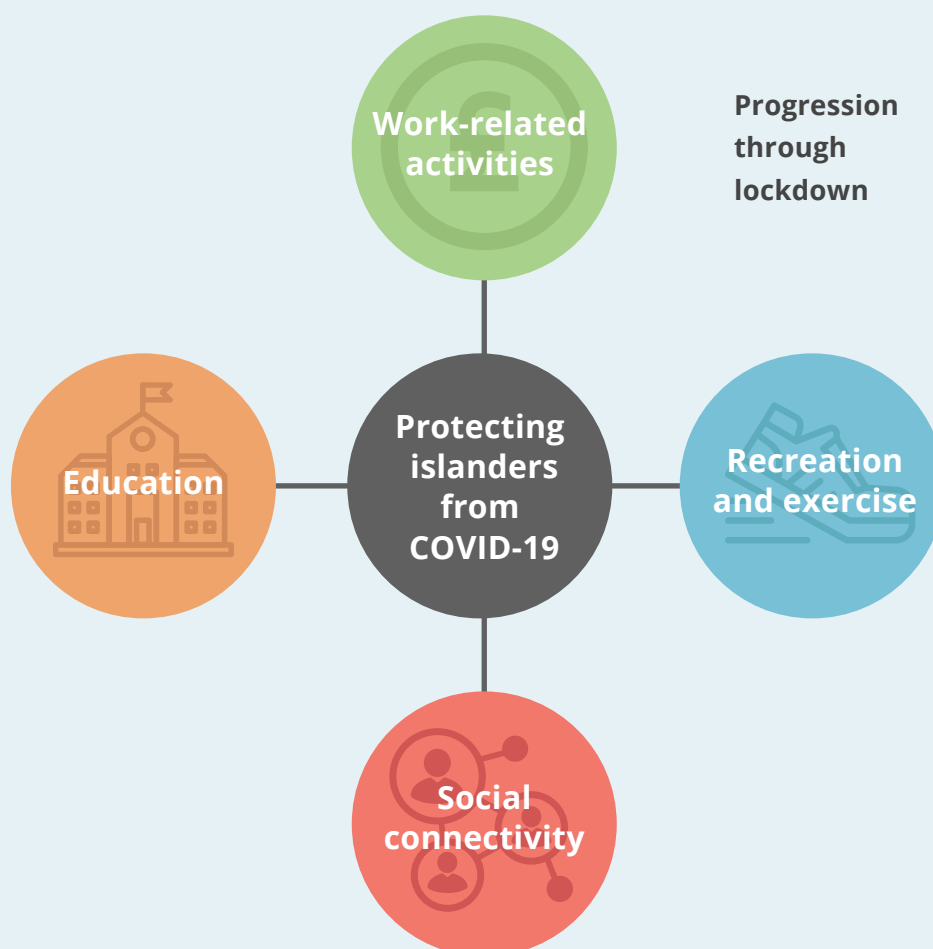


The current policy of testing, contact tracing and quarantine has enabled us to now make decisions to relax some elements of lockdown. Only 13% of cases identified are from an unknown community source.

Any changes that have been made to the current lockdown restrictions are based on an assessment of risk and the two routes of infection – direct (coughs and sneezes) and environmental (picking up the virus remaining on various surfaces). Nothing is risk free but the changes mitigate the risk as much as possible.

Consideration of relaxing some elements of lockdown.

There are four key components for lockdown release which put the need to protect Islanders from the threat of COVID-19 at the centre of our consideration.





COVID-19

Exiting lockdown safely

When considering a change to lockdown arrangements, the Director of Public Health has had to consider the following issues.

There is a need to balance the infectious risk of the virus that causes COVID-19 with the wider effects on the health and wellbeing of the community.

So, as the length of the lockdown increases, there may be unsustainable wider health and wellbeing, economic and social and political issues that need to be considered.

However, of paramount importance is to not lose the gains achieved by the implementation of lockdown.



It is important to understand that the Public Health strategy remains unchanged with regard to COVID-19. We need to continue to work together and stay at home as much as possible.

The changes being introduced support the '**Stay at Home**' strategy

We need you, the community, to work with us – Stay at Home – and work from home wherever possible.

Easing of measures

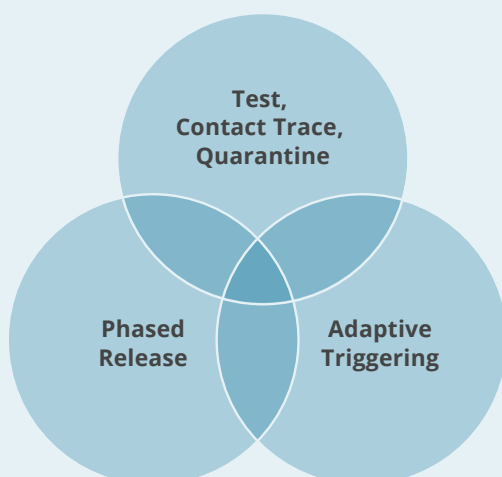
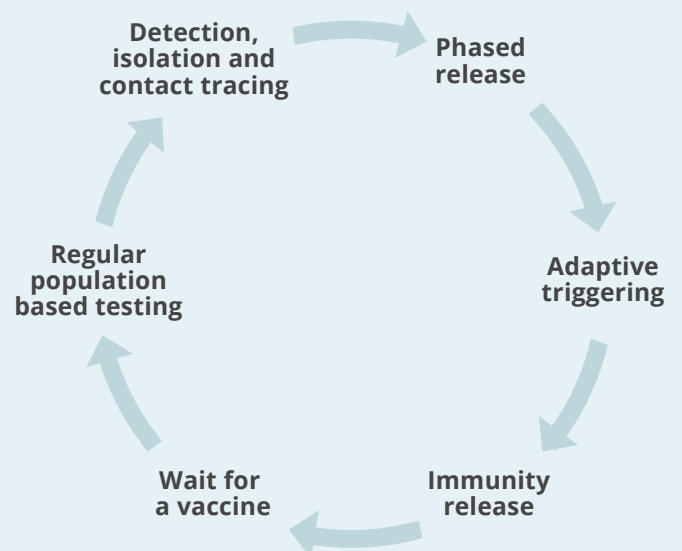
- How lone working can be supported
- How businesses who can maintain strict social distancing can be supported to open under strict and enforceable guidelines
- How this can be enforced for the good of the wider community
- The need to protect high risk groups
- How to engage with the community so this is a community initiative to promote a #GuernseyTogether approach

There are a number of options to transition out of the current lockdown arrangement.

Adaptive triggering is an agreed set of triggers that, in combination, could result in further easing of restrictions or back to full lockdown e.g. stable or reducing cases of COVID-19, compliance with social distancing and hygiene measures, hospital capacity.

Population based testing is weekly testing to identify and capture current and emerging infections.

Antibody tests can identify those who have had COVID-19 and are, therefore, potentially immune.



Bailiwick transition from Lockdown

On the recommendation of the Director of Public Health, the Bailiwick has chosen to use a phased release, along with test, contact trace and quarantine whilst monitoring an agreed set of adaptive triggers.

This may be augmented by broader population-based testing at a later stage.



COVID-19

Phased easing of measures

Full Lockdown

24 March to 7 April

Restriction on all social, cultural and group recreational activities except individual exercise with strict social distancing measures.

Phase 1

8 April to 24 April

As above - with restrictions on all but essential business activities, except retail home delivery.

Phase 2

25 April - 15 May

Full Lockdown with some gardening, building and other trades now able to work under strict controls. Some limited recreational activity with social distancing measures.

Phase 3

commenced 16 May

This phase represents a progression towards greater social and economic activity within the Bailiwick with appropriate restrictions still in place to manage the ongoing risk.

Phase 4

Further progression towards a more normal level of activity within Guernsey. Further parts of the local economy, including retail and hospitality, hairdressers and beauticians, will be able to function although restrictions on work practices, gatherings and social distancing will remain in place.













Phase 5

A return to a normal level of activity within the Bailiwick (with restrictions remaining in place for travel outside of the Bailiwick) with the final elements of the local economy, including bars and nightclubs, able to function. Travel between Islands in the Bailiwick will be discussed and agreed on between Islands.

Phase 6

The Bailiwick's return to the Global community. Detailed consideration of what this might look like will be available in due course.

The timescales suggesting the minimum time that may be spent in each phase are indicative only and may be varied if new evidence becomes available or other factors are present at that time.

 <p>Stay at home – except for limited circumstance</p>	 <p>Continue to work from home if possible</p>	 <p>Some gardening, building & trades now able to work under strict controls</p>	 <p>Over 65s should be aware of risks associated with activities</p>
 <p>Restricted movement of community</p>	 <p>All non-essential businesses closed or operating remotely</p>	 <p>Limited recreational activity with social distancing measures</p>	 <p>Limited outdoor activities allowed for max of 2 people (subject to social distancing)</p>
 <p>Boating and other waterborne activities permitted</p>	 <p>Flying light aircraft for maintenance and servicing allowed (with restrictions)</p>	 <p>Limited expansion of the household bubble</p>	 <p>Higher risk groups who are shielding should stay at home</p>

Travel restrictions remain in place - anyone returning to the Bailiwick will need to self-isolate

← What may push us back?

- ✗ More than 10 cases of unexplained community transmission
- ✗ The identification of new clusters which pose a significant risk of onward transmission
- ✗ Community non-compliance with Public Health messages to reduce the risk of COVID-19
- ✗ On-island testing no longer available
Hospital transmissions increasing

What will move us to Phase 3 →

For a consecutive 4 week rolling period from 25 April 2020:

- ✓ Stable or reducing numbers of COVID-19 acquired through unexplained community transmission
- ✓ No new clusters of infections that pose a risk of onward transmission
- ✓ Hospital admissions for COVID-19 stable or decreasing

Consideration may be given to further easing in Phase 3 subject to favourable Public Health indicators and good community compliance. The timescales suggesting the minimum time that may be spent in each phase are indicative only and may be varied if new evidence becomes available or other factors are present at that time.



More non-essential businesses will be able to resume inc some non-essential retail on a pilot basis



Hotels, restaurants, bars will remain closed (except takeaways)



Takeaway food services may be able to open for delivery and collection subject to controls.



Recreation time will remain at 4 hours



Families can go to the beach for a swim or for other forms of exercise



Places of worship will open for individuals to pray by themselves



Other public venues (libraries/museums) will remain closed



Household bubbles can now double up again so the bubble now contains 4 households. All households must agree.



Gatherings of up to 10 people are allowed for weddings ceremonies and funerals services only

Travel restrictions remain in place - anyone returning to the Bailiwick will need to self-isolate

← What may push us back?

- ✗ A sustained increase in cases of unexplained community transmission.
- ✗ The reappearance of new clusters of infection which pose a risk of onward transmission in the Bailiwick.
- ✗ Evidence of significant community non-compliance with Public Health requirements, including maintaining social distancing and hygiene measures.
- ✗ A sustained increase in new hospital admissions for COVID-19.
- ✗ If on-island testing to detect the virus that causes COVID-19 was no longer available.

What will move us to Phase 4 →

- ✓ No new cases of COVID-19 acquired through unexplained community transmission
- ✓ No new clusters of infections that pose a risk of onward transmission
- ✓ Hospital admissions for COVID-19 stable or decreasing
- ✓ Good community compliance
- ✓ The continued availability of local testing for COVID-19

Phase 4

The timescales suggesting the minimum time that may be spent in each phase are indicative only and may be varied if new evidence becomes available or other factors are present at that time.



Other parts of the local economy (including retail and hospitality) will be able to return with controls



Public venues and places of recreation may be able to re-open subject to controls



Recreation time will increase



Non-contact sports/fitness training may be able to resume



Possible options for extending our social connectivity through a measured expansion of the household bubble initiative that will be developed during Phase 2 may be considered.

← What may push us back

- ✗ Reappearance of a case/s of unexplained community transmission.
- ✗ The reappearance of new clusters of infection that pose a risk of onward transmission.
- ✗ Evidence of significant community non-compliance with Public Health requirements.
- ✗ If on-island testing to detect the virus that causes COVID-19 was no longer available.

What will move us to phase 5 →

In the previous 8 weeks, with no weeks carried over from Phase 3:

- ✓ No new cases of COVID-19 acquired through unexplained community transmission
- ✓ No new clusters of infections that pose a risk of onward transmission
- ✓ Hospital admissions for COVID-19 stable or decreasing
- ✓ The continued availability of local testing for COVID-19

Phase 5

The timescales suggesting the minimum time that may be spent in each phase are indicative only and may be varied if new evidence becomes available or other factors are present at that time.



This phase should see a return to a normal level of business activity



Wider availability of all recreational activities – including contact team sports



Children's playgrounds may open



Further expansion of business with bars and nightclubs able to function



Social connectivity - Islanders will now live in a Bailiwick bubble



Travel restrictions will remain in place – anyone returning to the Bailiwick will need to self-isolate for 14 days

← What may push us back?

- ✗ Reappearance of cases of unexplained community transmission.
- ✗ The reappearance of new clusters of infection.
- ✗ Evidence of significant community non-compliance with Public Health requirements.
- ✗ Hospital admissions for new cases of COVID-19.
- ✗ If on-island testing to detect the virus that causes COVID-19 was no longer available.
- ✗ Other indicators becoming apparent to Public Health Services indicating sub-optimal containment of the virus that causes COVID-19.

What will move us to Phase 6 →

- ✓ No cases of COVID-19 acquired through unexplained community transmission in the previous 4 weeks.
- ✓ No new clusters of infections.
- ✓ No new hospital admissions for COVID-19 in the last month.
- ✓ The continued availability of local testing for the virus that causes COVID-19.

Phase 6

Detailed consideration will be given to Phase 6 - the Bailiwick's return to global community - in due course, as part of the post-pandemic era.

This is likely to only occur when there is a vaccine available or the Public Health risk assessment indicates that COVID-19 no longer poses a significant threat to the health and wellbeing of islanders.





COVID-19

What does Phase 3 mean for me?

This phase represents a progression towards greater social and economic activity within the Bailiwick with appropriate restrictions still in place to manage the ongoing risk. Restrictions on work practices, group gatherings (with limited exceptions), hand hygiene requirements and social distancing will remain in place.

More non-essential businesses will be able to resume. This includes some limited non-essential retail activity for a limited range of goods. This includes bicycle shops, retail outlets selling clothes and shoes for children, sporting goods and garden retailers. Hotels, restaurants and bars will generally remain closed, but may open their kitchens for a takeaway service. Other takeaway food services will be able to open for a collection and delivery service, subject to controls.

General principles

To open in phase 3 the retailer / operator / employer / individual will need to ensure that:

- Any business recommencing activities in phase 3 must notify Environmental Health but those already operating under the phase 2 guidance are not required to (re)notify. They must, however, continue to comply with the revised guidelines.
- They are aware that their premises may be inspected by the Office of Environmental Health and Pollution Regulation if there are concerns about compliance with Phase 3 guidance.
- They have appropriate hand washing facilities and access to hand sanitizers.
- There are strict hygienic precautions and appropriate cleaning protocols in place for toilet facilities.
- Toilet facilities are operated on a '1 person in, 1 person out' basis.
- A strong message of "Stay at home if you are not well even if only with mild symptoms" or for individuals who are shielding or particularly vulnerable is strongly endorsed by the business / establishment.

- 2 metre social distancing must be maintained at all times
- The following is adhered to in relation to communal staff rooms / kitchens:
 - No food should be prepared in the staff room. Beverages can be prepared subject to strict hygienic precautions.
 - Staff should only use their own utensils and wash these themselves or place in a dishwasher.
 - Staff using the communal staff room should adhere strictly to social distancing of 2 metres. The room should be well-ventilated.
 - Time spent in the staff room must be limited to a maximum of 15 minutes.

- Employers must ensure employees work and remain in defined work groups.
- Staff must drink their beverage or eat their food at their workstation, if possible.

- Workplaces must have evidence of rigorous daily cleaning programmes, including the cleaning of workstations and equipment.
- Records are maintained of which employees are working each day and the details of any off-site visits.

Employers are responsible for ensuring that guidance is adhered to.

More Detailed Sector-Based Advice



Non-essential working on office premises

Homeworking should still be encouraged as the preferred method of working.

Office based businesses must continue the majority of activity from home. Formal restrictions on the numbers of people permitted in offices are removed, subject to being able to maintain strict social distancing of 2 metres.

Social distancing must be maintained in staff rooms or other shared common areas. Care should be taken not to share utensils, etc. Where appropriate, members of the public may attend office buildings for appointments, subject to prior bookings being made and social distancing being maintained.



Building and other trades

Building and other trades are permitted to increase their activity for outdoor work with phase 2 hygiene requirements remaining in place. This means that there are no longer restrictions on the number of people working on each site, but 2 metre social distancing and hygiene measures must be maintained.

The following is also permitted:

- Indoor building and allied work within houses is permitted under strict hygienic precautions. However, this will be limited to two people unless Health and Safety guidance indicates more than two people are required, for example to lift a heavy object. All indoor work must be carried out away from the occupiers of the household.



If the house or premises is unoccupied more workers can be on site, as long as social distancing of 2 metres is maintained unless closer contact is required on an ad-hoc basis for Health and Safety reasons, for example lifting a heavy object.

Activity within occupied households by a limited number of tradesmen is permitted under strict hygiene requirements, unless:



Either those attending the household or anyone resident in it has or has had any symptoms consistent with of COVID-19 within the last 48 hours;



Anyone in the household is under a compulsory isolation order;



Anyone in the household is considered medically vulnerable.

This now includes trades such as carpet fitters, curtain fitters, alarm companies, audio / visual companies.



Building wholesale and supply

Building wholesalers are permitted to increase their activity with continued social distancing measures and phase 2 cleaning and hygiene requirements in place. This means that there are no longer restrictions on the number of people working on each site, but social distancing and hygiene measures must be maintained.

Premises may be open to the public with restrictions on the numbers of people permitted as currently applied in food retail. 2 metre social distancing to be maintained at all times.



Other non-essential retail premises

Certain other premises and non-essential retail (including garden centres) will be able to open to the public with restrictions on the numbers of people permitted as currently applied in food retail and subject to maintaining social distancing measures.

The initial opening reflects concerns from the community about the availability of clothes and shoes for growing children and to enable individuals to get to work by means other than car or public transport.

In the first instance a pilot would be run for a period of up to two weeks to include:

- Bicycle shops
- Sports shops
- The retail sale of clothes and shoes for children

Other goods cannot be purchased even if sold from the same retail outlet or in a shared retail space.

Changing rooms must remain closed.

The above will be operated on a pilot basis and will be extended if the Public Health indicators are favourable and there is evidence of good community compliance.

Restrictions on the numbers of people permitted, and strict hygienic precautions, aligned to those in place in supermarkets will apply to all retail outlets.

Play areas, cafes and restaurants within retail outlets cannot open in Phase 3.



Takeaway Food Services

Takeaway food services are able to operate from the start of Phase 3 between the hours of 9am and 10pm daily, subject to appropriate public health measures.

This is dependent on:

- If the takeaway food outlet can adhere to a strict 2 metre social distancing in the kitchen that may be subject to inspection by the Office of Environmental Health and Pollution Regulation.
- The ability of the business to demonstrate that they are able to adhere to strict hygienic precautions.
- The availability of contactless payment as the preferred method of payment.
- The availability of a home delivery service with strict adherence to strict hygienic precautions aligned with the current home delivery guidance.
- Takeaway collections subject to social distancing and strict hygiene precautions. A pre-ordering system needs to be in place.

Restaurants and hotels may open their kitchens to provide a takeaway service only from the start of this Phase.



Vehicle servicing and sales (including cars, bikes and marine)

Businesses may be permitted to increase their activity as restrictions on the maximum number of people working on each site are lifted, but with continued phase 2 cleaning

and hygiene requirements in place. 2 metre social distancing must be maintained, unless closer contact is required on an ad-hoc basis for Health and Safety reasons, for example, lifting a heavy object.

Protocols need to be in place to clean a car after it has been taken for a test drive.



Manufacturing and warehouses

Businesses may be permitted to enhance their activities as restrictions on the maximum number of people working on each site are lifted,, but with continued

phase 2 cleaning and hygiene requirements in place. 2 metre social distancing must be maintained, unless closer contact is required on an ad-hoc basis for Health and Safety reasons, for example, lifting a heavy object.



Childminders - children of essential workers

There are Guernsey Minimum Standards for Childminders on gov.gg/SEYT and these must be adhered to.

The following will apply for Phase 3 of easing from lockdown:

- A childminder/nanny going into an essential worker's home to care for their children **can work** as long as early years standards and outcomes are maintained as usual.
- For the children of essential workers being cared for at the childminders home:

- A childminder/nanny with one household's children only **can work** in their own home. (This could be one household in addition to their own children as long as strict hygiene can be maintained).
- A childminder/nanny who works in their own home, with several children from more than one household (including their own) **cannot work** as this mixes several households (unless the households are 'bubbled' together).
- All childminders/nannies must have access to appropriate hand washing facilities and hand sanitizers.

- All childminders/nannies must have evidence of rigorous daily cleaning programmes. This includes any toys or equipment that is being used.
- All childminders/nannies must provide strong messaging of "Stay at home if you are not well even if only with mild symptoms."

- Usual lockdown rules re time outside etc., apply.
- Parents need to accept there is a risk, albeit low, that infection with SARS-CoV-2 could occur with these lockdown easing measures



Recreational time

4 hours of recreational time remains in place.

Families can go to the beach for a swim with their immediate household or for other forms of exercise, and must maintain 2 metre social distancing from others at all times. Extended household bubbles cannot yet go out together. (This may change during phase 3, subject to favourable public health indicators and good community compliance.)

The household bubble consisting of two households can now double up again so the bubble now contains four households. This arrangement needs to be reciprocal i.e. all households agree to the arrangement. A single household can also bubble with another double bubble; the important thing here is that no more than 4 households can bubble together on a reciprocal basis.



Public venues

Libraries and museums and 'visitor attractions' cannot yet reopen.

Places of worship may open for individuals to pray by themselves, subject to maintaining social distancing. Congregation services are not allowed.

Public toilets can re-open subject to strict cleaning protocols.



Public gatherings

Gatherings permitted in this phase are wedding ceremonies (not receptions) and funerals (not wakes) for a maximum of 10 people only, in addition to officials or celebrants.

The following needs to be in place for any public venue that re-opens:

- The ability to keep a 2 metre distance from people who are not in your extended bubble.

- There are appropriate hand washing facilities and access to hand sanitizers.
 - Access to toilets that have appropriate cleaning processes in place.
 - Regular cleaning of the areas used.
 - A list of those who attended the event to ensure that contact tracing can take place if necessary.
 - People who are unwell with COVID-19 symptoms, or are in self-isolation, must not attend these gatherings.
-

Possible further changes later in Phase 3

After up to two weeks in Phase 3 and subject to evidence of continued compliance, the following may be considered:

Outdoor dining, subject to strict controls. These include:

- Table service only. Social distancing of 2 metres between tables.
- Food only (alcohol can be served with food, but not without food).
- Reservations only.
- People can only eat out at the same table with their household or household bubble.
- Facilities can open between 9am and 10pm only.
- The availability of contactless payment as the preferred method of payment.

- The facility needs to be able to demonstrate strict hygienic precautions for both staff and customers.

Beach kiosks and other food/beverage kiosks may be open but need to adhere to:

- Strict hygienic precautions for both staff and customers.
- Social distancing of 2 metres for both customers and employees / operators.
- Strict social distancing arrangements need to be adhered to for both staff and customers. This should be 2 metres.
- Contactless payment as the preferred payment method.

Household bubbles will be able to go outside together rather than only meeting within the household.