

The Guernsey Young People's Survey 2022

**A report for
Guernsey Primary**

The Schools Health Education Unit
www.sheu.org.uk



Survey Report 2022

Produced by the
Schools Health Education Unit

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The support service we offer benefits from the continuous use and development of our materials, and feedback from users. Therefore, if you wish to make any contribution based on your own use of the survey service, we would be delighted to hear from you.

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Foreword

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

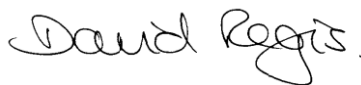
SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.



Angela Balding

Survey Manager
Schools Health Education Unit



Dr. David Regis

Research Manager
Schools Health Education Unit

Introduction

The Health-Related Behaviour Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. The surveys have been developed over 30 years by health and education professionals, and over a million school children have taken part. In the last ten years, over four thousand schools and colleges have participated. Data arising from the survey can be used to inform planning decisions as well as being used in the classroom as the stimulus for discussion with young people.

This report should ideally be studied with reference to the original questionnaire. This is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

In addition to this report you also have access to your online results, which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The online results show the number of responses received for each question, which may be less than the total sample. Also in the online results we show the detail of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

A school's results are confidential and will not be shared with other organisations without the express permission of the school.

Additional services (graphs and discs) are available; please contact SHEU. In particular, we have designed a set of INSET workshops around different examples of using the questionnaire data. If you would like further details of these or have any comments on this report please contact us at the address on the front of the report.

If you would like further details about Government policy background, we have created an overview which can be downloaded from our website at: <http://sheu.org.uk/content/page/appendix>.

Comparison figures

In this report the data gathered from this survey have been compared with a larger sample from your area. For example, if your school is in Exeter then the wider data might be Devon. This enables you to compare your results with others in the area and also go to the SHEU annual reports (summaries available at www.sheu.org.uk/publications) to find out about the UK statistics and trends.

If the figures in your survey have been compared with results from a reference sample, the reference figures are normally given second, and often in parentheses.

15% (20%) of the sample...

Your survey (Reference sample)

	Your Survey		Reference Sample	
	Year 8	Year 10	Year 8	Year 10
Boys	10	20	30	40
Girls	80	70	60	50

Favourite fruits			
1	Apples	70	(60)
2	Oranges	60	(50)
3	Bananas	50	(40)

Your survey (Reference sample)

The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

Guernsey	
	Yr 6
Boys	286
Girls	286

Please note that 20 pupil(s) didn't specify whether they are a boy or a girl. These pupils will not be included in any tables or charts which are split by sex, however they will be included in any total figures.

Please note that when a sample size is small it is less likely that a difference will be statistically significant, even if there is an apparently large difference in percentages. This is because each pupil in the sample represents several percentage points (for example, in a sample of 20 pupils, each pupil represents 5%) and therefore a big difference in percentages may only represent a small number of pupils. Contrast this to when there is a larger sample of, for example, 200 pupils and each pupil represents just 0.5%. In this case a relatively small change in percentages will represent a much larger number of pupils, and increases the chance of any differences being statistically significant. This does not mean that a difference is not important to your school, merely that there is not enough data available to accurately calculate statistical significance.

In the report, you may see '-' in the tables or text (e.g. '-%').

This means we have suppressed the result because the number of valid responses for an item has dropped below 7 pupils. This may happen part-way through the report, if children start but don't complete the questionnaire for some reason.

Guernsey	
	Yr 6
Boys	286
Girls	286

Included and Respected

ETHNICITY

- 71% of pupils responded that they are from Guernsey/Alderney, while 10% said they are English/Scottish/Welsh/Irish.

FAMILY

- 66% of pupils responded that they live with their Mum and Dad together.
- 14% of pupils responded that they live 'mainly or only' with their Mum, while 1% said they live 'mainly or only' with their Dad.

RELIGION

- 17% of pupils said they or their family have a religion, faith or belief which is important to them, while 27% said they 'don't know' if they do and 3% didn't want to say.

SPECIAL NEEDS

- 24% of pupils responded that they have a special need, medical condition, disability or additional need, while 19% said they 'don't know' if they have.

Health and Activity

TRAVEL TO SCHOOL

- 32% of pupils responded that they usually walk to school.
- 23% of pupils responded that they usually get to school by bicycle/scooter.
- 54% of pupils responded that they usually get to school by car/van.
- 20% of pupils responded that, if they could choose, they would like to walk to school.
- 45% of pupils responded that, if they could choose, they would like to travel to school by bicycle/scooter.
- 18% of pupils responded that, if they could choose, they would like to travel to school by car/van.
- 69% of pupils said their parents/carers think it is 'quite' or 'very' safe for them to walk to cycle to school, while 9% said they think it is 'quite' or 'very' unsafe.
- 78% of pupils said they think it is 'quite' or 'very' safe for them to walk to cycle to school, while 6% said they think it is 'quite' or 'very' unsafe.

BREAKFAST

- 82% of pupils responded that they had breakfast at home on the day of the survey, while 13% said they didn't have any breakfast.

LUNCH

- 1% of pupils responded that they didn't have any lunch on the day before the survey.

- 5% of pupils responded that they had a school lunch on the day before the survey.
- 91% of pupils responded that they had a packed lunch on the day before the survey.
- 3% of pupils responded that they went home for lunch on the day before the survey.
- 38% of pupils responded that they had a packed lunch on the day before the survey which contained chocolate, chocolate bar or sweets; 65% said they had fruit and 21% had vegetables or salad.

5-A-DAY

- 7% of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- 25% of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

ACTIVITY

- 4% of boys and 4% of girls responded that they didn't do any physical activity in the week before the survey, while 54% of boys and 46% of girls said they did so on five days or more.
- 5% of boys and 4% of girls responded that they didn't do at least 60 minutes of physical activity on any day in the week before the survey.
- 66% of boys and 60% of girls responded that they did at least 60 minutes of physical activity on 4 or more days in the week before the survey.
- 53% of boys and 40% of girls responded that they did at least 60 minutes of physical activity on 5 or more days in the week before the survey.
- 27% of boys and 13% of girls responded that they did at least 60 minutes of physical activity every day in the week before the survey.
- 6% of pupils responded that they didn't do any physical activity that strengthens muscles and bones in the week before the survey.
- 72% of pupils responded that they did physical activity that strengthens muscles and bones on at least 3 days in the week before the survey.
- 39% of pupils responded that none of the things listed stop them being as physically active as they would like, while 15% said they are shy in front of others.

PE LESSONS

- 11% of pupils said they didn't have any lessons of PE/sport in school time in the last five school days.
- 66% of pupils said they had at least two lessons of PE/sport in school time in the last five school days.

LEISURE ACTIVITIES

- ❑ 43% of pupils responded that they do team sport at least once a week, while 18% said they do arts or performance activity. 13% said they don't do any of the activities listed.
- ❑ 39% of pupils responded that they would like to do more team sport, while 20% said they would like to do more arts or performance activity. 22% said they don't want any more opportunities like the ones listed.

SWIMMING

- ❑ 1% of pupils responded that they can't swim yet, while 3% said they can only swim with floats or arm bands.
- ❑ 27% of pupils responded that they can swim a length without floats or arm bands, while 68% said they can swim more than a length easily.

ACTIVE AT SCHOOL

- ❑ 5% of pupils responded that they don't enjoy physical activity at school.
- ❑ 77% of pupils responded that they 'enjoy' or 'really enjoy' physical activity at school.

THE DAILY MILE

- ❑ 49% of pupils responded that they took part in the Daily Mile in school in the 7 days before the survey.
- ❑ Of the 291 pupils who said they didn't take part in the Daily Mile last week, 63% said they would like to take part in it.
- ❑ 72% of pupils who took part in the Daily Mile in the past week responded that they did it on two or more days in the week before the survey.

COVID-19

- ❑ 14% of pupils said they have fallen behind at school since the COVID-19 pandemic, while 20% said they are ahead.
- ❑ 30% of pupils said they spend more time online since the COVID-19 pandemic, while 18% said they spend less time online now.
- ❑ 24% of pupils said they have become more anxious/worried since the COVID-19 pandemic, while 24% said they are less worried/anxious than before.
- ❑ 43% of pupils said they are more physically active than before the COVID-19 pandemic, while 8% said they are less physically active than before.

HAPPINESS

- ❑ 78% of pupils agreed that they are glad they are who they are.
- ❑ 7% of pupils disagreed that they are glad they are who they are.
- ❑ 71% of pupils agreed that they generally feel happy.
- ❑ 10% of pupils disagreed that they generally feel happy.

Reaching Potential

- ❑ 81% of pupils said their work is marked so they can see how to improve it.
- ❑ 7% of pupils responded that their school 'never' asks for their opinion about how to make changes to improve the school, while 63% said it 'sometimes' does.

- ❑ 30% of pupils responded that their school asks for their opinion 'quite a lot' or 'a lot' about how to make changes to improve the school.
- ❑ 78% of pupils responded that their school teaches them how to help other people in school and 80% said their school teaches them about people from other parts of the world.

FEELING SAFE

- ❑ 6% of pupils said they feel 'not very safe' in the area where they live, while 70% said they feel 'very safe'.

SCHOOL ENJOYMENT

- ❑ 73% of pupils responded that, on the whole, they like their teachers and 54% said they enjoy school.
- ❑ 81% of pupils responded that they are 'quite' or 'very' proud to belong to their school.
- ❑ 4% of pupils responded that they are 'not at all proud' to belong to their school.

SCHOOL LESSONS

- ❑ 53% of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
- ❑ 1% of pupils responded that they don't enjoy any of their lessons at school, while 45% said they only enjoy 'some' of them.

Safe and Nurtured

SELF-ESTEEM

- ❑ 31% of pupils had a med-low self-esteem score (9 or less).
- ❑ 30% of pupils had a high self-esteem score (15 or more).
- ❑ 73% of pupils responded that they feel happy talking to other pupils at school.

EXTRA-CURRICULAR ACTIVITIES

- ❑ 53% of pupils responded that they don't attend any weekly extra-curricular clubs, while 27% said they do so once a week.
- ❑ 11% of pupils responded that they attend an extra-curricular club at least 'three times' a week.

BULLYING

- ❑ 32% of pupils responded that they have been bullied at or near school in the last 12 months, while 18% said they 'don't know' if they have.
- ❑ 31% of pupils responded that they have been bullied at or near school in the last year and experienced at least one of the negative behaviours listed at least a 'few times' in the last year, while 7% experienced such behaviour 'every day'.
- ❑ 29% of pupils responded that they have been bullied at or near school in the last year and been teased/made fun of at least a 'few times' in the last year and 24% said they have been pushed/hit.
- ❑ 18% of pupils responded that they have been bullied at or near school in the last year and think they have been picked on or bullied because of the way they look and 12% think they have because of their size or weight.
- ❑ 65% of pupils responded that they think their school takes bullying seriously, while 11% think it doesn't take it seriously.

- ❑ 36% of pupils responded that they at least 'sometimes' feel afraid of going to school because of bullying.
- ❑ 7% of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.

INTERNET SAFETY

- ❑ 21% of pupils said they have received a message on their phone that has scared or upset them.
- ❑ 27% of pupils responded that they have received a message on their phone or online that scared or upset them.

DISCRIMINATION

- ❑ 14% of pupils responded that they have been discriminated against in the last year because of their age, sex/gender, race, religion, a disability or another reason, while 21% said they 'don't know' if they have.
- ❑ 6% of pupils said they have been discriminated against in the last year because of their gender.
- ❑ 6% of pupils said they have been discriminated against in the last year and were treated unfairly by being insulted or shouted at and 6% were not allowed to do what others were doing.
- ❑ 10% of pupils said they have been discriminated against in the last year and were treated unfairly at school.

Leisure Time and Internet Safety

LEISURE TIME

- ❑ 80% of pupils responded that they went to parks or open spaces in the 4 weeks before the survey and 32% went to a music group or lessons.

SCREEN TIME

- ❑ 15% of pupils responded that they either didn't look at a device screen at all on the day before the survey, or did so for less than an hour.
- ❑ 40% of pupils responded that they looked at a device screen for at least 'about three hours' on the day before the survey; 14% said they did so for 'five hours or more'.
- ❑ 70% of pupils responded that the amount of time they spent looking at a device screen is a usual amount for them on a week day, while 11% said it was less than usual.

- ❑ 43% of pupils responded that the amount of time they spent looking at a device screen is a usual amount for them at a weekend, while 39% said it was less than usual.

ALCOHOL

- ❑ 2% of pupils responded that they had an alcoholic drink in the 7 days before the survey.

SMOKING

- ❑ 3% of pupils said they have smoked in the past or smoke now.
- ❑ 0% of pupils responded that they smoked in the 7 days before the survey.
- ❑ 87% of pupils responded that they think they will not smoke when they are older.
- ❑ 3% of pupils responded that they think they will smoke when they are older, while 10% think they may smoke.
- ❑ 6% of pupils responded that they have at least tried vaping (or vape now).
- ❑ 20% of pupils responded that their parents/carers vape.
- ❑ 24% of pupils responded that their parents/carers smoke.
- ❑ 7% of pupils responded that someone smokes indoors at home in rooms that they use.
- ❑ 6% of pupils responded that someone smokes in a car when they are in it too.
- ❑ 13% of pupils responded that someone vapes in a car when they are in it too.

DRUGS

- ❑ 10% of pupils responded that they are 'fairly sure' or 'certain' that they know someone personally who takes drugs.
- ❑ 2% of pupils responded that they have been offered cannabis.
- ❑ 2% of pupils responded that they have been offered illegal drugs other than cannabis, while 2% said they are 'not sure' if they have.
- ❑ 82% of pupils said they are 'quite' or 'very' confident they could say no if they were offered drugs by a friend.

2022/2019 Comparisons

	2022	2019
	Yr 6	Yr 6
Boys	286	330
Girls	286	260

2019 data in brackets; see notes on interpreting differences.

Included and Respected

ETHNICITY

- 71% (77%) of pupils responded that they are from Guernsey/Alderney, while 10% (14%) said they are English/Scottish/Welsh/Irish.

FAMILY

- 66% (69%) of pupils responded that they live with their Mum and Dad together.
- 14% (12%) of pupils responded that they live 'mainly or only' with their Mum, while 1% (1%) said they live 'mainly or only' with their Dad.

SPECIAL NEEDS

- 24% (17%) of pupils responded that they have a special need, medical condition, disability or additional need ('additional need' added in 2022), while 19% (14%) said they 'don't know' if they have.

Health and Activity

TRAVEL TO SCHOOL

- 32% (33%) of pupils responded that they usually walk to school.
- 23% (17%) of pupils responded that they usually get to school by bicycle/scooter.
- 54% (62%) of pupils responded that they usually get to school by car/van.
- 20% (19%) of pupils responded that, if they could choose, they would like to walk to school.
- 45% (40%) of pupils responded that, if they could choose, they would like to travel to school by bicycle/scooter.
- 18% (17%) of pupils responded that, if they could choose, they would like to travel to school by car/van.

BREAKFAST

- 82% (87%) of pupils responded that they had breakfast at home on the day of the survey, while 13% (9%) said they didn't have any breakfast.

LUNCH

- 1% (1%) of pupils responded that they didn't have any lunch on the day before the survey.
- 5% (12%) of pupils responded that they had a school lunch on the day before the survey.
- 91% (84%) of pupils responded that they had a packed lunch on the day before the survey.
- 3% (3%) of pupils responded that they went home for lunch on the day before the survey.
- 38% (35%) of pupils responded that they had a packed lunch on the day before the survey which contained

chocolate, chocolate bar or sweets; 65% (57%) said they had fruit and 21% (12%) had vegetables or salad.

ACTIVITY

- 4% (1%) of boys and 4% (3%) of girls responded that they didn't do any physical activity in the week before the survey, while 54% (62%) of boys and 46% (45%) of girls said they did so on five days or more.
- 5% (2%) of boys and 4% (4%) of girls responded that they didn't do at least 60 minutes of physical activity on any day in the week before the survey.
- 66% (73%) of boys and 60% (67%) of girls responded that they did at least 60 minutes of physical activity on 4 or more days in the week before the survey.
- 53% (56%) of boys and 40% (51%) of girls responded that they did at least 60 minutes of physical activity on 5 or more days in the week before the survey.
- 27% (24%) of boys and 13% (14%) of girls responded that they did at least 60 minutes of physical activity every day in the week before the survey.

LEISURE ACTIVITIES

- 43% (54%) of pupils responded that they do team sport at least once a week, while 18% (19%) said they do arts or performance activity. 13% (11%) said they don't do any of the activities listed.
- 39% (42%) of pupils responded that they would like to do more team sport, while 20% (18%) said they would like to do more arts or performance activity. 22% (20%) said they don't want any more opportunities like the ones listed.

SWIMMING

- 1% (1%) of pupils responded that they can't swim yet, while 3% (2%) said they can only swim with floats or arm bands.
- 27% (20%) of pupils responded that they can swim a length without floats or arm bands, while 68% (78%) said they can swim more than a length easily.

ACTIVE AT SCHOOL

- 5% (4%) of pupils responded that they don't enjoy physical activity at school.
- 77% (86%) of pupils responded that they 'enjoy' or 'really enjoy' physical activity at school.

THE DAILY MILE

- 49% (65%) of pupils responded that they took part in the Daily Mile in school in the 7 days before the survey.
- Of the 291 (206) pupils who said they didn't take part in the Daily Mile last week, 63% (66%) said they would like to take part in it.

HAPPINESS

- ❑ 78% (83%) of pupils agreed that they are glad they are who they are.
- ❑ 7% (7%) of pupils disagreed that they are glad they are who they are.
- ❑ 71% (82%) of pupils agreed that they generally feel happy.
- ❑ 10% (7%) of pupils disagreed that they generally feel happy.

Reaching Potential

- ❑ 81% (85%) of pupils said their work is marked so they can see how to improve it.
- ❑ 7% (10%) of pupils responded that their school 'never' asks for their opinion about how to make changes to improve the school, while 63% (53%) said it 'sometimes' does.
- ❑ 30% (37%) of pupils responded that their school asks for their opinion 'quite a lot' or 'a lot' about how to make changes to improve the school.
- ❑ 78% (72%) of pupils responded that their school teaches them how to help other people in school and 80% (76%) said their school teaches them about people from other parts of the world.

FEELING SAFE

- ❑ 6% (5%) of pupils said they feel 'not very safe' in the area where they live, while 70% (71%) said they feel 'very safe'.

SCHOOL ENJOYMENT

- ❑ 73% (73%) of pupils responded that, on the whole, they like their teachers and 54% (56%) said they enjoy school.

SCHOOL LESSONS

- ❑ 53% (62%) of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
- ❑ 1% (1%) of pupils responded that they don't enjoy any of their lessons at school, while 45% (37%) said they only enjoy 'some' of them.

Safe and Nurtured

SELF-ESTEEM

- ❑ 31% (27%) of pupils had a med-low self-esteem score (9 or less).
- ❑ 30% (38%) of pupils had a high self-esteem score (15 or more).
- ❑ 73% (75%) of pupils responded that they feel happy talking to other pupils at school.

EXTRA-CURRICULAR ACTIVITIES

- ❑ 53% (43%) of pupils responded that they don't attend any weekly extra-curricular clubs, while 27% (22%) said they do so once a week.
- ❑ 11% (18%) of pupils responded that they attend an extra-curricular club at least 'three times' a week.

BULLYING

- ❑ 32% (26%) of pupils responded that they have been bullied at or near school in the last 12 months, while 18% (21%) said they 'don't know' if they have.

- ❑ 18% (15%) of pupils responded that they have been bullied at or near school in the last year and think they have been picked on or bullied because of the way they look and 12% (11%) think they have because of their size or weight.
- ❑ 65% (65%) of pupils responded that they think their school takes bullying seriously, while 11% (12%) think it doesn't take it seriously.
- ❑ 36% (35%) of pupils responded that they at least 'sometimes' feel afraid of going to school because of bullying.
- ❑ 7% (6%) of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.

INTERNET SAFETY

- ❑ 27% (24%) of pupils responded that they have received a message on their phone or online that scared or upset them.

Leisure Time and Internet Safety

LEISURE TIME

- ❑ 80% (80%) of pupils responded that they went to parks or open spaces in the 4 weeks before the survey and 32% (34%) went to a music group or lessons.

SCREEN TIME

- ❑ 15% (22%) of pupils responded that they either didn't look at a device screen at all on the day before the survey, or did so for less than an hour.
- ❑ 40% (34%) of pupils responded that they looked at a device screen for at least 'about three hours' on the day before the survey; 14% (12%) said they did so for 'five hours or more'.
- ❑ 70% (65%) of pupils responded that the amount of time they spent looking at a device screen is a usual amount for them on a week day, while 11% (13%) said it was less than usual.
- ❑ 43% (41%) of pupils responded that the amount of time they spent looking at a device screen is a usual amount for them at a weekend, while 39% (45%) said it was less than usual.

ALCOHOL

- ❑ 2% (2%) of pupils responded that they had an alcoholic drink in the 7 days before the survey.

SMOKING

- ❑ 3% (2%) of pupils said they have smoked in the past or smoke now.
- ❑ 0% (0%) of pupils responded that they smoked in the 7 days before the survey.
- ❑ 87% (90%) of pupils responded that they think they will not smoke when they are older.
- ❑ 3% (1%) of pupils responded that they think they will smoke when they are older, while 10% (9%) think they may smoke.
- ❑ 6% (3%) of pupils responded that they have at least tried vaping (or vape now).
- ❑ 20% (20%) of pupils responded that their parents/carers vape.
- ❑ 24% (29%) of pupils responded that their parents/carers smoke.

- ❑ 7% (8%) of pupils responded that someone smokes indoors at home in rooms that they use.
- ❑ 6% (8%) of pupils responded that someone smokes in a car when they are in it too.

DRUGS

- ❑ 10% (9%) of pupils responded that they are 'fairly sure' or 'certain' that they know someone personally who takes drugs.
- ❑ 2% (1%) of pupils responded that they have been offered cannabis.
- ❑ 2% (1%) of pupils responded that they have been offered illegal drugs other than cannabis, while 2% (3%) said they are 'not sure' if they have.

Significant differences between 2022 and 2019 data

Below we have listed some statistically significant differences between the data collected in the 2022 survey and that collected in 2019.

	2022	2019
	Yr 6	Yr 6
Boys	286	330
Girls	286	260

Sig	2022	2019	Question
***	49%	65%	of pupils responded that they took part in the Daily Mile in school in the 7 days before the survey.
***	71%	82%	of pupils agreed that they generally feel happy.
***	5%	12%	of pupils responded that they had a school lunch on the day before the survey.
***	43%	54%	of pupils responded that they do team sport at least once a week.
***	11%	18%	of pupils responded that they attend an extra-curricular club at least 'three times' a week.
***	77%	86%	of pupils responded that they 'enjoy' or 'really enjoy' physical activity at school.
***	30%	38%	of pupils had a high self-esteem score (15 or more).
***	53%	62%	of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
***	54%	62%	of pupils responded that they usually get to school by car/van.
***	47%	54%	responded that they did at least 60 minutes of physical activity on 5 or more days in the week before the survey.
**	23%	17%	of pupils responded that they usually get to school by bicycle/scooter.
**	30%	37%	of pupils responded that their school asks for their opinion 'quite a lot' or 'a lot' about how to make changes to improve the school.
*	71%	77%	of pupils responded that they are from Guernsey/Alderney.
*	78%	72%	of pupils responded that their school teaches them how to help other people in school.
*	13%	9%	of pupils responded that they didn't have any breakfast on the day of the survey.
*	95%	98%	of pupils responded that they can swim at least a length without floats or arm bands.
*	32%	26%	of pupils responded that they have been bullied at or near school in the last 12 months.
*	78%	83%	of pupils agreed that they are glad they are who they are.
*	65%	59%	of pupils responded that, if they could choose, they would like to either walk to school or travel by bicycle/scooter.

Tests: Chi-squared (χ^2).

KEY: * = $p < 0.05$ (5%) ** = $p < 0.01$ (1%) *** = $p < 0.001$ (0.1%).

Included and Respected

Ethnicity

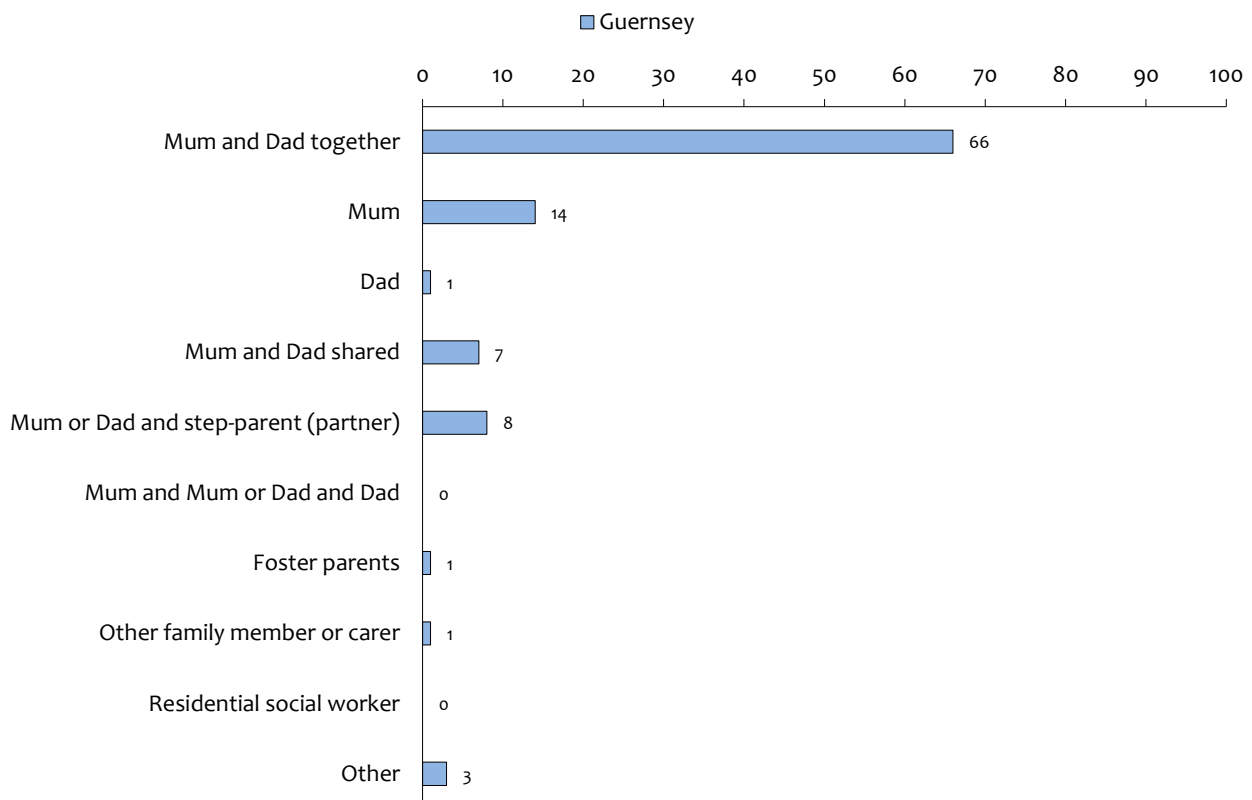
71% of pupils responded that they are from Guernsey/Alderney, while 10% said they are English/Scottish/Welsh/Irish.

Q5. Percentage answering that they are from Guernsey/Alderney.

	Guernsey
Yr 6	
Boys	69
Girls	74

Family

Q6. Which adults do you live with or who do you live with most of the week?



66% of pupils responded that they live with their Mum and Dad together.

Q6. Percentage answering that they live with their Mum and Dad together.

	Guernsey
Yr 6	
Boys	68
Girls	65

14% of pupils responded that they live 'mainly or only' with their Mum, while 1% said they live 'mainly or only' with their Dad.

Q6. Percentage answering that they live 'mainly or only' with their Mum.

	Guernsey
Yr 6	
Boys	12
Girls	14

Religion

17% of pupils said they or their family have a religion, faith or belief which is important to them, while 27% said they 'don't know' if they do and 3% didn't want to say.

Q7a. Percentage responding that they or their family have a religion, faith or belief which is important to them.

Guernsey

Yr 6

Boys 16

Girls 19

Q7b. Percentage of pupils responding that the following described their faith or belief (top 5):

Boys		Girls	
1	Christian	12	16
2	None	1	1
3	Muslim	1	0
4	Buddhist	1	0
5	Other	1	0

Special needs

24% of pupils responded that they have a special need, medical condition, disability or additional need, while 19% said they 'don't know' if they have.

Q8a. Percentage answering that they have a special need, medical condition, disability or additional need.

Guernsey

Yr 6

Boys 26

Girls 22

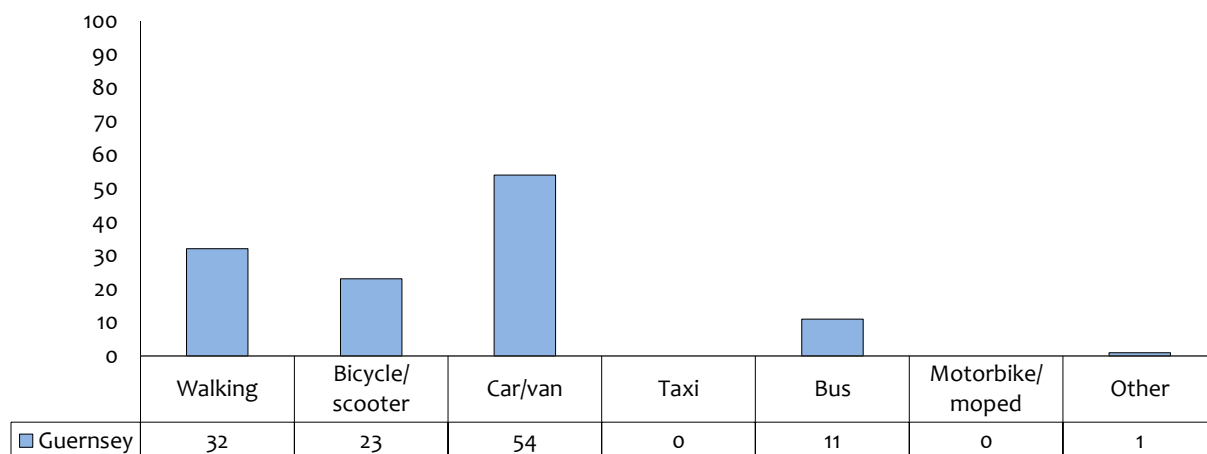
Q8b. Percentage of pupils responding that they have the following special need, medical condition or disability (top 5):

Boys		Girls	
1	Dyslexia, Dyspraxia or Dyscalculia	8	7
2	Long-term illness	5	5
3	Autism/Asperger's	3	2
4	ADHD (Attention Deficit Hyperactivity Disorder)	3	2
5	Other	3	2

Health and Activity

Travel to school

Q9. How do you usually get to school?



32% of pupils responded that they usually walk to school.

Q9. Percentage answering that they usually walk to school.

Guernsey

Yr 6

Boys 29

Girls 36

23% of pupils responded that they usually get to school by bicycle/scooter.

Q9. Percentage answering that they usually get to school by bicycle/scooter.

Guernsey

Yr 6

Boys 33

Girls 14

54% of pupils responded that they usually get to school by car/van.

Q9. Percentage answering that they usually get to school by car/van.

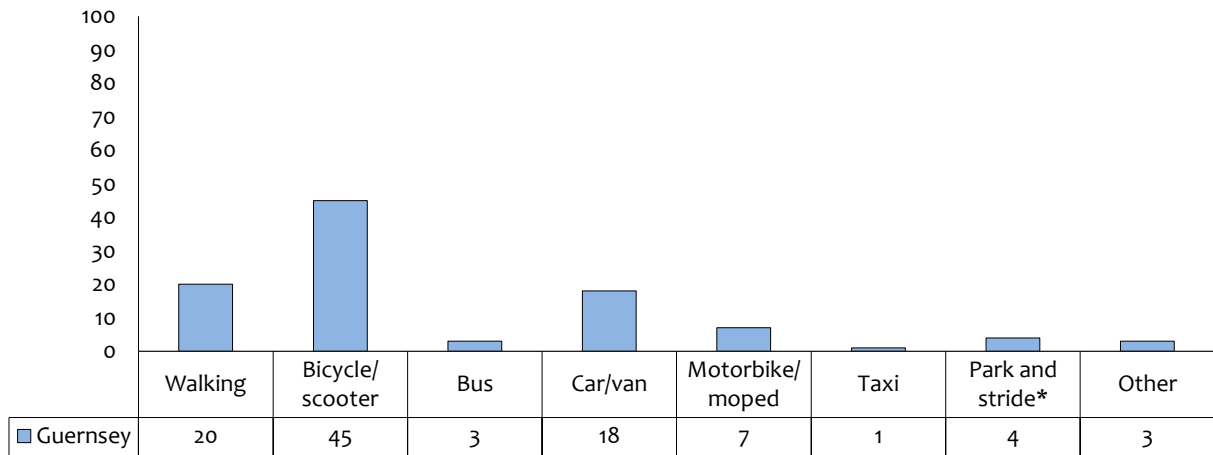
Guernsey

Yr 6

Boys 51

Girls 59

Q10. If you could choose, how would you like to travel to school?



* Drive then walk at least 10 minutes.

20% of pupils responded that, if they could choose, they would like to walk to school.

Q10. Percentage answering that, if they could choose, they would like to walk to school.

Guernsey

Yr 6

Boys 14

Girls 26

45% of pupils responded that, if they could choose, they would like to travel to school by bicycle/scooter.

Q10. Percentage answering that, if they could choose, they would like to travel to school by bicycle/scooter.

Guernsey

Yr 6

Boys 51

Girls 41

18% of pupils responded that, if they could choose, they would like to travel to school by car/van.

Q10. Percentage answering that, if they could choose, they would like to travel to school by car/van.

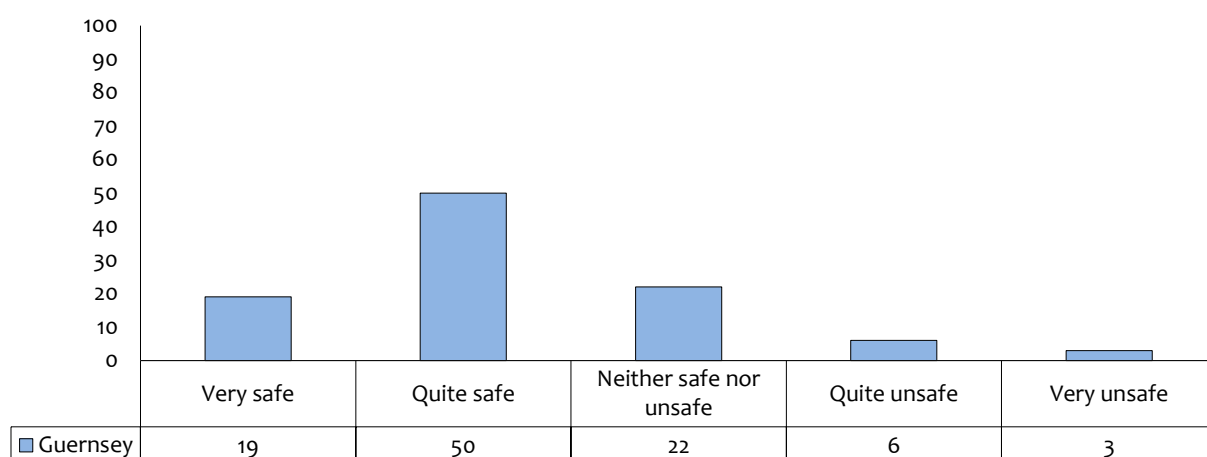
Guernsey

Yr 6

Boys 19

Girls 18

Q11a. How safe is it for you to walk or cycle to school?
My parents/carers think it is...

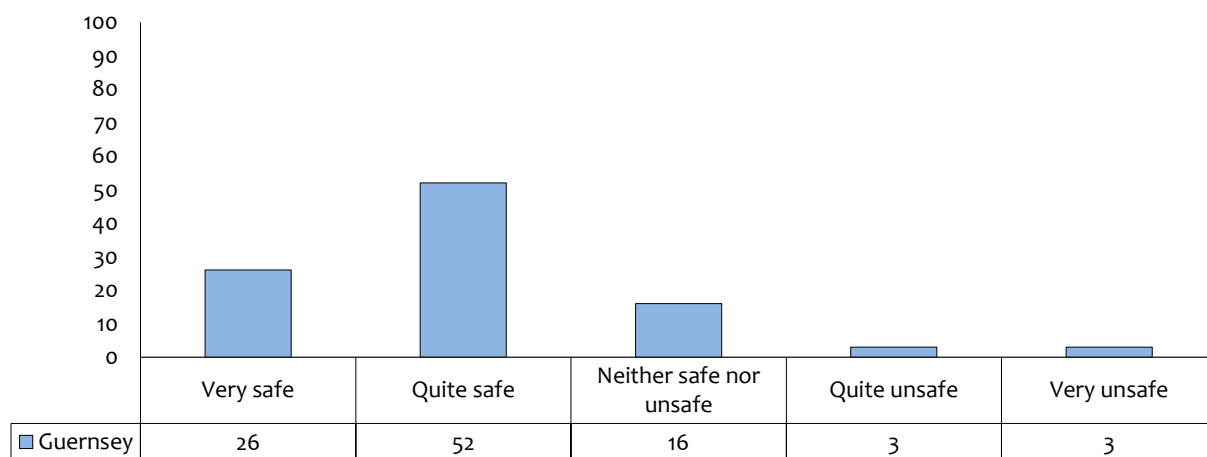


69% of pupils said their parents/carers think it is 'quite' or 'very' safe for them to walk to cycle to school, while 9% said they think it is 'quite' or 'very' unsafe.

Q11a. Percentage answering that their parents/carers think it is 'quite' or 'very' safe for them to walk or cycle to school.

Guernsey	
Yr 6	
Boys	71
Girls	68

Q11b. How safe is it for you to walk or cycle to school?
I think it is...



78% of pupils said they think it is 'quite' or 'very' safe for them to walk to cycle to school, while 6% said they think it is 'quite' or 'very' unsafe.

Q11b. Percentage answering that they think it is 'quite' or 'very' safe for them to walk or cycle to school.

Guernsey	
Yr 6	
Boys	81
Girls	76

Breakfast

82% of pupils responded that they had breakfast at home on the day of the survey, while 13% said they didn't have any breakfast.

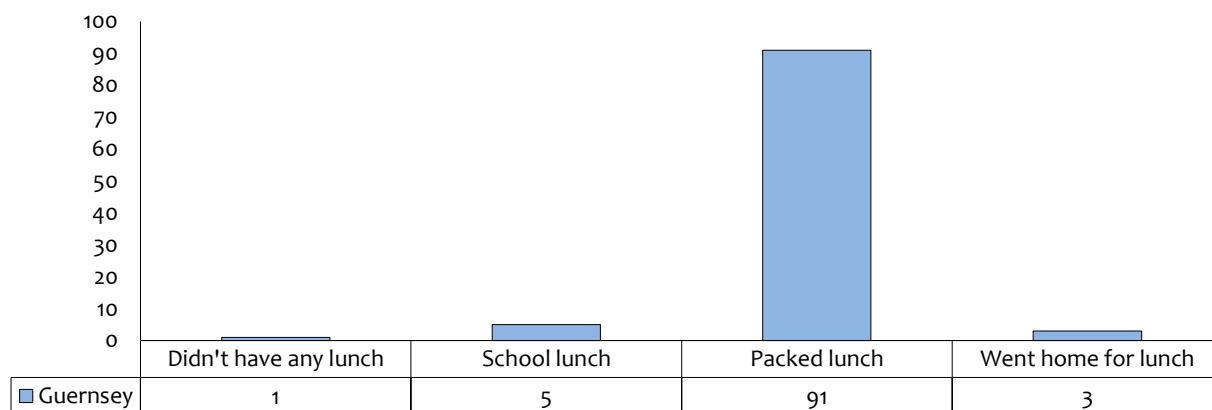
Q12. Percentage of pupils responding that they ate breakfast at the following on the day of the survey:

Boys		Girls	
1	At home	83	82
2	At school	4	4
3	On the way to school	1	2
4	Somewhere else	1	0

Lunch

Q13a. What did you do for lunch yesterday?

Guernsey



1% of pupils responded that they didn't have any lunch on the day before the survey.

5% of pupils responded that they had a school lunch on the day before the survey.

91% of pupils responded that they had a packed lunch on the day before the survey.

3% of pupils responded that they went home for lunch on the day before the survey.

Q13a. Percentage answering that they didn't have any lunch on the day before the survey.

Guernsey

Yr 6

Boys 1

Girls 0

Q13a. Percentage answering that they had a school lunch on the day before the survey.

Guernsey

Yr 6

Boys 5

Girls 6

Q13a. Percentage answering that they had a packed lunch on the day before the survey.

Guernsey

Yr 6

Boys 92

Girls 91

Q13a. Percentage answering that they went home for lunch on the day before the survey.

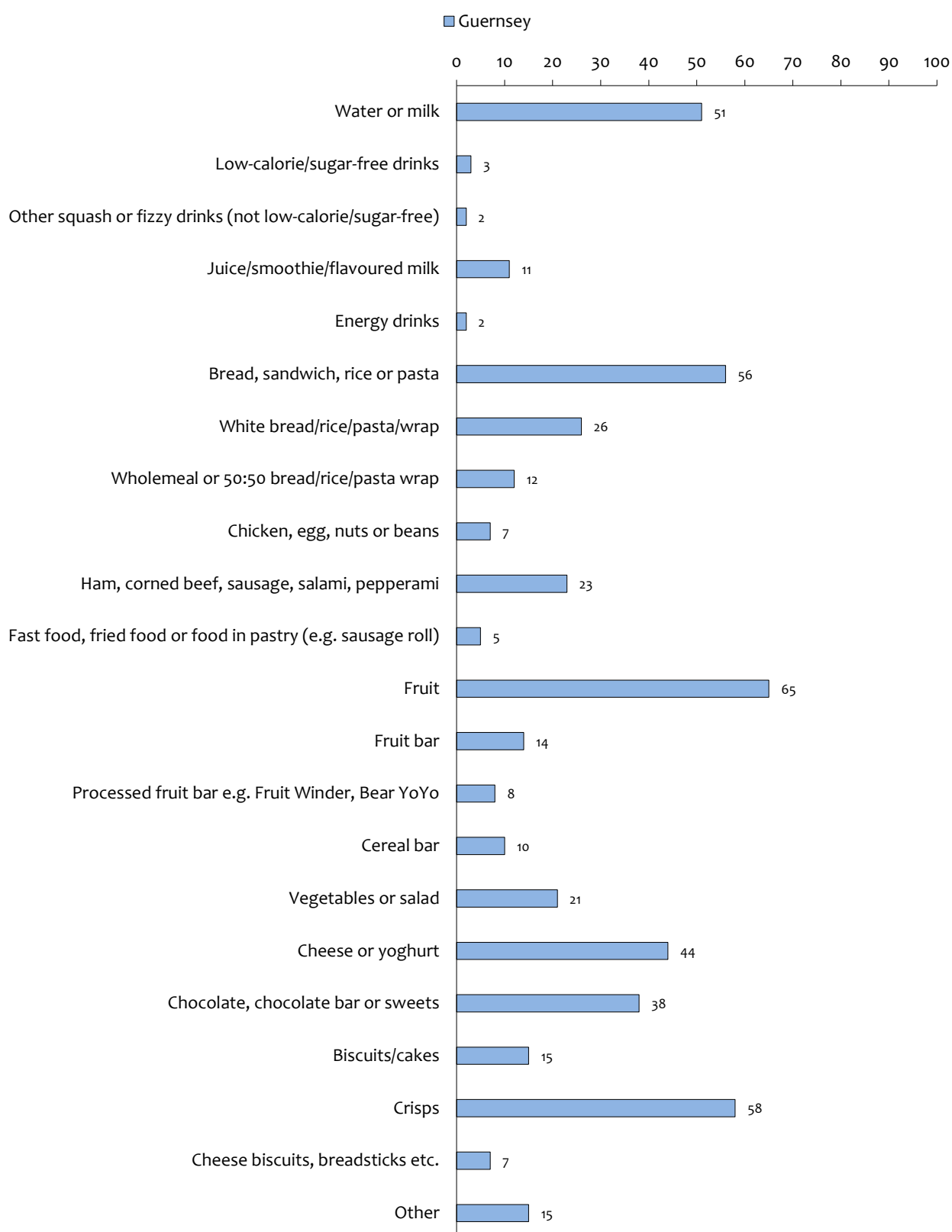
Guernsey

Yr 6

Boys 2

Girls 3

Q13b. Percentage of pupils responding that they had a packed lunch on the day before the survey which contained the following:



38% of pupils responded that they had a packed lunch on the day before the survey which contained chocolate, chocolate bar or sweets; 65% said they had fruit and 21% had vegetables or salad.

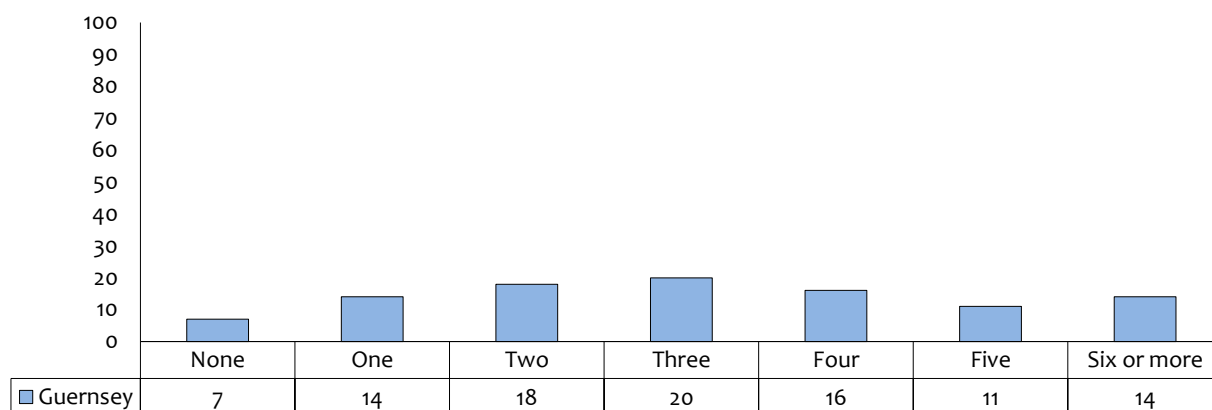
Q13b. Percentage of pupils responding that they had a packed lunch on the day before the survey which contained the following (top 10):

Boys			Girls		
1	Fruit	61	1	Fruit	70
2	Crisps	58	2	Crisps	60
3	Bread, sandwich, rice or pasta	55	3	Bread, sandwich, rice or pasta	56
4	Water or milk	47	4	Water or milk	56
5	Cheese or yoghurt	41	5	Cheese or yoghurt	49
6	Chocolate, chocolate bar or sweets	40	6	Chocolate, chocolate bar or sweets	36
7	White bread/rice/pasta/wrap	26	7	Vegetables or salad	29
8	Ham, corned beef, sausage, salami, pepperami	23	8	White bread/rice/pasta/wrap	27
9	Other	18	9	Ham, corned beef, sausage, salami, pepperami	23
10	Fruit bar	16	10	Biscuits/cakes	16

5-a-day

Q14. How many portions of fruit and vegetables did you eat yesterday?

Guernsey



7% of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

Q14. Percentage answering that they didn't eat any portions of fruit or vegetables on the day before the survey.

Guernsey

Yr 6

Boys 9

Girls 5

25% of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

Q14. Percentage answering that they ate at least 5 portions of fruit and vegetables on the day before the survey.

Guernsey

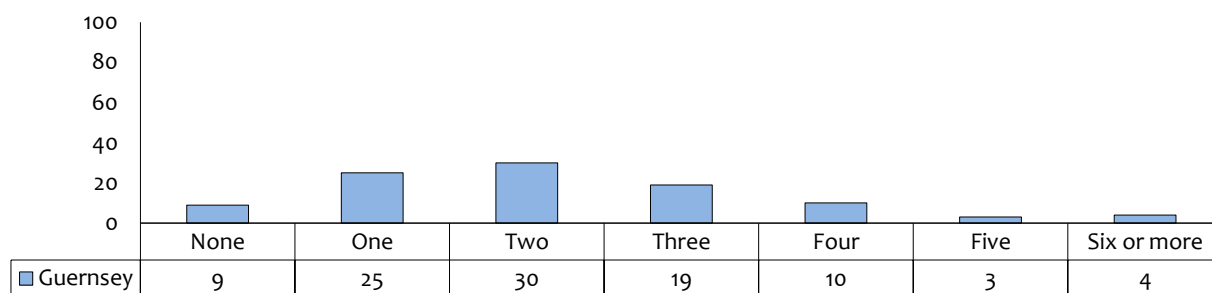
Yr 6

Boys 26

Girls 23

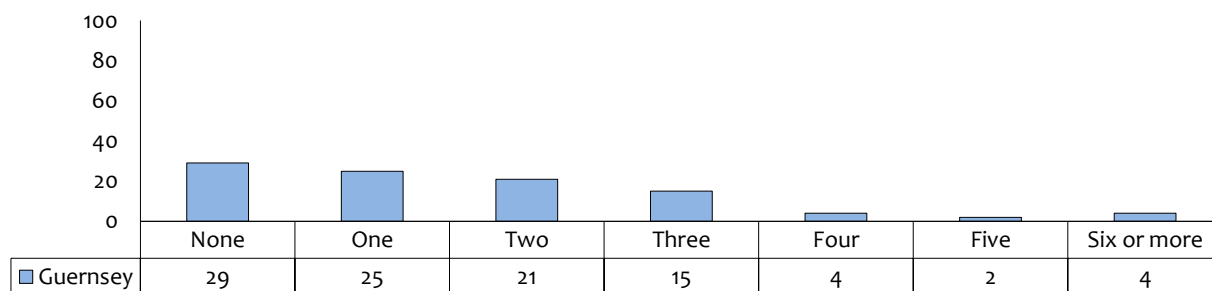
Q15. How many portions were fruit?

Guernsey



Q16. How many portions were vegetables?

Guernsey

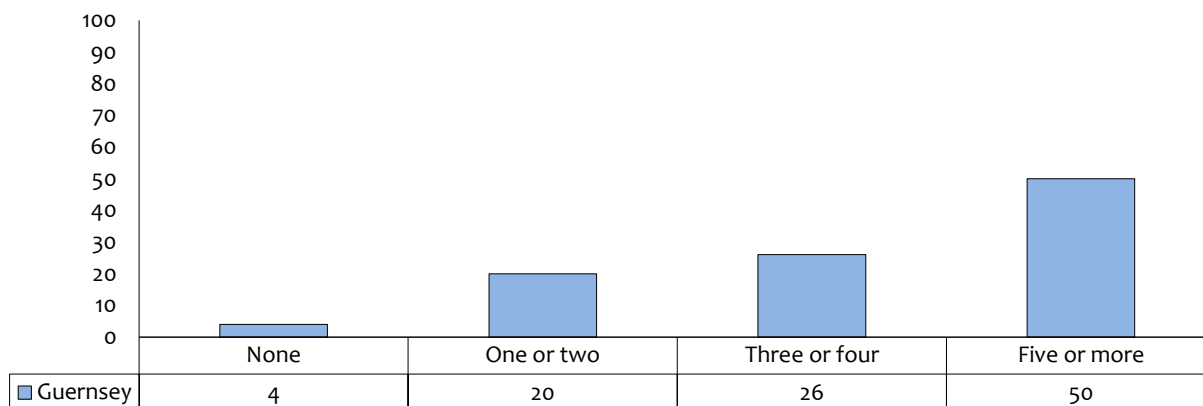


Activity

4% of boys and 4% of girls responded that they didn't do any physical activity in the week before the survey, while 54% of boys and 46% of girls said they did so on five days or more.

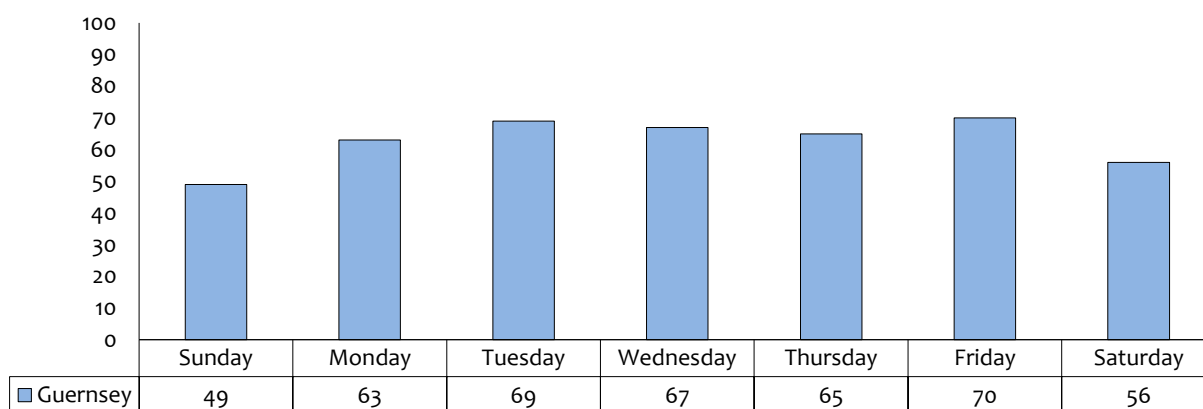
Q17. On how many days did you do any physical activity in the last 7 days?

Guernsey

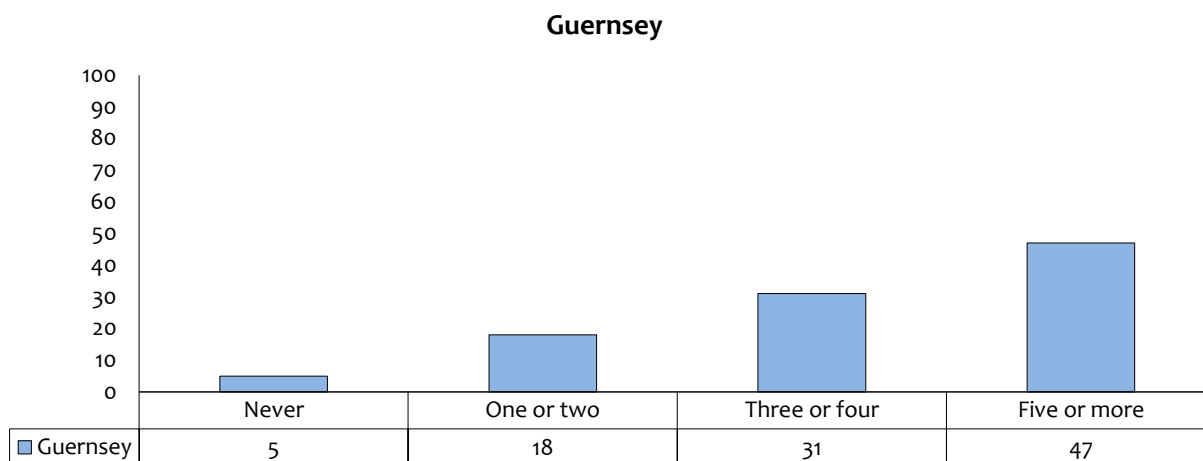


Q17. On which days did you do any physical activity, in the last 7 days?

Guernsey



Q18. Over the past 7 days, how many days were you physically active at least 60 minutes per day?



5% of boys and 4% of girls responded that they didn't do at least 60 minutes of physical activity on any day in the week before the survey.

Q18. Percentage answering that they didn't do at least 60 minutes of physical activity on any day in the week before the survey.

Guernsey	
Yr 6	
Boys	5
Girls	4

66% of boys and 60% of girls responded that they did at least 60 minutes of physical activity on 4 or more days in the week before the survey.

Q18. Percentage answering that they did at least 60 minutes of physical activity on 4 or more days in the week before the survey.

Guernsey	
Yr 6	
Boys	66
Girls	60

53% of boys and 40% of girls responded that they did at least 60 minutes of physical activity on 5 or more days in the week before the survey.

Q18. Percentage answering that they did at least 60 minutes of physical activity on 5 or more days in the week before the survey.

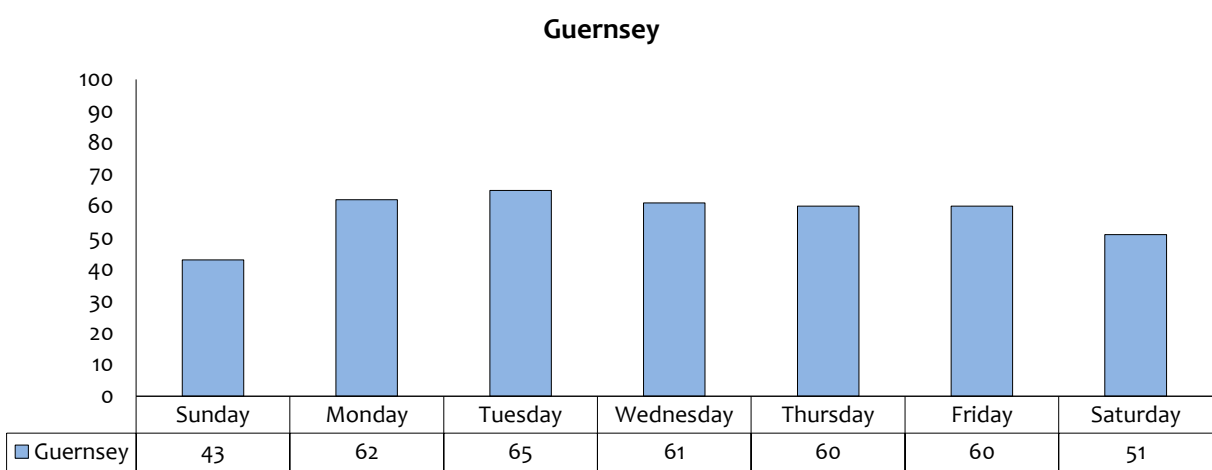
Guernsey	
Yr 6	
Boys	53
Girls	40

27% of boys and 13% of girls responded that they did at least 60 minutes of physical activity every day in the week before the survey.

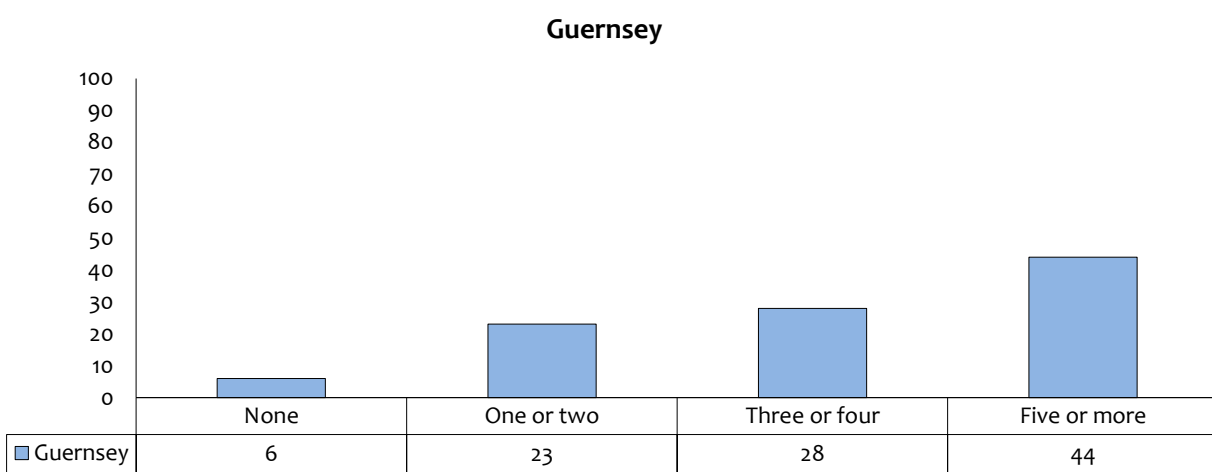
Q18. Percentage answering that they did at least 60 minutes of physical activity every day in the week before the survey.

Guernsey	
Yr 6	
Boys	27
Girls	13

Q19. Over the past 7 days, on which days were you physically active doing activity that strengthens muscles and bones (e.g. jumping, running, skipping, trampolining, dance and sports like netball and basketball etc.)?



Q19. Over the past 7 days, on [how many] days were you physically active doing activity that strengthens muscles and bones (e.g. jumping, running, skipping, trampolining, dance and sports like netball and basketball etc.)?



6% of pupils responded that they didn't do any physical activity that strengthens muscles and bones in the week before the survey.

Q19. Percentage answering that they didn't do any physical activity that strengthens muscles and bones in the week before the survey.

Guernsey	
Yr 6	
Boys	6
Girls	5

72% of pupils responded that they did physical activity that strengthens muscles and bones on at least 3 days in the week before the survey.

Q19. Percentage answering that they did physical activity that strengthens muscles and bones on at least 3 days in the week before the survey.

Guernsey	
Yr 6	
Boys	73
Girls	71

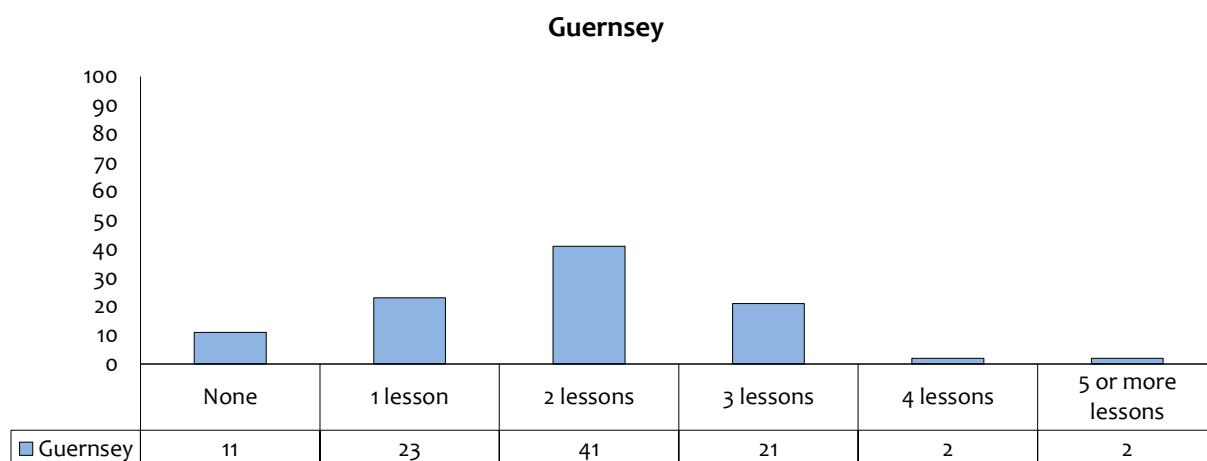
39% of pupils responded that none of the things listed stop them being as physically active as they would like, while 15% said they are shy in front of others.

Q20. Percentage of pupils responding that they aren't as physically active as they would like because of the following (top 10):

Boys			Girls		
1	They don't have enough time	18	1	They are shy in front of others	21
2	They prefer to sit and watch TV or be on a device such as their phone	18	2	They don't have enough time	19
3	Their friends don't do it/go there	11	3	They feel awkward trying new things	18
4	They don't know what to do	9	4	They prefer to sit and watch TV or be on a device such as their phone	16
5	They feel awkward trying new things	8	5	Their friends don't do it/go there	14
6	It's too expensive	6	6	It's too expensive	11
7	Other	6	7	They don't know what to do	8
8	They are shy in front of others	6	8	The centres or clubs don't offer what they want	6
9	The centres or clubs don't offer what they want	4	9	The don't like the people who go there	6
10	It's too difficult to get there	4	10	Other	5

PE lessons

Q21. How many lessons of PE/sport in school time did you have in the last five school days?



11% of pupils said they didn't have any lessons of PE/sport in school time in the last five school days.

Q21. Percentage answering that they didn't have any lessons of PE/sport in school time in the last five school days.

Guernsey

Yr 6

Boys 13

Girls 8

66% of pupils said they had at least two lessons of PE/sport in school time in the last five school days.

Q21. Percentage answering that they had at least two lessons of PE/sport in school time in the last five school days.

Guernsey

Yr 6

Boys 60

Girls 72

Leisure activities

43% of pupils responded that they do team sport at least once a week, while 18% said they do arts or performance activity. 13% said they don't do any of the activities listed.

Q22. Percentage of pupils responding that they do the following activities at least once a week:

Boys			Girls		
1	Team sport	52	1	Individual sport	49
2	Individual sport	52	2	Team sport	34
3	Activity equipment (e.g. fitness trails in the parks, climbing frames)	26	3	Activity equipment (e.g. fitness trails in the parks, climbing frames)	33
4	Youth group or club	23	4	Arts or performance activity	30
5	Use the skate park	10	5	Youth group or club	22
6	Live music (taking part in)	7	6	Live music (taking part in)	14
7	Arts or performance activity	6	7	Use the skate park	6
8	Community activity or volunteering	3	8	Community activity or volunteering	3

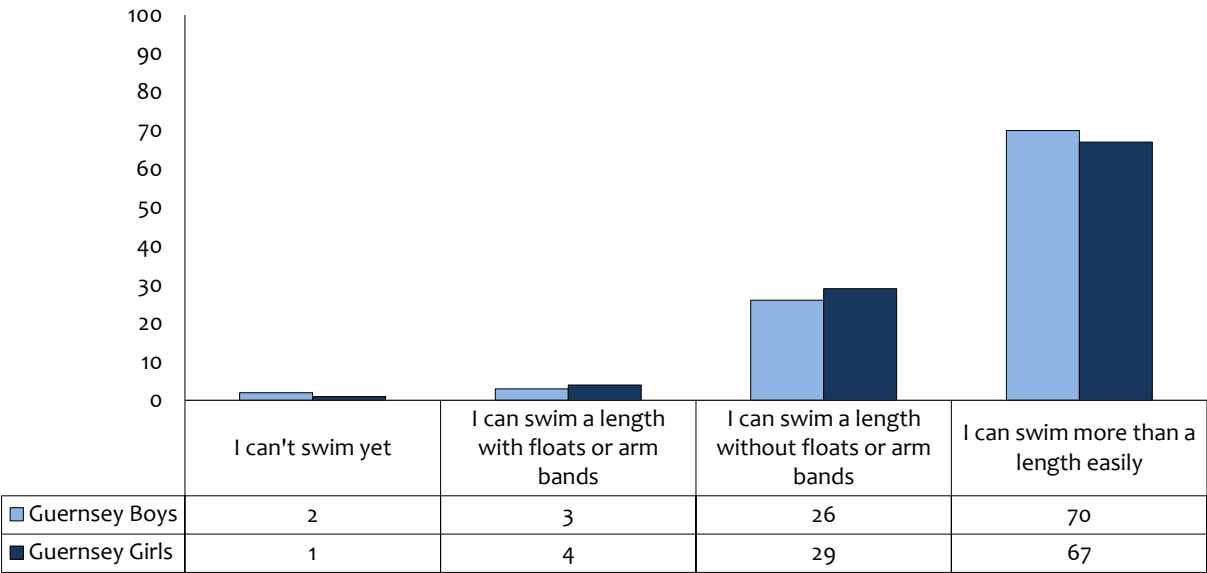
39% of pupils responded that they would like to do more team sport, while 20% said they would like to do more arts or performance activity. 22% said they don't want any more opportunities like the ones listed.

Q23. Percentage of pupils responding that they would like to do more of the following:

Boys			Girls		
1	Team sport	42	1	Team sport	37
2	Individual sport	30	2	Arts or performance activity	29
3	Activity equipment (e.g. fitness trails in the parks, climbing frames)	14	3	Individual sport	27
4	Youth group or club	13	4	Activity equipment (e.g. fitness trails in the parks, climbing frames)	20
5	Arts or performance activity	10	5	Live music (taking part in)	16
6	Live music (taking part in)	10	6	Youth group or club	12
7	Community activity or volunteering	6	7	Community activity or volunteering	12
8	Other	3	8	Other	1

Swimming

Q24. How far can you swim?



1% of pupils responded that they can't swim yet, while 3% said they can only swim with floats or arm bands.

Q24. Percentage answering that they can't swim yet.

Guernsey

Yr 6

Boys 2

Girls 1

27% of pupils responded that they can swim a length without floats or arm bands, while 68% said they can swim more than a length easily.

Q24. Percentage answering that they can swim at least a length without floats or arm bands.

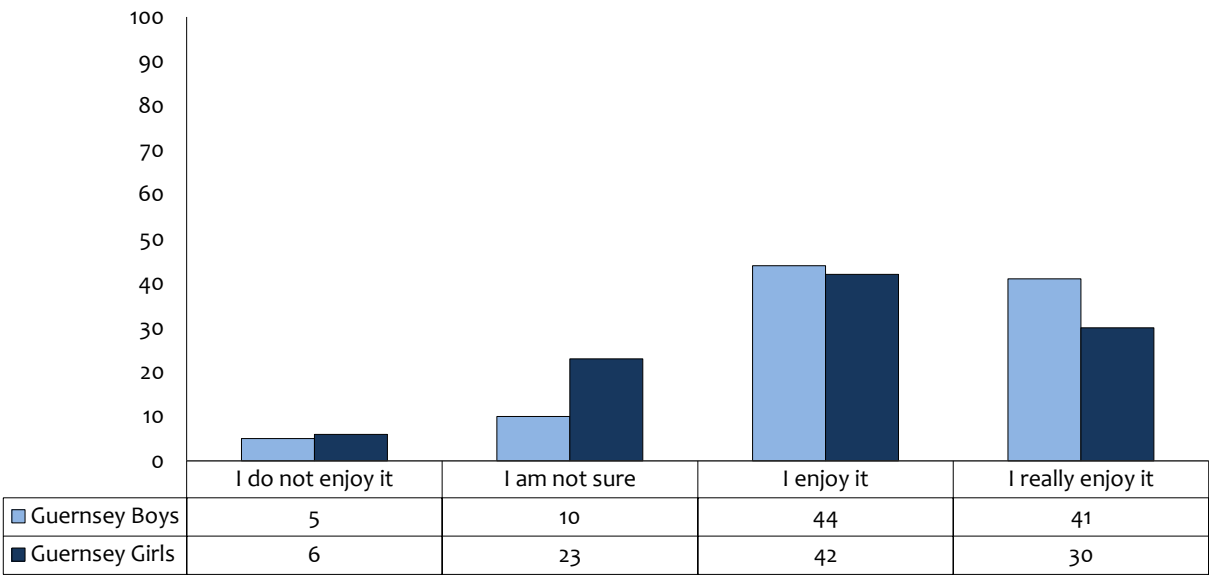
Guernsey

Yr 6

Boys 96

Girls 96

Q25. How do you feel about physical activity at school?



5% of pupils responded that they don't enjoy physical activity at school.

Q25. Percentage answering that they don't enjoy physical activity at school.

Guernsey	
Yr 6	
Boys	5
Girls	6

77% of pupils responded that they 'enjoy' or 'really enjoy' physical activity at school.

Q25. Percentage answering that they 'enjoy' or 'really enjoy' physical activity at school.

Guernsey	
Yr 6	
Boys	85
Girls	71

The Daily Mile

49% of pupils responded that they took part in the Daily Mile in school in the 7 days before the survey.

Of the 291 pupils who said they didn't take part in the Daily Mile last week, 63% said they would like to take part in it.

Q26. Percentage answering that they took part in the Daily Mile in school in the 7 days before the survey.

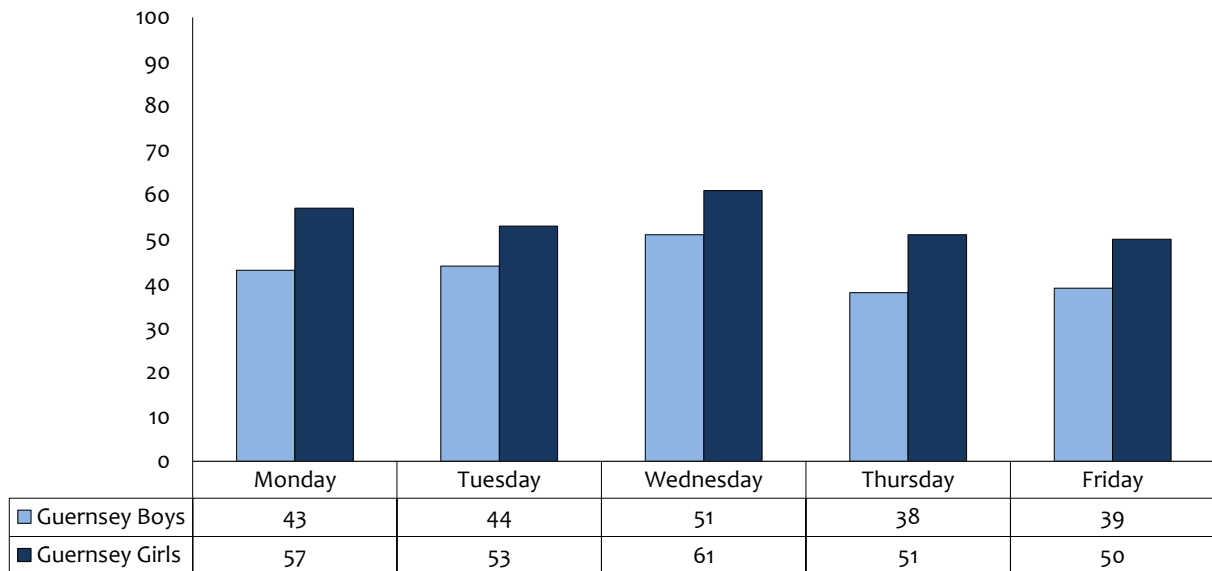
Guernsey

Yr 6

Boys 51

Girls 48

Q28. Since this time last week, on which days have you done the Daily Mile at school?



Percentages are of pupils who said they have taken part in the Daily Mile in the 7 days before the survey.

72% of pupils who took part in the Daily Mile in the past week responded that they did it on two or more days in the week before the survey.

Q28. Percentage of pupils who took part in the Daily Mile in the past week answering that they did it on two or more days in the week before the survey.

Guernsey

Yr 6

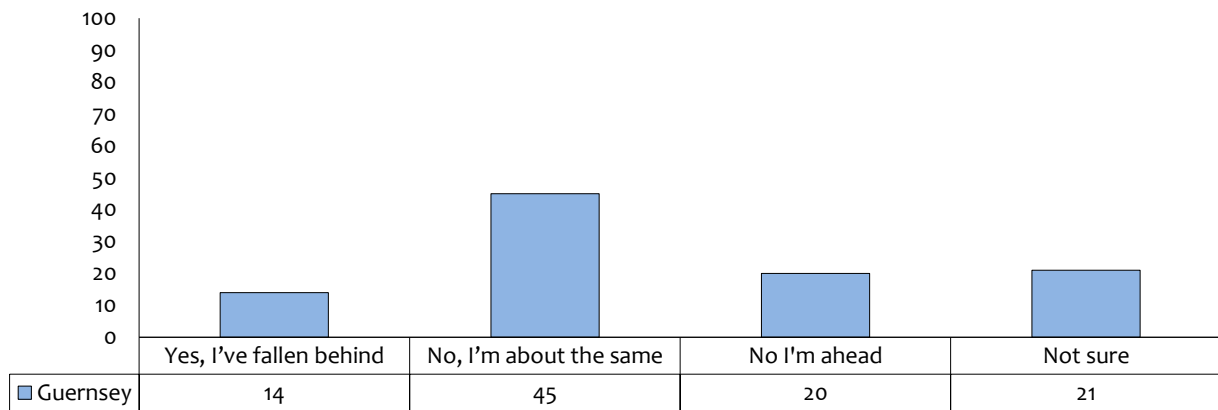
Boys 60

Girls 84

COVID-19

Q29a. Since the COVID-19 pandemic have you fallen behind at school?

Guernsey



14% of pupils said they have fallen behind at school since the COVID-19 pandemic, while 20% said they are ahead.

Q29a. Percentage answering that they have fallen behind at school since the COVID-19 pandemic.

Guernsey

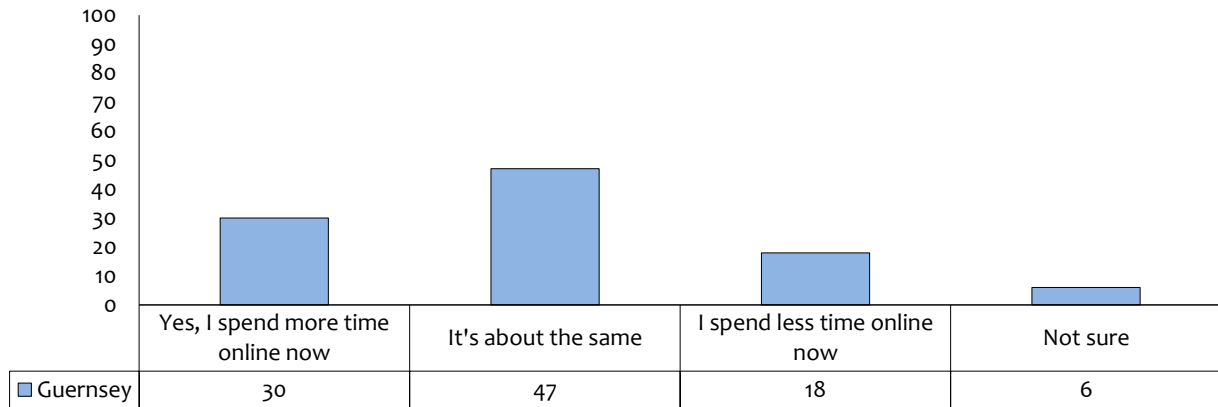
Yr 6

Boys 17

Girls 11

Q29b. Since the COVID-19 pandemic do you spend more time online now?

Guernsey



30% of pupils said they spend more time online since the COVID-19 pandemic, while 18% said they spend less time online now.

Q29b. Percentage answering that they spend more time online since the COVID-19 pandemic.

Guernsey

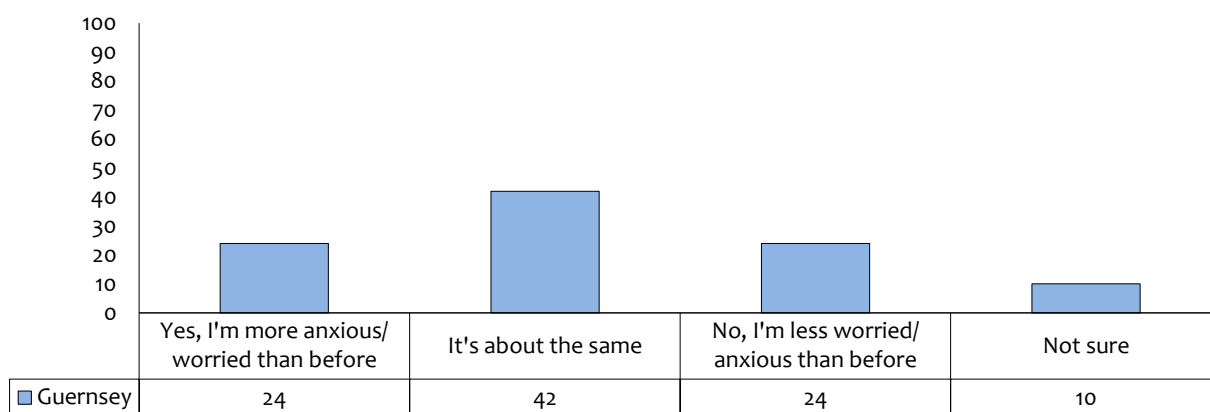
Yr 6

Boys 29

Girls 29

Q29c. Have you become more anxious/worried since COVID-19?

Guernsey



24% of pupils said they have become more anxious/worried since the COVID-19 pandemic, while 24% said they are less worried/anxious than before.

Q29c. Percentage answering that they have become more anxious/worried since the COVID-19 pandemic.

Guernsey

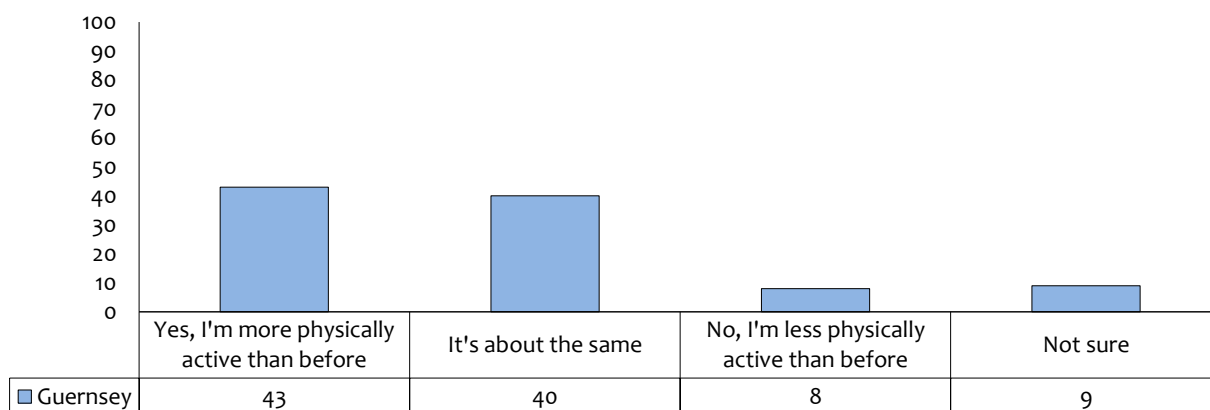
Yr 6

Boys 17

Girls 30

Q29d. Are you more physically active than before COVID-19?

Guernsey



43% of pupils said they are more physically active than before the COVID-19 pandemic, while 8% said they are less physically active than before.

Q29d. Percentage answering that they are more physically active than before the COVID-19 pandemic.

Guernsey

Yr 6

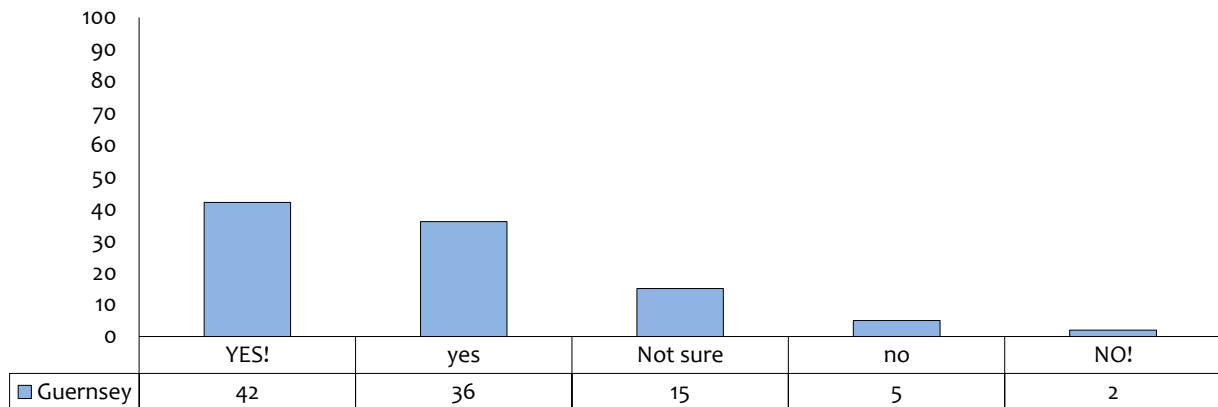
Boys 45

Girls 41

Happiness

Q30a. How much do you agree with the following? I'm glad I am who I am:

Guernsey



78% of pupils agreed that they are glad they are who they are.

Q30a. Percentage answering that they are glad they are who they are.

Guernsey

Yr 6

Boys 84

Girls 74

7% of pupils disagreed that they are glad they are who they are.

Q30a. Percentage answering that they are not glad they are who they are.

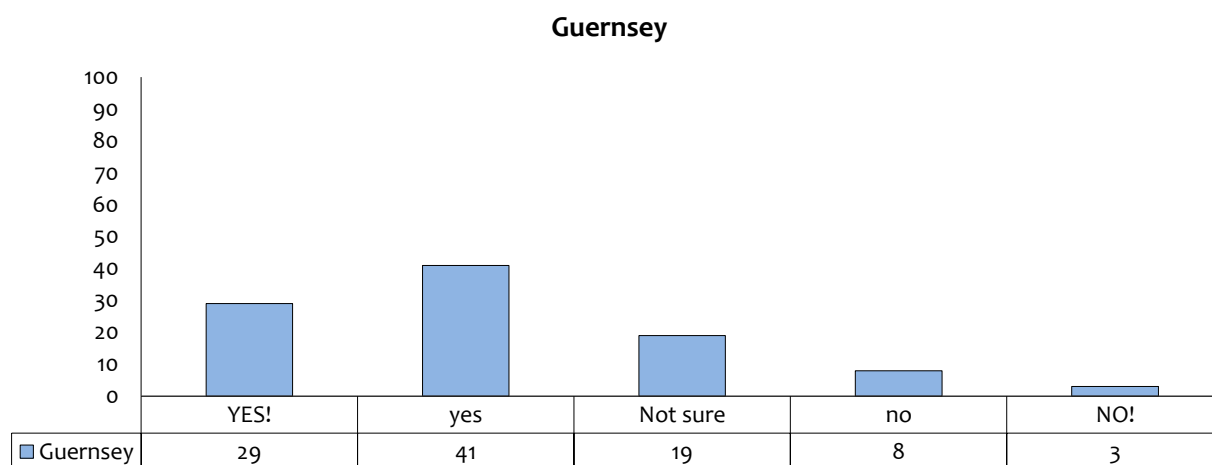
Guernsey

Yr 6

Boys 5

Girls 8

Q30b. How much do you agree with the following? I generally feel happy:



71% of pupils agreed that they generally feel happy.

Q30b. Percentage answering that they generally feel happy.

Guernsey	
Yr 6	
Boys	75
Girls	69

10% of pupils disagreed that they generally feel happy.

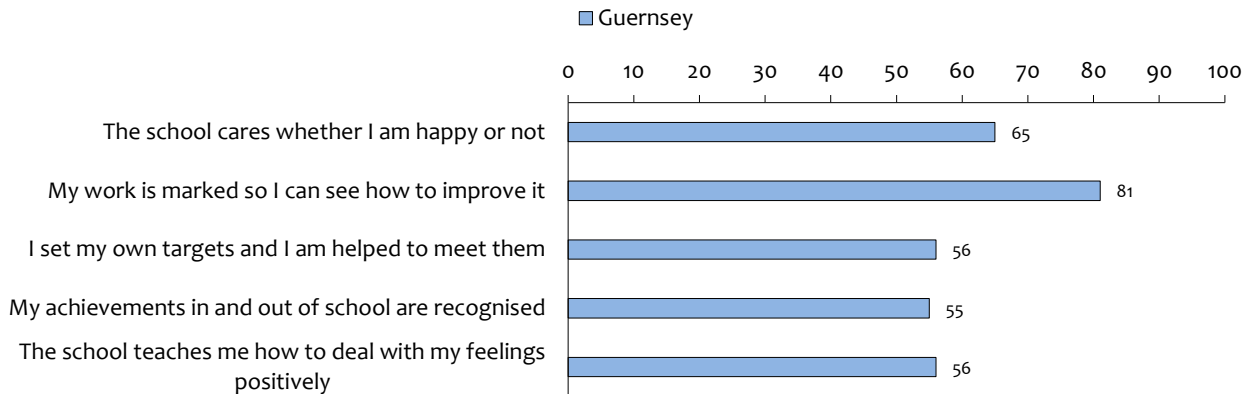
Q30b. Percentage answering that they generally do not feel happy.

Guernsey	
Yr 6	
Boys	8
Girls	9

Reaching Potential

81% of pupils said their work is marked so they can see how to improve it.

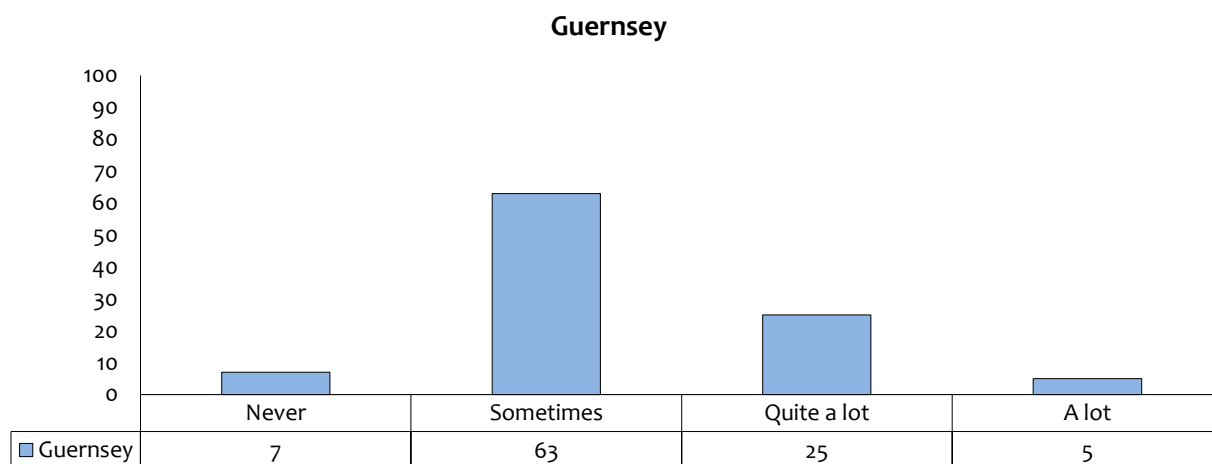
Q31. Percentage of pupils responding 'yes' to the following statements:



Q31. Percentage of pupils responding 'yes' to the following statements:

	Year 6		Total
	Boys	Girls	
The school cares whether I am happy or not	64	68	65
My work is marked so I can see how to improve it	80	82	81
I set my own targets and I am helped to meet them	56	56	56
My achievements in and out of school are recognised	55	56	55
The school teaches me how to deal with my feelings positively	55	58	56

Q32. How much does your school ask for your opinion about how to make changes to improve your school?



7% of pupils responded that their school 'never' asks for their opinion about how to make changes to improve the school, while 63% said it 'sometimes' does.

Q32. Percentage answering that their school 'never' asks for their opinion about how to make changes to improve the school.

Guernsey

Yr 6

Boys 9

Girls 6

30% of pupils responded that their school asks for their opinion 'quite a lot' or 'a lot' about how to make changes to improve the school.

Q32. Percentage answering that their school asks for their opinion 'quite a lot' or 'a lot' about how to make changes to improve the school.

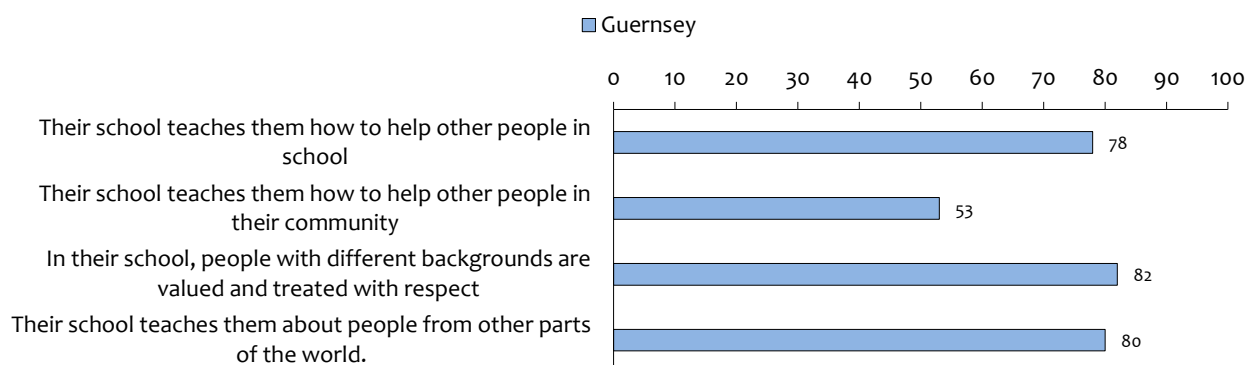
Guernsey

Yr 6

Boys 29

Girls 31

Q33. Percentage of pupils responding that they agree with the following statements:



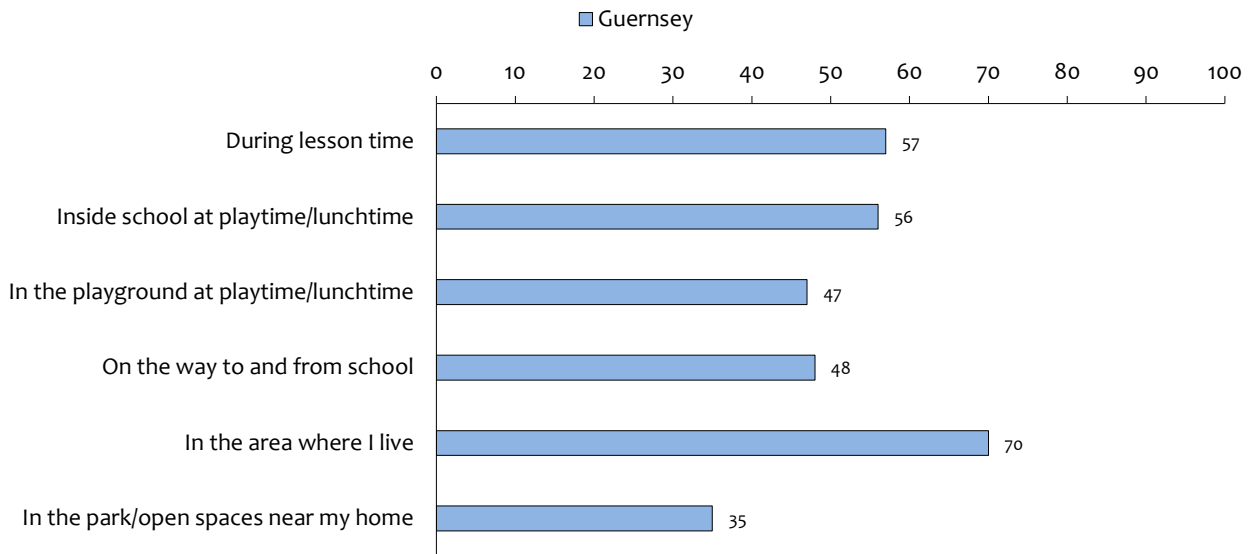
78% of pupils responded that their school teaches them how to help other people in school and 80% said their school teaches them about people from other parts of the world.

Q33. Percentage of pupils responding that they agree with the following statements:

	Year 6		Total
	Boys	Girls	
Their school teaches them how to help other people in school	79	77	78
Their school teaches them how to help other people in their community	54	51	53
In their school, people with different backgrounds are valued and treated with respect	82	82	82
Their school teaches them about people from other parts of the world.	78	82	80

Feeling safe

Q34. Percentage of pupils responding that they feel 'very safe' at the following places:



6% of pupils said they feel 'not very safe' in the area where they live, while 70% said they feel 'very safe'.

Q34. Percentage of pupils responding that they feel safe at the following places:

	Not very safe	Quite safe	Very safe
Boys			
During lesson time	5	39	56
Inside school at playtime/lunchtime	5	39	57
In the playground at playtime/lunchtime	8	43	49
On the way to and from school	5	42	53
In the area where I live	5	21	74
In the park/open spaces near my home	10	52	38
Girls			
During lesson time	5	36	59
Inside school at playtime/lunchtime	4	40	56
In the playground at playtime/lunchtime	6	48	46
On the way to and from school	8	49	44
In the area where I live	6	26	68
In the park/open spaces near my home	13	54	33

School enjoyment

73% of pupils responded that, on the whole, they like their teachers and 54% said they enjoy school.

Q35. Percentage of pupils responding 'yes' to the following statements about school:

	Year 6		Total
	Boys	Girls	
On the whole I like my teachers	68	78	73
I enjoy school	54	56	54
I really enjoy most lessons	50	58	54
I want to do well at school	89	94	91
I feel as though I am wasting my time at school	15	8	12
The best part of my life is the time I spend at school	11	11	12

81% of pupils responded that they are 'quite' or 'very' proud to belong to their school.

Q36. Percentage answering that they are 'quite' or 'very' proud to belong to their school.

Guernsey

Yr 6	
Boys	76
Girls	86

4% of pupils responded that they are 'not at all proud' to belong to their school.

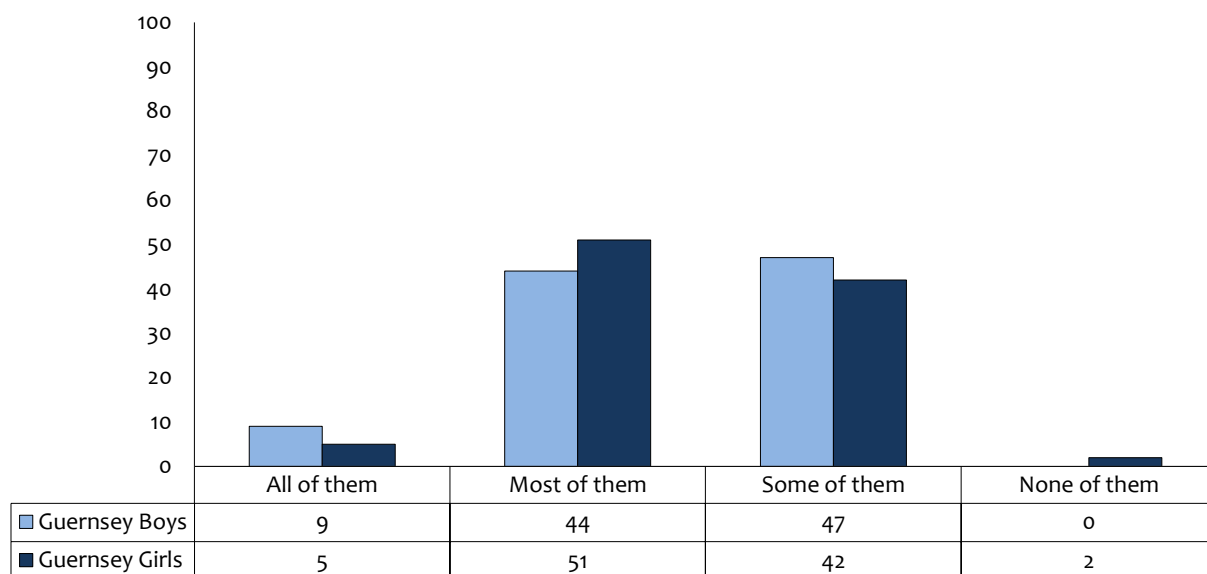
Q36. Percentage answering that they are 'not at all proud' to belong to their school.

Guernsey

Yr 6	
Boys	5
Girls	2

School lessons

Q37. How many lessons do you enjoy at school?



53% of pupils responded that they enjoy 'most' or 'all' of their lessons at school.

Q37. Percentage answering that they enjoy 'most' or 'all' of their lessons at school.

Guernsey

Yr 6

Boys 52

Girls 56

1% of pupils responded that they don't enjoy any of their lessons at school, while 45% said they only enjoy 'some' of them.

Q37. Percentage answering that they don't enjoy any of their lessons at school.

Guernsey

Yr 6

Boys 0

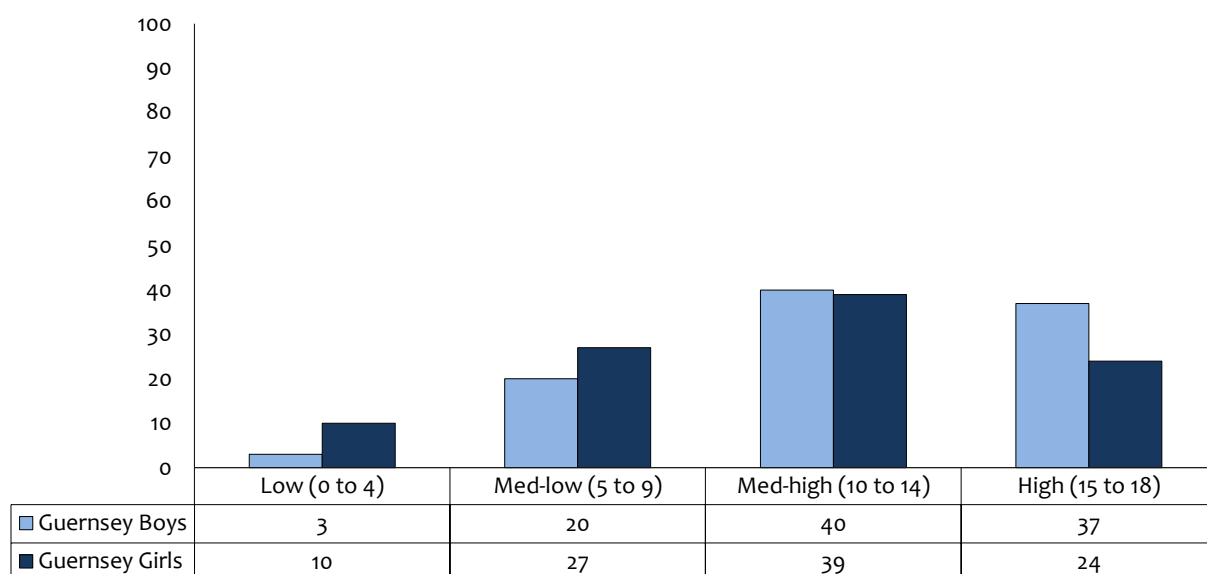
Girls 2

Safe and Nurtured

Self-esteem

This measurement is derived from the responses to a set of nine statements taken from a standard self-esteem enquiry method developed by Denis Lawrence (Lawrence, 1981). The scale is based on social confidence and relationships with friends. Overall the levels of esteem are:

Q38. Composite self-esteem score:



Data from the 'Young People into...' series reveal more girls than boys found at the lower end of the scale and more boys than girls at the higher end.

31% of pupils had a med-low self-esteem score (9 or less).

Q38. Percentage with a med-low self-esteem score (9 or less).

Guernsey	
Yr 6	
Boys	23
Girls	37

30% of pupils had a high self-esteem score (15 or more).

Q38. Percentage with a high self-esteem score (15 or more).

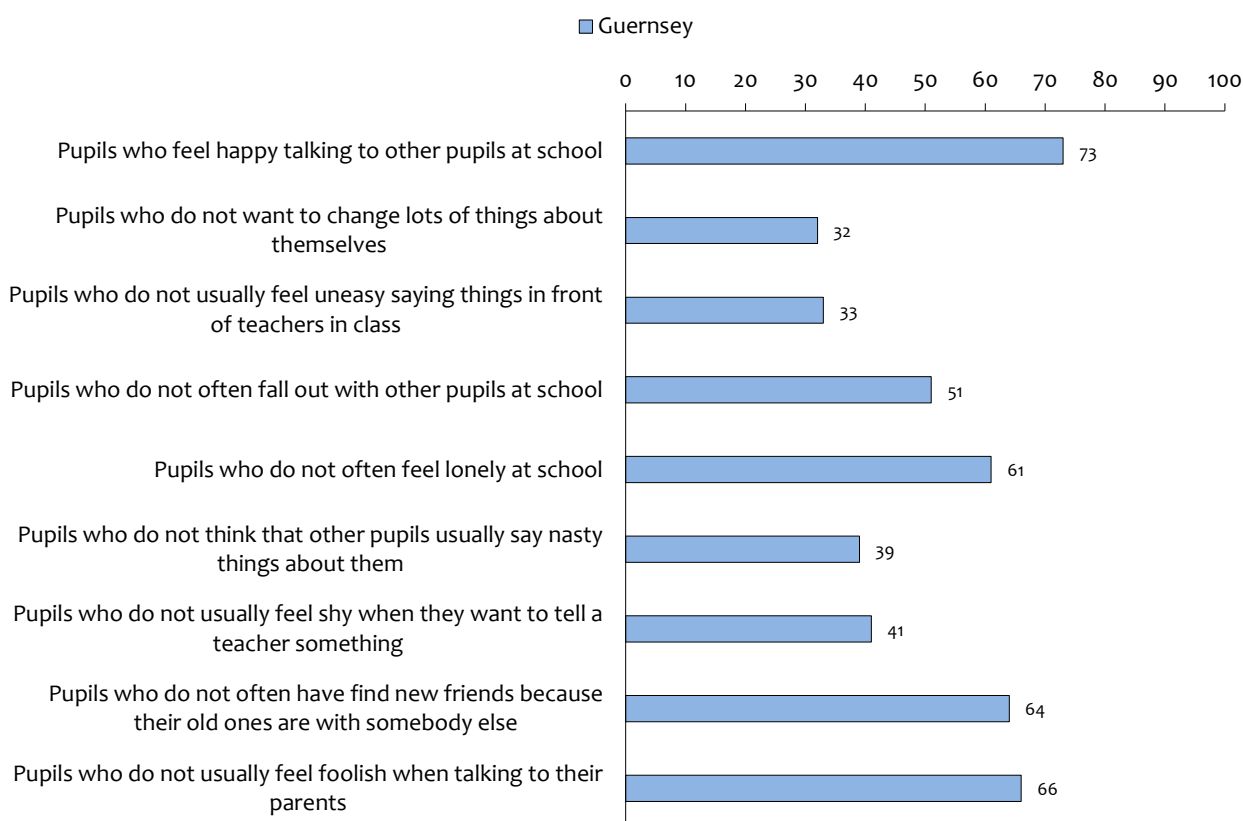
Guernsey	
Yr 6	
Boys	37
Girls	24

73% of pupils responded that they feel happy talking to other pupils at school.

Q38. (Individual self-esteem items) Percentage in each group giving a high esteem response:

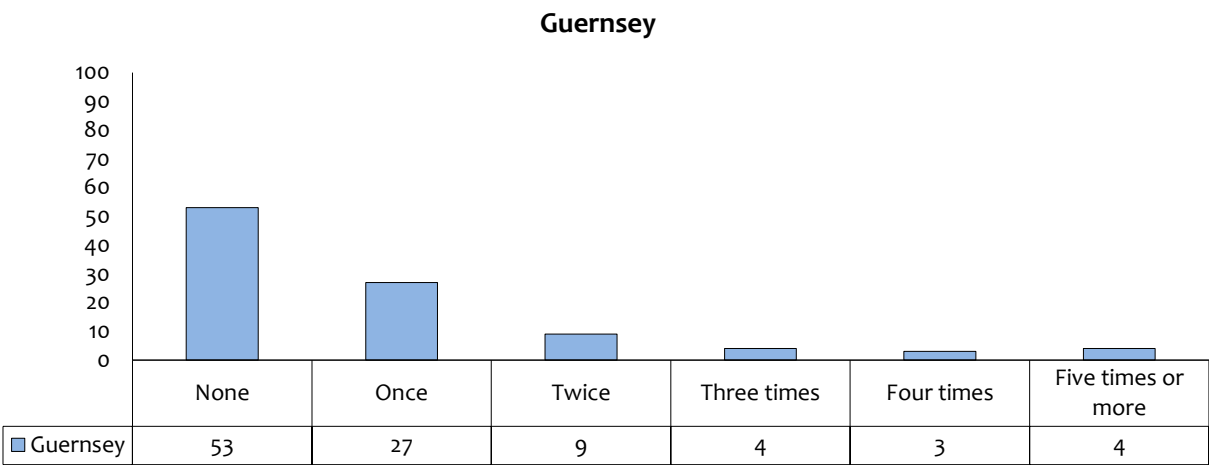
	Year 6		Total
	Boys	Girls	
Pupils who feel happy talking to other pupils at school	79	68	73
Pupils who do not want to change lots of things about themselves	36	29	32
Pupils who do not usually feel uneasy saying things in front of teachers in class	39	28	33
Pupils who do not often fall out with other pupils at school	56	49	51
Pupils who do not often feel lonely at school	65	58	61
Pupils who do not think that other pupils usually say nasty things about them	47	31	39
Pupils who do not usually feel shy when they want to tell a teacher something	50	32	41
Pupils who do not often have find new friends because their old ones are with somebody else	73	58	64
Pupils who do not usually feel foolish when talking to their parents	67	66	66

Q38. (Individual self-esteem items) Percentage in each group giving a high esteem response:



Extra-curricular activities

Q39. How many times per week do you attend an extra-curricular club?



53% of pupils responded that they don't attend any weekly extra-curricular clubs, while 27% said they do so once a week.

Q39. Percentage answering that they don't attend any weekly extra-curricular clubs.

Guernsey

Yr 6

Boys 58

Girls 48

11% of pupils responded that they attend an extra-curricular club at least 'three times' a week.

Q39. Percentage answering that they attend an extra-curricular club at least 'three times' a week.

Guernsey

Yr 6

Boys 10

Girls 11

Bullying

32% of pupils responded that they have been bullied at or near school in the last 12 months, while 18% said they 'don't know' if they have.

Q40. Percentage answering that they have been bullied at or near school in the last 12 months.

Guernsey

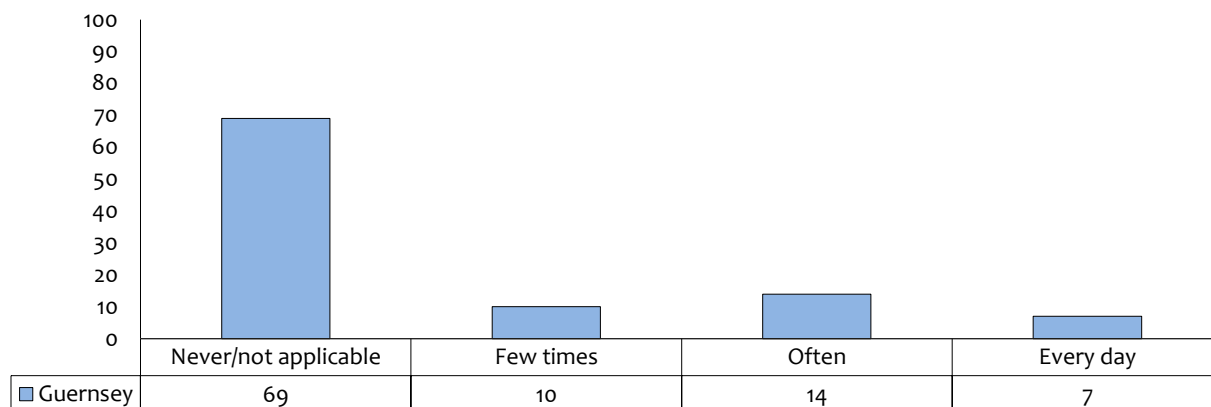
Yr 6

Boys 28

Girls 35

Q41. Negative behaviour summary: Percentage of pupils responding that they have been bullied at or near school in the last year and experienced at least one of the negative behaviours listed in the last year...:

Guernsey



31% of pupils responded that they have been bullied at or near school in the last year and experienced at least one of the negative behaviours listed at least a 'few times' in the last year, while 7% experienced such behaviour 'every day'.

Q41. Percentage answering that they have been bullied at or near school in the last year and experienced negative behaviour at least a 'few times' in the last year.

Guernsey

Yr 6

Boys 26

Girls 34

29% of pupils responded that they have been bullied at or near school in the last year and been teased/made fun of at least a 'few times' in the last year and 24% said they have been pushed/hit.

Q41. Percentage of pupils responding that they have been bullied at or near school in the last year and experienced the following at least a 'few times' in the last year:

Boys			Girls		
1	Teased/made fun of	25	1	Been ignored/left out	33
2	Pushed/hit	23	2	Teased/made fun of	32
3	Been ignored/left out	23	3	Called nasty names	28
4	Called nasty names	21	4	Pushed/hit	23
5	Ganged up on	20	5	Ganged up on	23
6	Threatened (not for money)	13	6	Had belongings taken/broken	15
7	Had belongings taken/broken	13	7	Threatened (not for money)	13
8	Other bullying	4	8	Other bullying	7
9	Threatened for money	3	9	Threatened for money	1

18% of pupils responded that they have been bullied at or near school in the last year and think they have been picked on or bullied because of the way they look and 12% think they have because of their size or weight.

Q42. Percentage of pupils responding that they have been bullied at or near school in the last year and think they have been picked on or bullied because of the following:

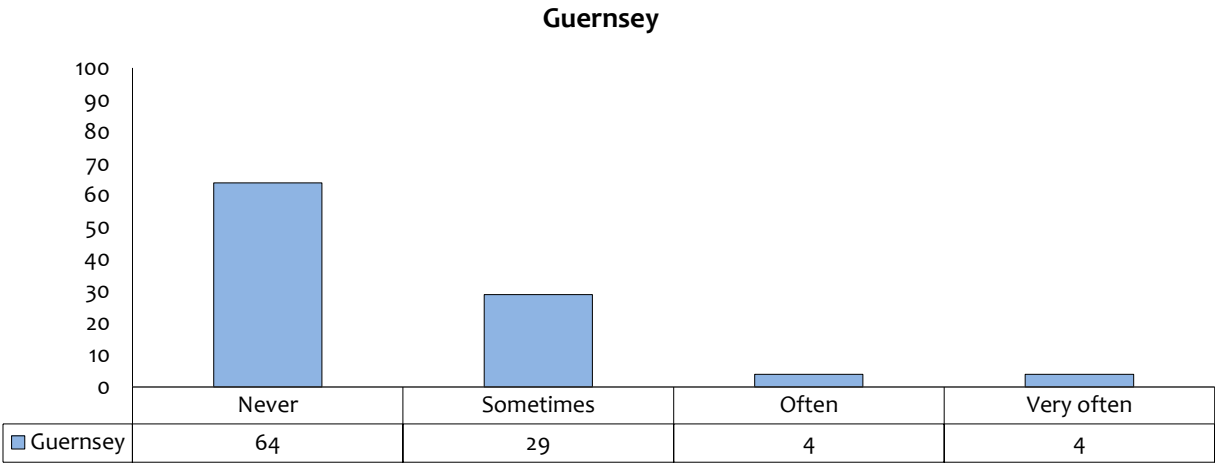
Boys		Girls	
1	The way they look	13	21
2	Their size or weight	8	14
3	Other	6	8
4	The clothes they wear	3	6
5	A disability	3	3
6	Their race, colour or religion	3	3

65% of pupils responded that they think their school takes bullying seriously, while 11% think it doesn't take it seriously.

Q43. Percentage answering that they think their school takes bullying seriously.

Guernsey	
Yr 6	
Boys	65
Girls	65

Q44. Do you ever feel afraid of going to school because of bullying?



36% of pupils responded that they at least 'sometimes' feel afraid of going to school because of bullying.

Q44. Percentage answering that they at least 'sometimes' feel afraid of going to school because of bullying.

Guernsey	
Yr 6	
Boys	29
Girls	42

7% of pupils responded that they 'often' or 'very often' feel afraid of going to school because of bullying.

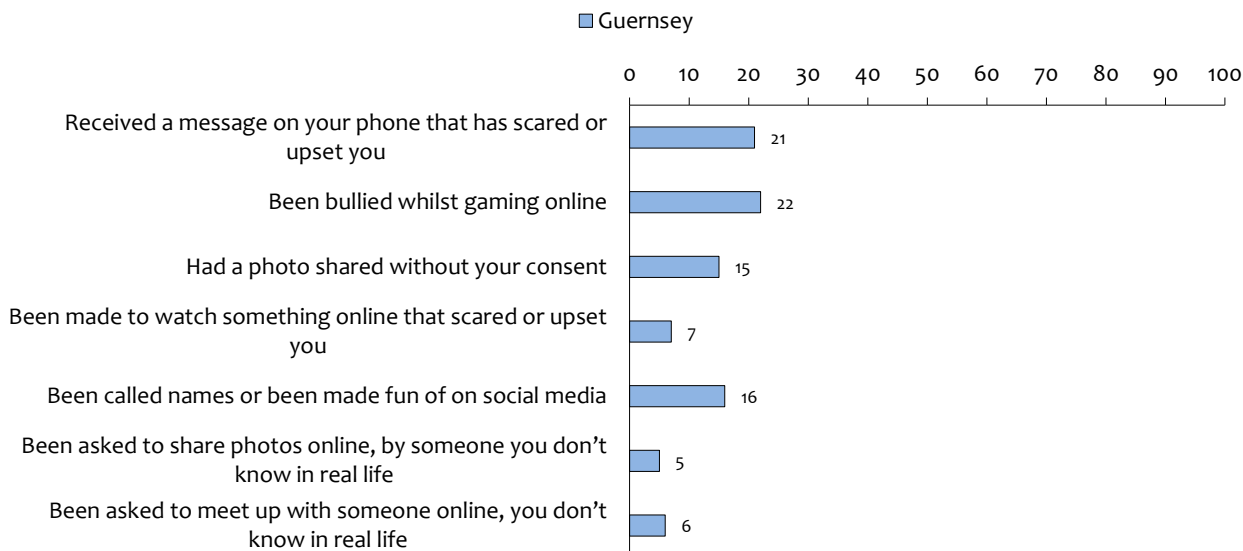
Q44. Percentage answering that they 'often' or 'very often' feel afraid of going to school because of bullying.

Guernsey	
Yr 6	
Boys	8
Girls	6

Internet safety

21% of pupils said they have received a message on their phone that has scared or upset them.

Q45. Percentage of pupils responding that the following things have happened to them online in the last year:



Q45. Percentage of pupils responding that the following things have happened to them online in the last year:

Boys			Girls		
1	Been bullied whilst gaming online	26	1	Received a message on your phone that has scared or upset you	26
2	Received a message on your phone that has scared or upset you	16	2	Been called names or been made fun of on social media	19
3	Had a photo shared without your consent	13	3	Been bullied whilst gaming online	18
4	Been called names or been made fun of on social media	13	4	Had a photo shared without your consent	14
5	Been asked to meet up with someone online, you don't know in real life	9	5	Been made to watch something online that scared or upset you	7
6	Been made to watch something online that scared or upset you	6	6	Been asked to share photos online, by someone you don't know in real life	5
7	Been asked to share photos online, by someone you don't know in real life	5	7	Been asked to meet up with someone online, you don't know in real life	3

27% of pupils responded that they have received a message on their phone or online that scared or upset them.

Q46. Percentage answering that they have received a message on their phone or online that scared or upset them.

Guernsey	
Yr 6	
Boys	23
Girls	30

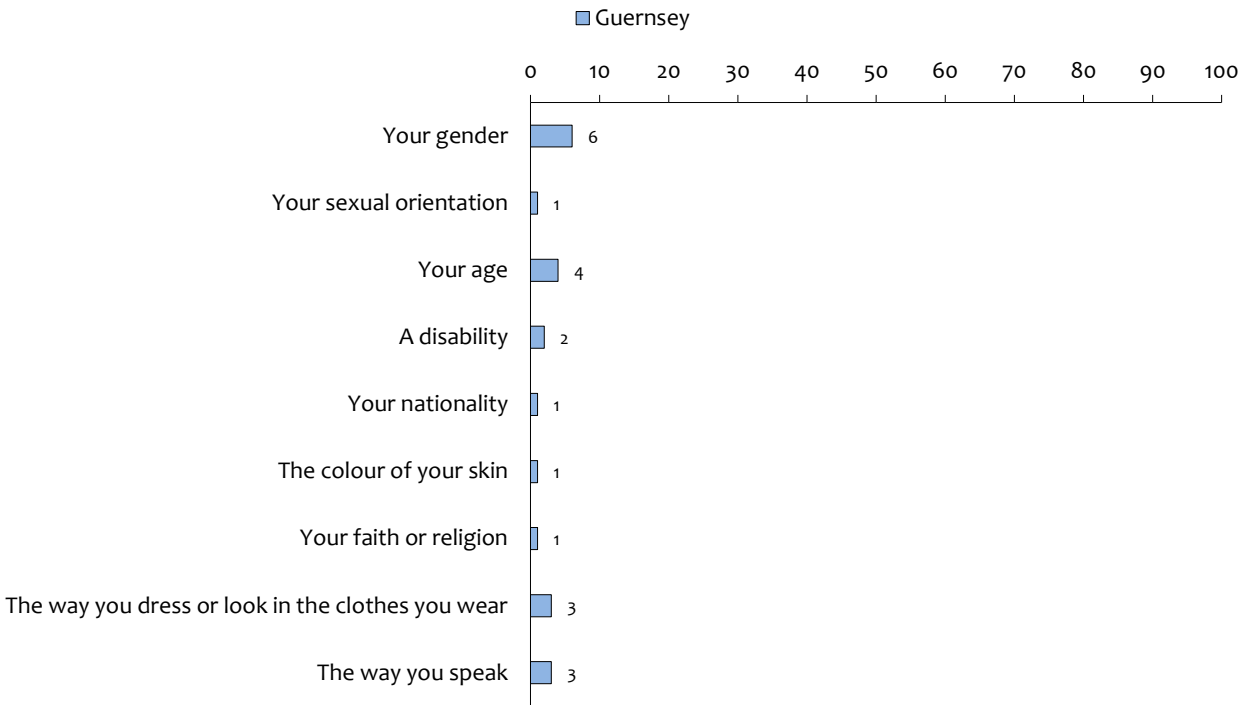
Discrimination

14% of pupils responded that they have been discriminated against in the last year because of their age, sex/gender, race, religion, a disability or another reason, while 21% said they 'don't know' if they have.

Q47a. Percentage answering that they have been discriminated against in the last year because of their age, sex/gender, race, religion, a disability or another reason.

Guernsey	
Yr 6	
Boys	13
Girls	14

Q47b. Percentage of pupils responding that they think they have been discriminated against in the last year for the following reasons:

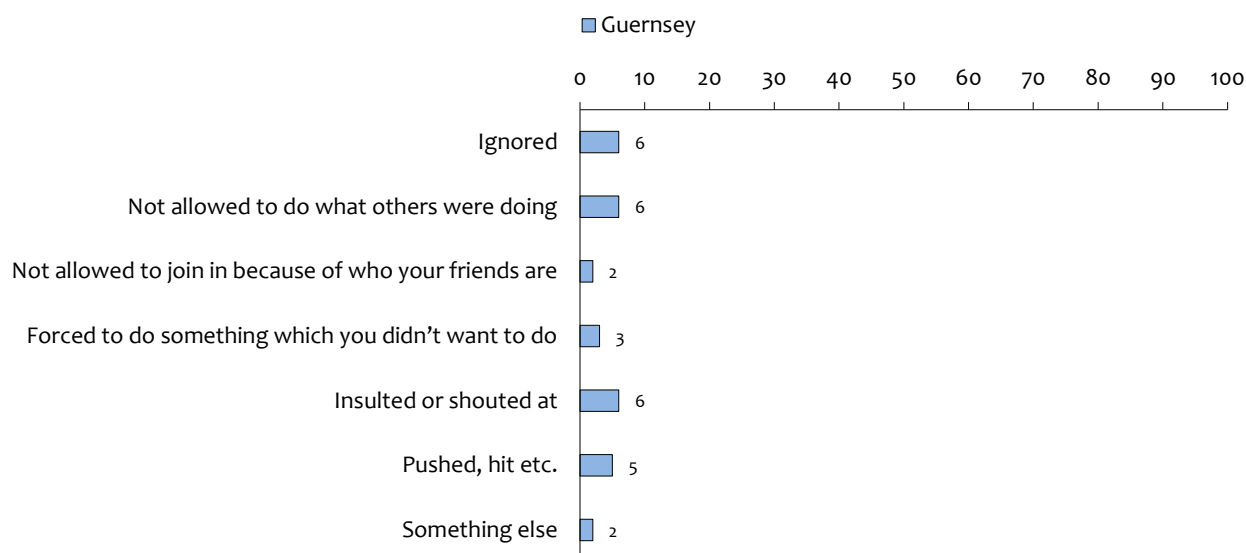


6% of pupils said they have been discriminated against in the last year because of their gender.

Q47b. Percentage of pupils responding that they think they have been discriminated against in the last year for the following reasons (top 5):

Boys			Girls		
1	Your gender	5	1	Your gender	6
2	Your age	3	2	The way you dress or look in the clothes you wear	4
3	The way you speak	3	3	Your age	4
4	A disability	2	4	The way you speak	3
5	Your faith or religion	1	5	A disability	1

Q47c. Percentage of pupils responding that they think they have been discriminated against in the last year and were treated unfairly in the following ways:

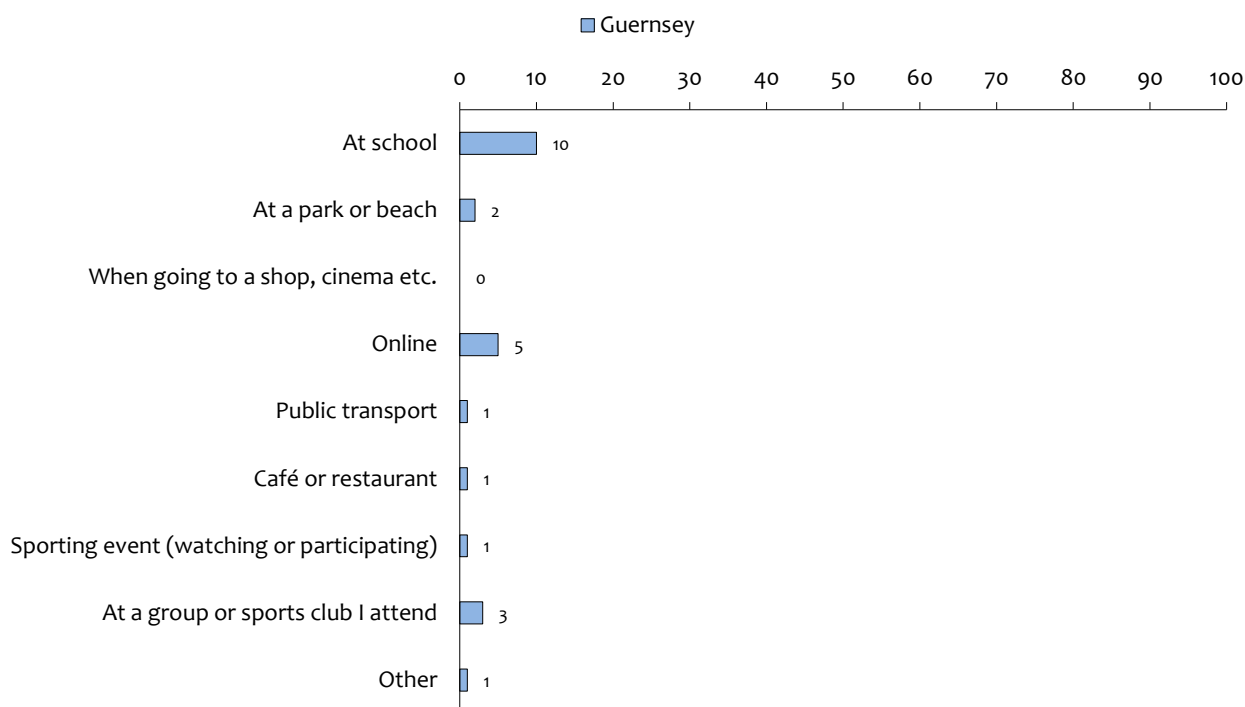


6% of pupils said they have been discriminated against in the last year and were treated unfairly by being insulted or shouted at and 6% were not allowed to do what others were doing.

Q47c. Percentage of pupils responding that they think they have been discriminated against in the last year and were treated unfairly in the following ways (top 5):

Boys			Girls		
1	Not allowed to do what others were doing	4	1	Not allowed to do what others were doing	8
2	Insulted or shouted at	4	2	Ignored	8
3	Ignored	3	3	Insulted or shouted at	7
4	Pushed, hit etc.	3	4	Pushed, hit etc.	6
5	Something else	2	5	Forced to do something which you didn't want to do	5

Q47d. Percentage of pupils responding that they think they have been discriminated against in the last year and were treated unfairly at the following places:



10% of pupils said they have been discriminated against in the last year and were treated unfairly at school.

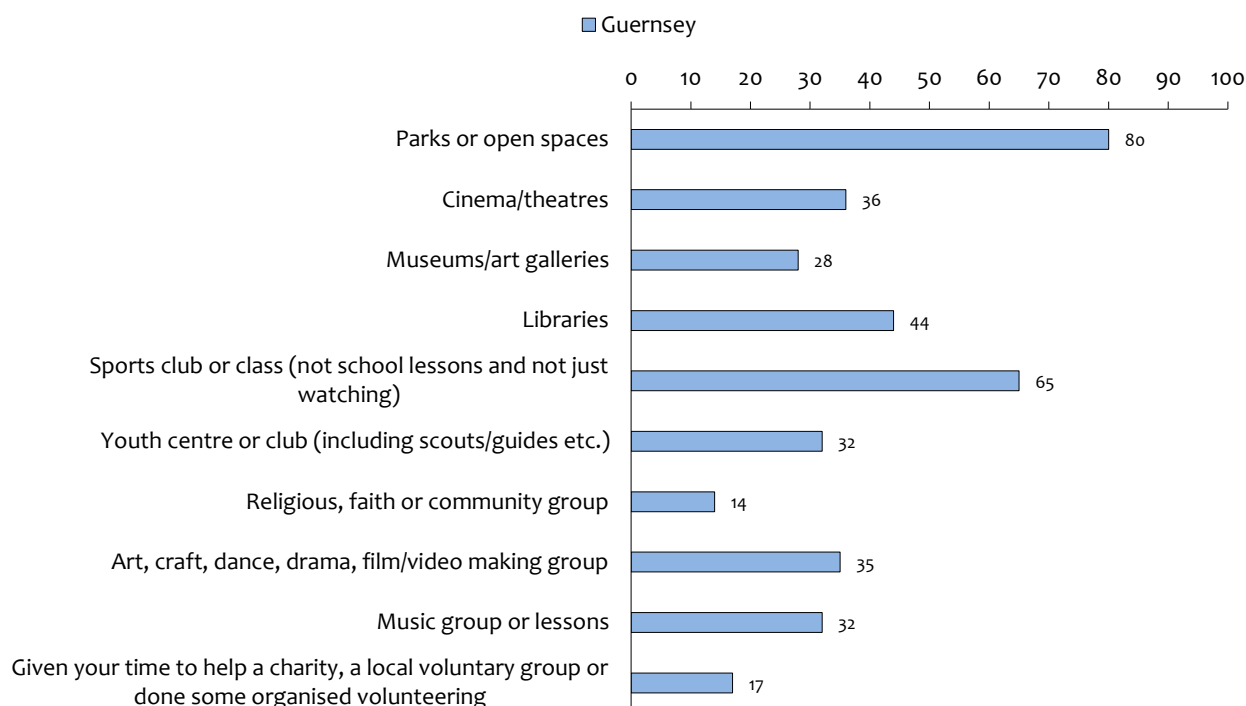
Q47d. Percentage of pupils responding that they think they have been discriminated against in the last year and were treated unfairly at the following places (top 5):

Boys			Girls		
1	At school	9	1	At school	11
2	Online	4	2	Online	5
3	At a group or sports club I attend	3	3	At a group or sports club I attend	3
4	At a park or beach	2	4	At a park or beach	1
5	Other	1	5	Other	1

Leisure Time and Internet Safety

Leisure time

Q48. Percentage of pupils responding that they went to or took part in the following in the 4 weeks before the survey:



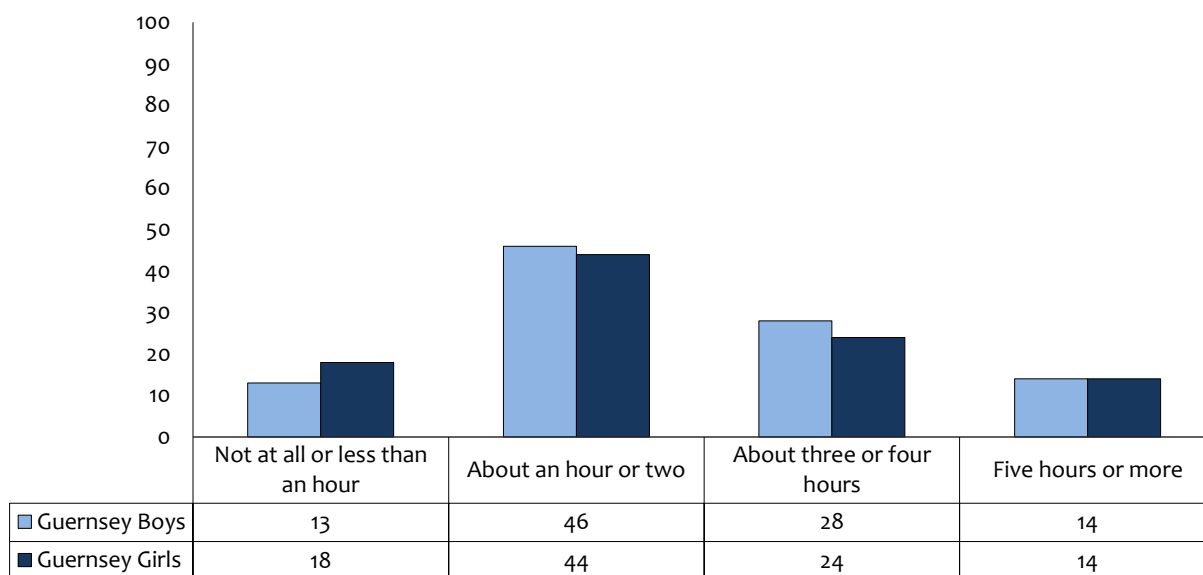
80% of pupils responded that they went to parks or open spaces in the 4 weeks before the survey and 32% went to a music group or lessons.

Q48. Percentage of pupils responding that they went to or took part in the following in the 4 weeks before the survey:

Boys		Girls	
1	Parks or open spaces	79	81
2	Sports club or class (not school lessons and not just watching)	69	64
3	Libraries	36	52
4	Youth centre or club (including scouts/guides etc.)	33	48
5	Cinemas/theatres	33	39
6	Music group or lessons	28	36
7	Museums/art galleries	27	31
8	Art, craft, dance, drama, film/ video making group	22	29
9	Given their time to help a charity, a local voluntary group or done some organised volunteering	16	17
10	Religious, faith or community group	15	13

Screen time

Q49. How long did you spend looking at a device screen yesterday? (Including computer, iPad, TV, games console, mobile phone or other handheld devices)



15% of pupils responded that they either didn't look at a device screen at all on the day before the survey, or did so for less than an hour.

Q49. Percentage answering that they either didn't look at a device screen at all on the day before the survey, or did so for less than an hour.

Guernsey

Yr 6

Boys 13

Girls 18

40% of pupils responded that they looked at a device screen for at least 'about three hours' on the day before the survey; 14% said they did so for 'five hours or more'.

Q49. Percentage answering that they looked at a device screen for at least 'about three hours' on the day before the survey.

Guernsey

Yr 6

Boys 42

Girls 38

70% of pupils responded that the amount of time they spent looking at a device screen is a usual amount for them on a week day, while 11% said it was less than usual.

Q50a. Percentage answering that the amount of time they spent looking at a device screen is a usual amount for them on a week day.

Guernsey

Yr 6

Boys 72

Girls 67

43% of pupils responded that the amount of time they spent looking at a device screen is a usual amount for them at a weekend, while 39% said it was less than usual.

Q50b. Percentage answering that the amount of time they spent looking at a device screen is a usual amount for them at a weekend.

Guernsey

Yr 6

Boys 39

Girls 48

Alcohol

2% of pupils responded that they had an alcoholic drink in the 7 days before the survey.

Q51. Percentage answering that they had an alcoholic drink in the 7 days before the survey.

Guernsey

Yr 6

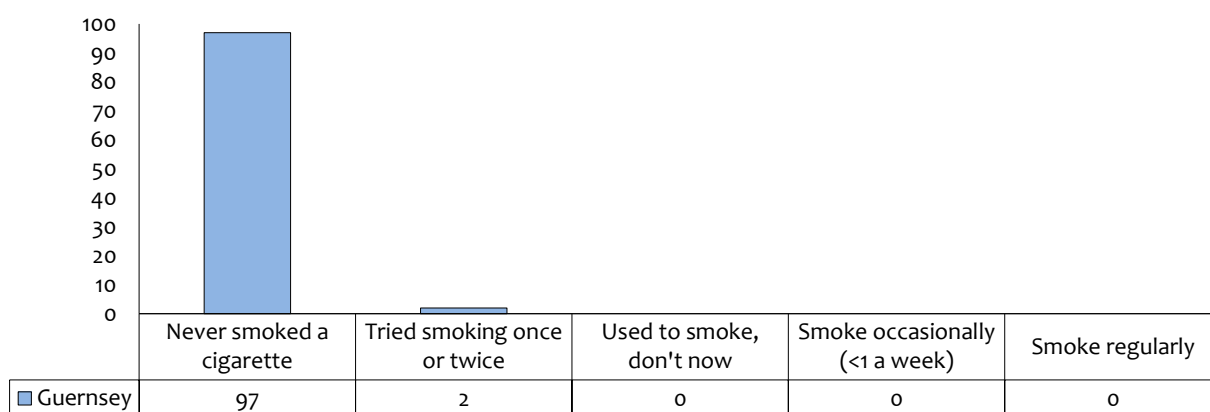
Boys 3

Girls 1

Smoking

Q53. Smoking: Which statement describes you best?

Guernsey



3% of pupils said they have smoked in the past or smoke now.

Q53. Percentage answering that they have smoked in the past or smoke now.

Guernsey

Yr 6

Boys 4

Girls 1

0% of pupils responded that they smoked in the 7 days before the survey.

Q54. Percentage answering that they smoked in the 7 days before the survey.

Guernsey

Yr 6

Boys 0

Girls 0

87% of pupils responded that they think they will not smoke when they are older.

Q56. Percentage answering that they think they will not smoke when they are older.

Guernsey

Yr 6

Boys 83

Girls 92

3% of pupils responded that they think they will smoke when they are older, while 10% think they may smoke.

Q56. Percentage answering that they think they will smoke when they are older.

Guernsey

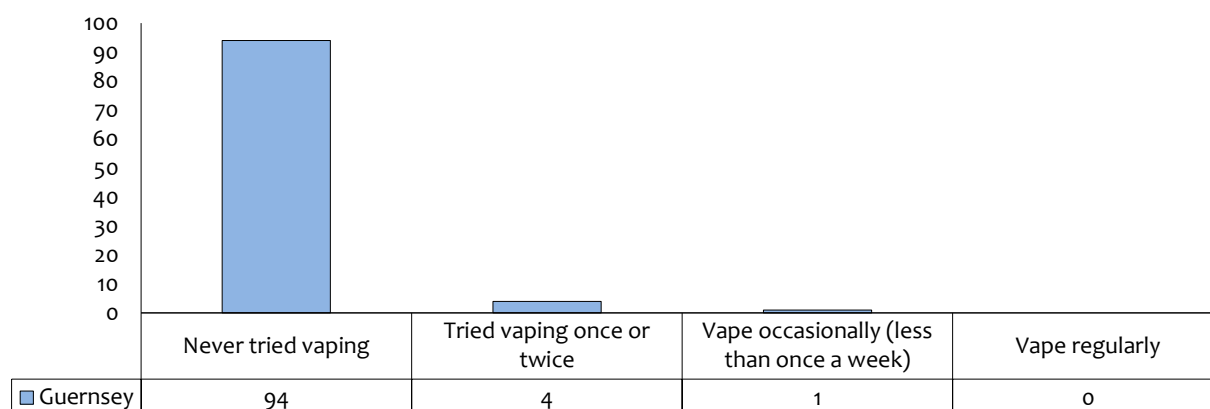
Yr 6

Boys 3

Girls 1

Q57. E-cigarettes and vaping: Which describes you best?

Guernsey



6% of pupils responded that they have at least tried vaping (or vape now).

Q57. Percentage answering that they have vaped in the past (or vape now).

Guernsey

Yr 6

Boys 7

Girls 3

20% of pupils responded that their parents/carers vape.

Q58. Percentage answering that their parents/carers vape.

Guernsey

Yr 6

Boys 20

Girls 18

24% of pupils responded that their parents/carers smoke.

Q59a. Percentage answering that their parents/carers smoke.

Guernsey

Yr 6

Boys 24

Girls 24

7% of pupils responded that someone smokes indoors at home in rooms that they use.

Q59b. Percentage answering that someone smokes indoors at home in rooms that they use.

Guernsey

Yr 6

Boys 9

Girls 5

6% of pupils responded that someone smokes in a car when they are in it too.

Q59c. Percentage answering that someone smokes in a car when they are in it too.

Guernsey

Yr 6

Boys 6

Girls 5

13% of pupils responded that someone vapes in a car when they are in it too.

Q59c. Percentage answering that someone vapes in a car when they are in it too.

Guernsey

Yr 6

Boys 13

Girls 12

Drugs

10% of pupils responded that they are 'fairly sure' or 'certain' that they know someone personally who takes drugs.

Q60. Percentage answering that they know someone personally who takes drugs.

Guernsey

Yr 6

Boys 10

Girls 10

2% of pupils responded that they have been offered cannabis.

Q61. Percentage answering that they have been offered cannabis.

Guernsey

Yr 6

Boys 2

Girls 1

2% of pupils responded that they have been offered illegal drugs other than cannabis, while 2% said they are 'not sure' if they have.

Q62. Percentage answering that they have been offered illegal drugs other than cannabis.

Guernsey

Yr 6

Boys 3

Girls 1

82% of pupils said they are 'quite' or 'very' confident they could say no if they were offered drugs by a friend.

Q63. If you were offered cigarettes/e-cigarettes, alcohol or drugs how confident are you that you could say no?

	Very confident	Quite confident	Not very confident	Not confident at all
Offered by a friend	70	12	5	13
Offered by a family member	66	16	4	14
Offered by someone you don't know	73	6	4	16

Future plans/jobs

5% of pupils responded that they would like to work in a medical role in the future; 18% want to work in an artistic, literary or media occupation (e.g. actor, writer, singer). 33% either didn't respond or were 'not sure'.

Q64. Percentage of pupils responding that they would like to do the following job/career in the future (top 5):

Boys			Girls		
1	Sports and Fitness Occupations	26	1	Artistic, Literary and Media Occupations	24
2	Artistic, Literary and Media Occupations	10	2	Any medical/health role	8
3	Natural and Social Science Professionals	5	3	Sports and Fitness Occupations	6
4	Architects, Planners, Surveyors etc.	3	4	Animal care	6
5	Information Technology Occupations	3	5	Design occupations	6

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**This is not the end of your
Health Related Behaviour Survey!**

Ask us about...

- ... Getting your data into your computers**
- ... Turning your data into graphs and pie charts**
- ... Your data and Healthy Schools**
- ... Free resources about young people's health-related
behaviour: www.sheu.org.uk/node/366**

***We may also be able to introduce you to health and education
contacts, with money and resources, within your local
community***