

## VISUAL SCHEDULE GUIDANCE

**Goal of Visual Schedule:** To provide the person with structure, increase predictability, and aid their understanding of what is happening in his/her environment.

**Preparation:**

- Place the corresponding symbols on the visual schedule representing what the day will look like prior to their morning routine.
- Show the person the schedule and review what will be happening throughout their day. Allow time for questions.

**Pairing:** If the use of visual schedules or symbols is unfamiliar, the person might need referencing of the schedule and symbols throughout the activity.

- Show the person the symbol
- Say the name of the activity along with the corresponding sign (if relevant)
- Immediately start the activity.
- Show him/her the symbol, say the word, and sign a couple of times during the activity
- Pairing can be discontinued once there is evidence the person understand what activity/task the symbols represent.

**Finished Box:** When an activity is finished, encourage the person to take the symbol off the schedule and put it in the 'finished box'. Additionally, verbally say the activity is finished, e.g., 'Dinner finished'.

If the person becomes fixated on the symbols or attempts to play/tear them. You can take the symbols off for them.